

ASBURY
NORMANDIE
RIDGE



Anticipate More

Anticipate More

Anticipate more opportunities

Wellness comes as naturally as friendship, relaxation takes the place of responsibilities you'd rather not tend to, and doing what you're passionate about makes daily living more meaningful.

Start your day with coffee and morning birdsong from your balcony or patio. Then, head out to bike the York Heritage Rail Trail – or stroll through the nature park by our campus. Strengthen and tone in the Aquatic & Wellness Center or head to our studio The Creative Place. Your life at Normandie Ridge brings so many new opportunities and experiences of your own design – many that you never anticipated.

And when friends and family come to visit, head out for a day of fun on the Mason-Dixon Wine Trail. Have a picnic in one of the many parks along the beautiful Susquehanna River or tempt your taste buds at the dozens of unique food stalls in York Central Market. There's plenty to do on-campus and off!

Enjoy the history and natural beauty of the York, Pennsylvania, region – and more time to explore it all.

It's time to anticipate more.





Make yourself at home.

Make choices. That's what it means to be independent. And that's why you can anticipate more choices at Normandie Ridge.

Dining, for example. Enjoy casual dining with delicious, seasonal options at The Patriot Café. You'll be sure to run into a friend while you're there. Explore one of downtown York's unique restaurants or make a favorite recipe for dinner in your own kitchen. Our dining plan is flexible, and the choices are always yours.

And residential living? Again, your choice. Is a one-bedroom apartment just right or do you prefer two? Enjoy light-filled, customizable floor plans with finishing touches chosen by you to suit your style. Brighten the front porch of your Garden Cottage with your favorite flowers, but leave the lawn mowing and maintenance to us.

In fact, say goodbye to home maintenance, period. Because who wouldn't rather spend their time pursuing the things they love or joining a class, club, or event here on campus – many created by the Normandie Ridge residents whose own interests have helped shape this community.

So enjoy. We'll take care of the chores, while you make yourself at home.



Content and confident, you're leaving ordinary life behind.

Your new home brings the confidence of knowing you have a plan in place for whatever challenges life may bring. And that makes Normandie Ridge more than just a senior living community.

Just minutes from the vibrant college town of York, with its unique historic and cultural attractions, Normandie Ridge's 26-acre campus offers a beautiful location that opens an exceptional range of possibilities for worry-free retirement living. As a continuing care retirement community, we combine a wellness-focused lifestyle to support independent living with on-site services to meet any future health care needs:

- Home care and home health services
- Personal care
- Memory care
- Skilled nursing
- Pharmacy services
- Post-acute and outpatient rehabilitation



Life gets simpler – and much more rewarding

Without home maintenance headaches, you now have the time to do what you want to do, not what you have to do. Find the pace that suits you, and experience the expansion of opportunities and friendships that come with community living.

Get your fill of nature during a bike ride along the Heritage Rail Trail or fishing in Lake Redman. Keep your green thumb going in our community gardens or on your balcony. Invite your new neighbors and old friends over a burger at the Patriot Café or a prime rib dinner.

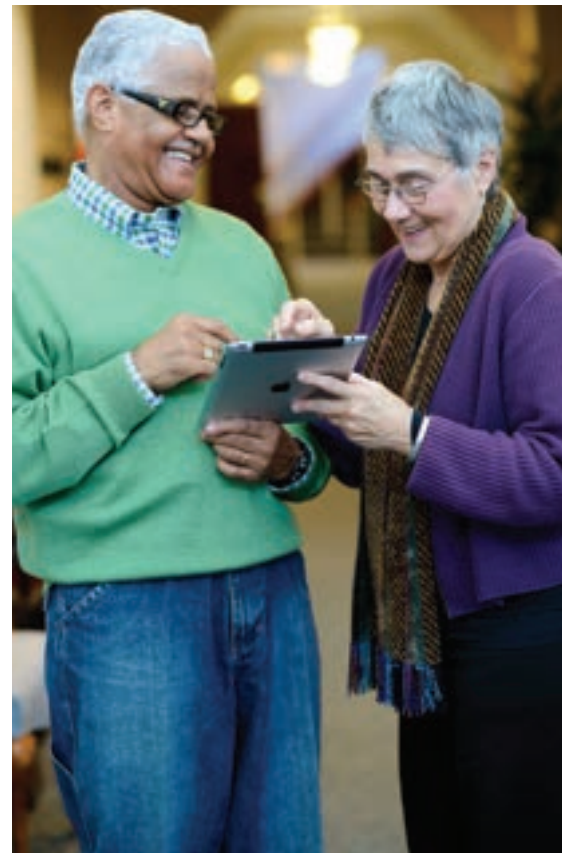
Our proximity to Gettysburg, Amish country, and Baltimore city's museums and waterfront attractions make for enjoyable day trips. Or stay closer to home and enjoy strolling our beautifully landscaped campus with mature trees. Enjoy the lifestyle that comes from a community of engaged, like-minded people.

