

Anticipate More



INDEPENDENT LIVING | PERSONAL CARE | MEMORY CARE



A Community Designed for the Life You Want to Live

Imagine spending less time managing a home and more time enjoying the people, experiences, and opportunities that make life meaningful.

Nestled in the scenic Pocono Mountains of Stroudsburg, Pennsylvania, Grace Park is a welcoming senior living community where independence, connection, and peace of mind come together. It's a place where friendships flourish, interests grow, and support is available when needed.

Whether you're looking for the freedom of maintenance-free cottage living, the convenience of apartment living, or the reassurance of future care options, our community offers the confidence to enjoy today while planning for tomorrow.

Residents enjoy a predictable monthly services fee, engaging amenities and programs, and the comfort of belonging to a caring community.

At Grace Park, you can anticipate more freedom, more connection, and more possibilities.

Cottage Living

Enjoy the comfort and independence of your own home—without the chores, upkeep, and endless to-do lists.

Set within a peaceful, wooded neighborhood, the cottages offer the perfect balance of privacy and connection. Spend your days however you choose: meeting friends for lunch, exploring local attractions, pursuing favorite hobbies, or simply relaxing and taking in the beauty of the Poconos. And yes, your pets are welcome, too.

Choose from spacious one- and two-bedroom floor plans with fully equipped kitchens, inviting living spaces, custom cabinetry, and hardwood floors. Select homes also feature fireplaces, dining rooms, and private patios—ideal for quiet mornings, entertaining friends, or enjoying a good book outdoors.

Many residents add personal touches that reflect their own style, creating a space that feels familiar from day one. Best of all, you'll enjoy the flexibility of a one-year rental agreement and the freedom to focus on what matters most.

Included with Cottage Living

- » Property taxes and home insurance
- » Gas heat, central air conditioning
- » Washer and dryer
- » Basic cable, internet, and telephone
- » Snow removal, lawn care, etc.
- » Home maintenance
- » Emergency call response system
- » Convenient parking
- » Trash removal
- » Grace Park's scheduled local transportation
- » Convenient access to all events, activities, and dining



Apartment Living

Enjoy all the comforts of home with the added convenience of a welcoming community just beyond your door.

Apartment living offers the ideal balance of privacy, connection, and ease. Relax in your own space, gather with family and friends, join a favorite activity, or explore new interests. Whether you prefer an active schedule or a quieter pace, each day is yours to enjoy.

With maintenance-free living, convenient services, and engaging amenities, you'll have more time to focus on what matters most—building friendships, pursuing passions, and enjoying meaningful experiences.

Grace Park Apartment Features

- » Choice of studio, one bedroom, one bedroom with den, and two-bedroom apartments with kitchenette
- » Basic cable, internet and telephone
- » Individually controlled air conditioning and heating
- » Parking and washer/dryers available
- » Restaurant style dining
- » Emergency response and monthly wellness checks
- » Convenient access to dining and Fitness, Media, and Arts Center
- » Elegantly appointed common areas
- » Bed linen exchange service



Personal Care

Sometimes a little extra support can make all the difference.

Grace Park's Personal Care neighborhood provides individualized assistance designed to help residents maintain their independence while enjoying greater confidence, comfort, and peace of mind. Our compassionate associates work closely with residents and families to provide support that respects personal preferences, routines, and dignity.

Garden House Memory Care

Garden House Memory Care provides a secure, supportive environment where residents are known, valued, and cared for as individuals.

Specially trained associates create meaningful opportunities for engagement through programs tailored to each resident's interests, abilities, and life experiences. Comfortable gathering spaces, welcoming common areas, and beautiful views of our wooded campus help create an environment that feels warm, familiar, and reassuring.

Family members remain an important part of each resident's journey and are welcomed as partners in care.

Person-centered Well-Being

At Grace Park, memory care begins with understanding the person behind the experience.

Our associates take time to learn each resident's story, interests, routines, and preferences. Through thoughtfully designed programs and daily opportunities for engagement, residents experience meaningful moments that support emotional, social, spiritual, and physical well-being while encouraging connection and positive memories.

- » Art and music therapy
- » Social hours and games
- » Fitness classes
- » Spiritual programs
- » Pet therapy
- » Supervised excursions



Grace Park Services and Amenities

Beyond comfort and care, Grace Park offers a lifestyle shaped by connection, curiosity, and ease.

A welcoming atmosphere, genuine friendships, and shared experiences create a strong sense of belonging. Conversation comes naturally over lunch, during cultural programs, in fitness classes, or while exploring a new hobby. Daily life is filled with opportunities to connect, learn, and enjoy.

Our Services & Amenities

From wellness and lifelong learning to entertainment and social gatherings, Grace Park offers experiences that encourage connection, engagement, and enjoyment. Residents enjoy chef-prepared dining, enriching programs, community events, and opportunities to stay active and involved.

- » Freshly prepared meals and snacks
- » Daily senior fitness classes
- » Cultural and arts programs, movies, clubs, classes, and performances
- » Happy hours with live entertainment
- » Trips to local stores, restaurants, and attractions
- » Spiritual programs
- » Concerts in the Park series
- » Intergenerational projects with local college students
- » Pet therapy visits
- » Basic cable and Wi-Fi internet

With services and amenities that simplify everyday responsibilities, you'll have more time for the people, interests, and experiences that bring purpose to each day.

Additional Services

Additional services offer greater convenience, flexibility, and peace of mind.

- » Emergency response and wellness check (included for personal and memory care)
- » Laundry services (included for personal and memory care)
- » Massage, nail, and pedicure services
- » Meals for guests and room service
- » Scheduled transportation to appointments
- » Escort services to medical appointments

Personal Care and Memory Care Services

Residents receiving Personal Care or Memory Care benefit from compassionate support that promotes dignity, comfort, well-being, and meaningful engagement in daily life.

- » Daily programs and events that address multiple dimensions of well-being
- » Emergency call system
- » Hourly check-ins
- » Medication management
- » Personal hygiene, dressing, and daily living services
- » Support with dining, well-being engagement, correspondence
- » TED hose washing and support
- » Coordinated physician appointments

Dine Deliciously

Some of the best moments of the day happen around the table.

Our culinary team prepares delicious meals using fresh, quality ingredients and serves them in a welcoming dining environment designed for conversation and connection.

Residents enjoy a variety of menu choices, including plant-based and heart-healthy options, all thoughtfully prepared to support well-being and personal preferences. Bon Appétit!



The Reviews Are In!



Start Your Next Chapter with Grace Park Senior Living

Discover a community where life feels easier, friendships come naturally, and support is always nearby when needed.

Schedule your personal tour today and experience the warmth, opportunities, and peace of mind that make Grace Park feel like home.

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