A Life Well Lived

Continuing care retirement communities, also called CCRCs or LifePlan communities, are purposely designed to support aging better for longer. Wellness informs everything we do – from the fitness classes focusing on flexibility, balance, and strength; to social events and volunteer opportunities; to unique resident clubs, cultural events, and lifelong learning classes; and so much more.

Being part of a friendly, supportive community is key to the peace of mind that reduces stress and creates a healthier mind and body as we age.

In fact, a growing body of research is demonstrating the importance of social connections and ongoing engagement to our lifelong physical, emotional, and intellectual health. In 2018, results of the Age Well Study by Northwestern University showed that residents of CCRCs fared better than their peers in three key measures of emotional and physical health.



The tradition inspires the future.

Founded more than 100 years ago as the United Evangelical Home, Albright Care Services operated RiverWoods continuing care retirement community in Lewisburg, Pa. Through the decades they expanded their services to reach more seniors living in Susquehanna Valley, and in 1991, established Normandie Ridge. Today, we proudly welcome people of all cultures, backgrounds, and faiths, including those with no religious affiliation.

In 2019, Albright Care Services affiliated with Asbury Communities, a not-for-profit organization that shares Albright's faith-based heritage. Today, Asbury operates eight continuing care retirement communities in Maryland, Pennsylvania, and Tennessee. Founded in 1926, and rooted in Methodist founder John Wesley's admonition to "Do all the good you can," Asbury infuses a spirit of service in the operation of all its communities – and inspires our way into the future.

Call (717) 764-6262 to speak with a retirement counselor or visit NormandieRidge.org for more information.



Glossary | Become familiar with the terminology of senior living.

Benevolent Care. As part of Asbury Communities, Normandie Ridge residents have access to the Asbury Foundation's benevolent care program, which assists residents who outlive their financial resources through no fault of their own. Benevolent care can be used to cover housing and medical expenses and is an important part of our Mission of doing all the good we can for those we serve.

CCRC or Continuing Care Retirement Community.

A CCRC, sometimes called a LifePlan community, is a senior living community that provides a long-term contract between the resident and the community. This contract ensures that residents will have access to a continuum of wellness and lifestyle services, housing services, and health care, all on one campus. Normandie Ridge includes residential living for independent seniors, personal care, secure memory care, rehabilitative and skilled nursing care, and home care.

Continuum of Care. A reference to the health care and home care services available on campus that support and supplement residential living.

Entrance Fee. The one-time, upfront payment that provides for residency in a CCRC and ongoing campus maintenance and enhancements.

Independent Living. See Residential Living.

Monthly Service Fee. Determined by the size of the residence chosen, this fee covers common costs associated with residency, including campus amenities, home maintenance, utilities, and emergency response.

Not-for-Profit. A status of ownership where the organization is governed by a community-based board of trustees. Board members ensure a not-for-profit CCRC's approach to serving seniors meets local needs and operates in accordance with its Mission. Not-for-profit communities turn surplus income back into community improvements and service expansions and operate according to a Mission of serving others.

Personal Care. Often called assisted living, personal care is a special combination of housing, personalized supportive services and health care designed to meet the needs – both scheduled and unscheduled – of those who need help with daily living activities.

Residential Living. A healthy, active, engaged lifestyle for independent seniors.

Second-Person Fee. With fee structures built around single occupancy of a residence, two residents can expect a second-person fee to cover the additional costs associated with living here.

Services & Amenities. The programs, special features, and places such as dining venues, wellness centers, etc., provided by the community to enhance the residents' living experience.

Skilled Nursing. 24-hour care for residents with medical needs that require specialized medical attention and assistance with ambulation. Residents usually rely on assistance for most or all daily living activities. Regular medical supervision.

Normandie Ridge Campus Map



Services & Amenities Included in Monthly Fee

- Maintenance and lawn care
- Property taxes
- Patriot Café and Congressional Dining Room
- Aquatic & Fitness Center
- Community lounges
- Libraries
- Salon services
- Social, cultural, and educational events
- Spiritual programs and religious services
- 24/7 emergency response system
- Care navigation
- Apartments monthly fee includes WiFi and utilities. Monthly fee does not cover telephone.
- Garden Homes monthly fee includes water, sewer, and trash. Monthly fee does not include electric, gas, cable, internet and telephone.

Entrance Fee Plans

Your one-time entrance fee – paid when you sign a contract with Normandie Ridge – guarantees your residence and access to services for your lifetime. No matter which Entrance Fee Plan you choose, you have the security of knowing that health care services are available to you. And, you have access to the Asbury Foundation's Benevolent Care program, which assists residents who outlive their financial resources through no fault of their own.

Why charge an entrance fee? Even though your residence here is maintenance-free, the community is not. Entrance fees help provide capital funds for upkeep, enhancements, and the wide range of services, programs, and staff that a well-run community requires. Normandie Ridge is part of Asbury Communities, which is approaching its 100th year in aging services. With Fitch-rated bonds and strong reserves, Asbury's financial strength is an important benefit we bring to residents.

Standard Plan: Entrance fees are partially refundable during the first 60 months you live at Normandie Ridge. The refund decreases by a percentage each month of residency, until after 60 months, when there is no refund. Because this plan offers the lowest entrance fees, it is the most affordable way to enjoy the Normandie Ridge lifestyle.

50% Refundable Plan: With this plan, you receive half your entrance fee, payable to you or to your estate, at the time you are no longer a resident at Normandie Ridge and have satisfied the terms of the Residency Agreement.* This plan guarantees a partial refund of your investment in return for a larger up-front entrance fee.

**Generally, the entrance fee is refunded when your residence is re-occupied by a resident who pays a new entrance fee. Specific terms are contained in the Residency Agreement.*



About Asbury: A Legacy of Service

Since 2019, Normandie Ridge has been a member of the Asbury Communities family of continuing care retirement communities.

From our founding as a Methodist home for the aged in Gaithersburg, Md., in 1926 to present day, Asbury Communities has dedicated itself to redefining the expectations of aging services. Asbury and Asbury Home Services serve more than 4,000 older adults in Maryland, Pennsylvania, Oklahoma, and Tennessee, while the Asbury Foundation provides financial assistance to residents who outlive their resources through no fault of their own.

The Asbury organization is a separate legal entity from the United Methodist Church, but we continue to honor our faith-based heritage through our dedication to doing all the good we can for those we serve.

At Asbury, "Anticipate More" is not just a tagline. It's a promise we've been keeping for close to 100 years.

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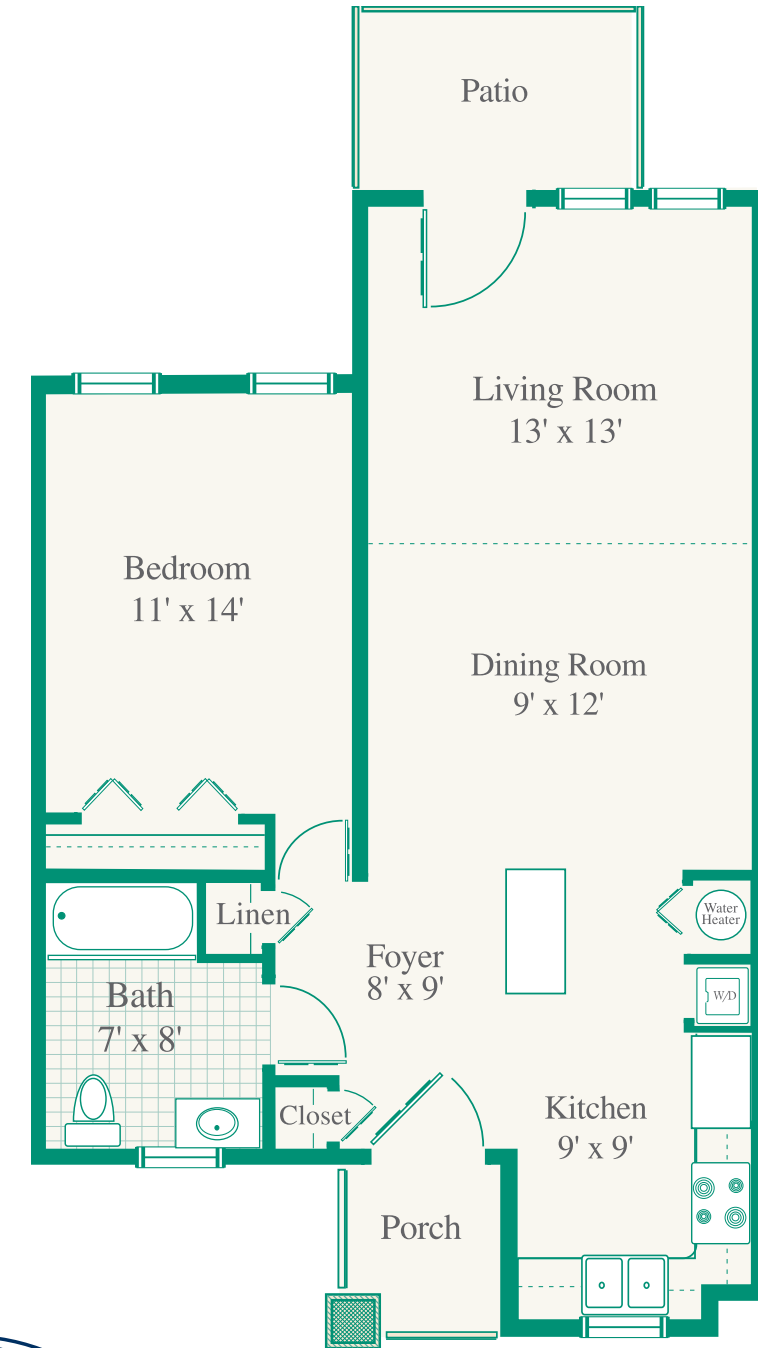
Commitment to Excellence and Innovation

The Asbury organization is committed to financial strength and stewardship, and to being the provider of choice and employer of choice in each market where we operate. Some recent accomplishments across the Asbury organization include:

- Great Place to Work Certification
- Fortune Top 20 Workplace for Aging Services
- United Methodist Association EAGLE Innovation Award
- Planetree Gold Certification for Person-Centered Service
- International Council for Active Aging Innovator Award
- SAGECare LGBT Platinum Accreditation

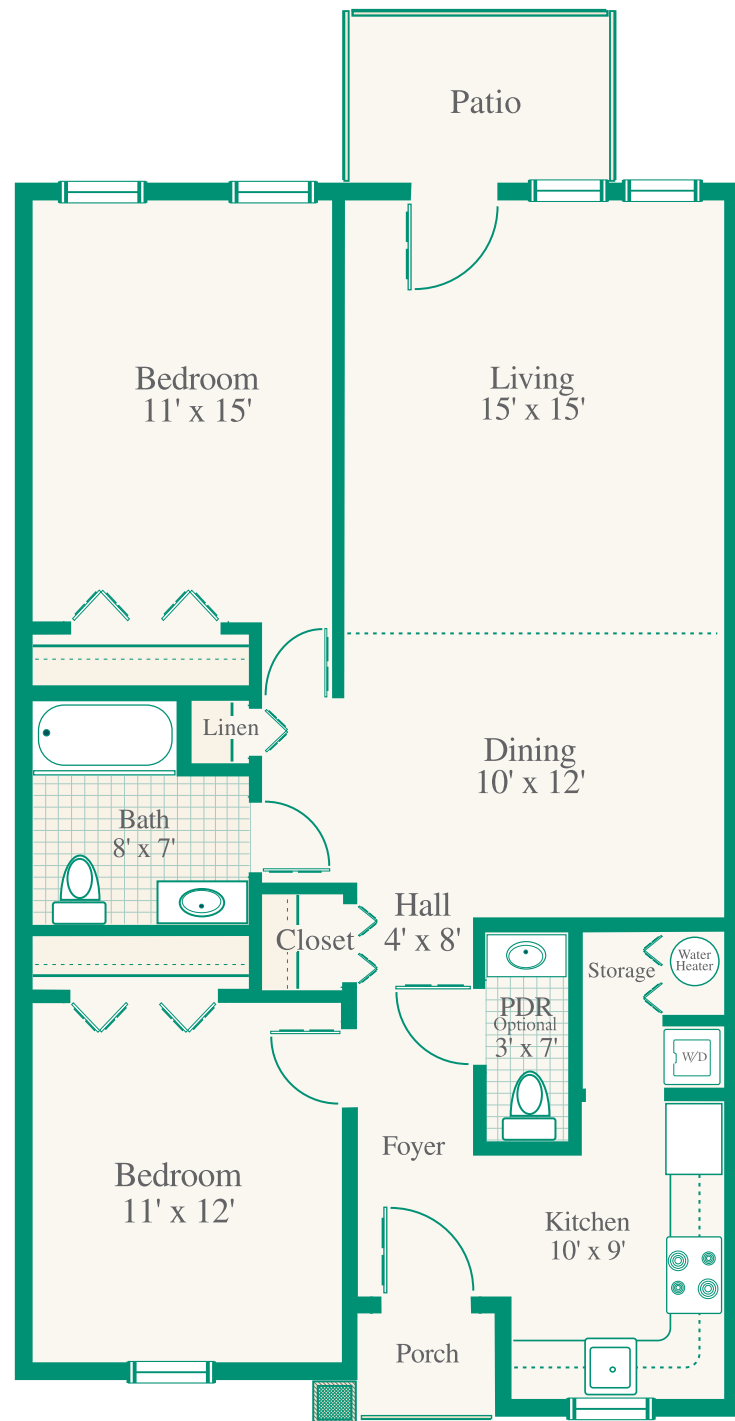


Floor Plans

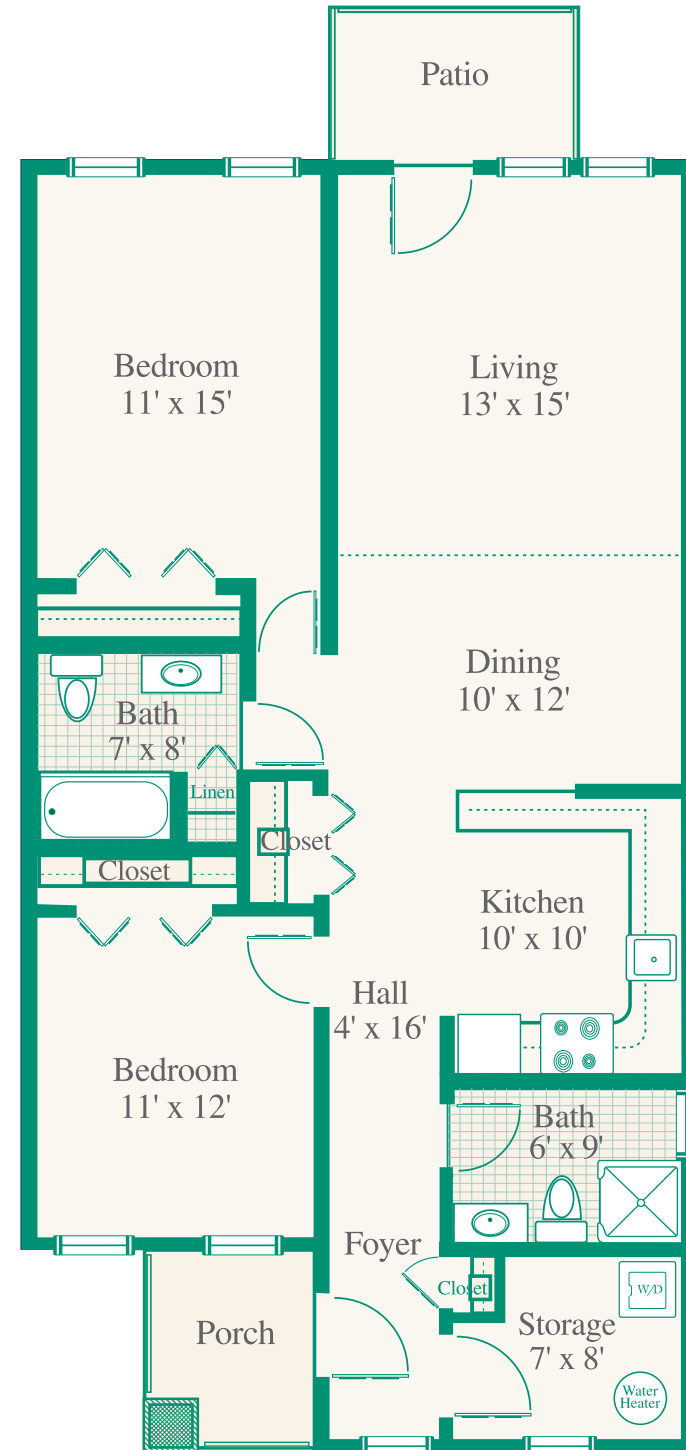


**The Mercer
725 sq. ft.**

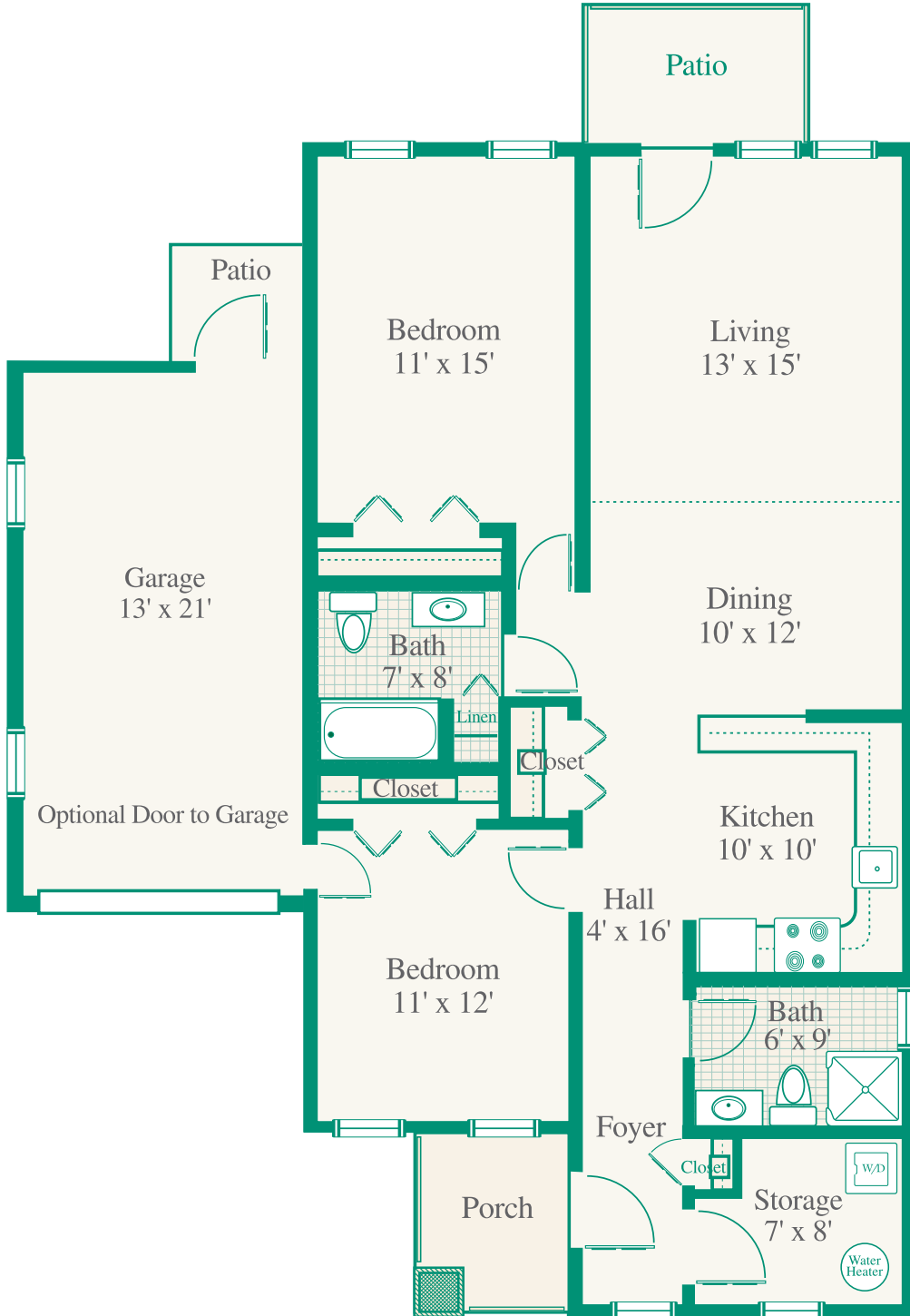




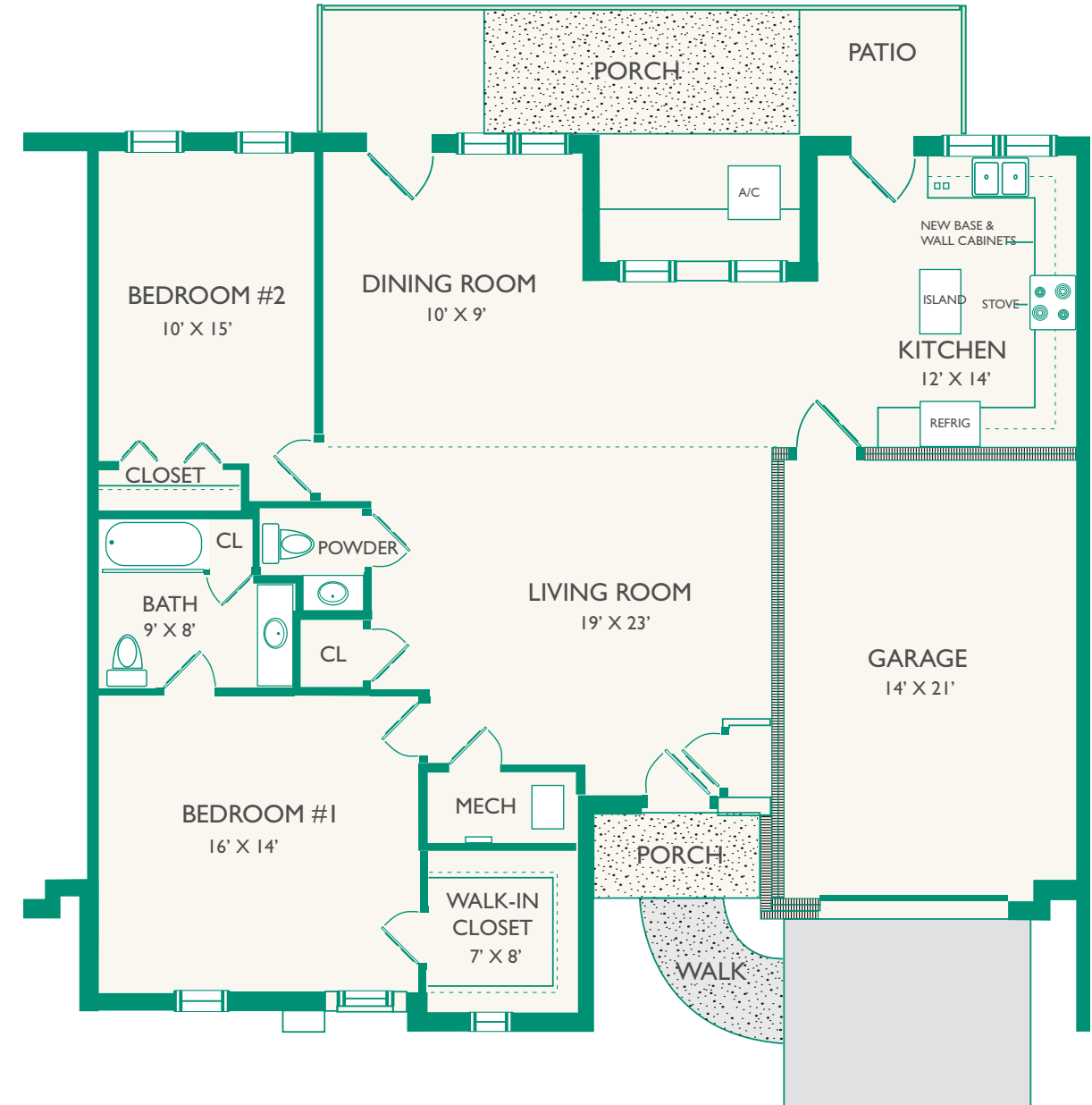
The Morgan
956 sq. ft.



The Monroe
1,100 sq. ft.



**The Monroe with Garage
1,100 sq. ft.**



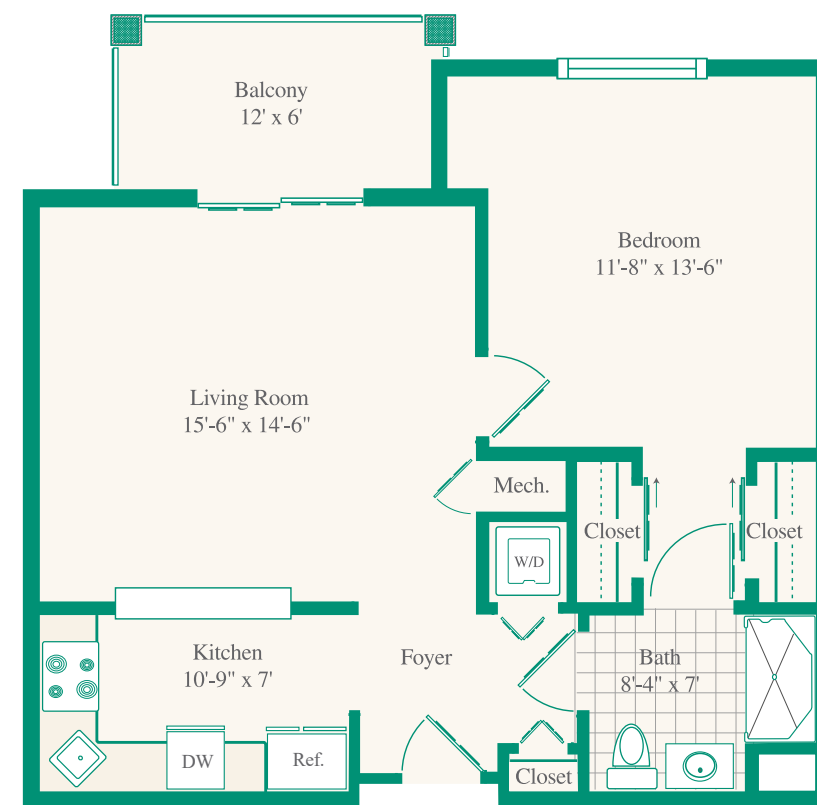
**The Madison
with Garage
1,356 sq. ft.**



One-Bedroom
615 sq. ft.

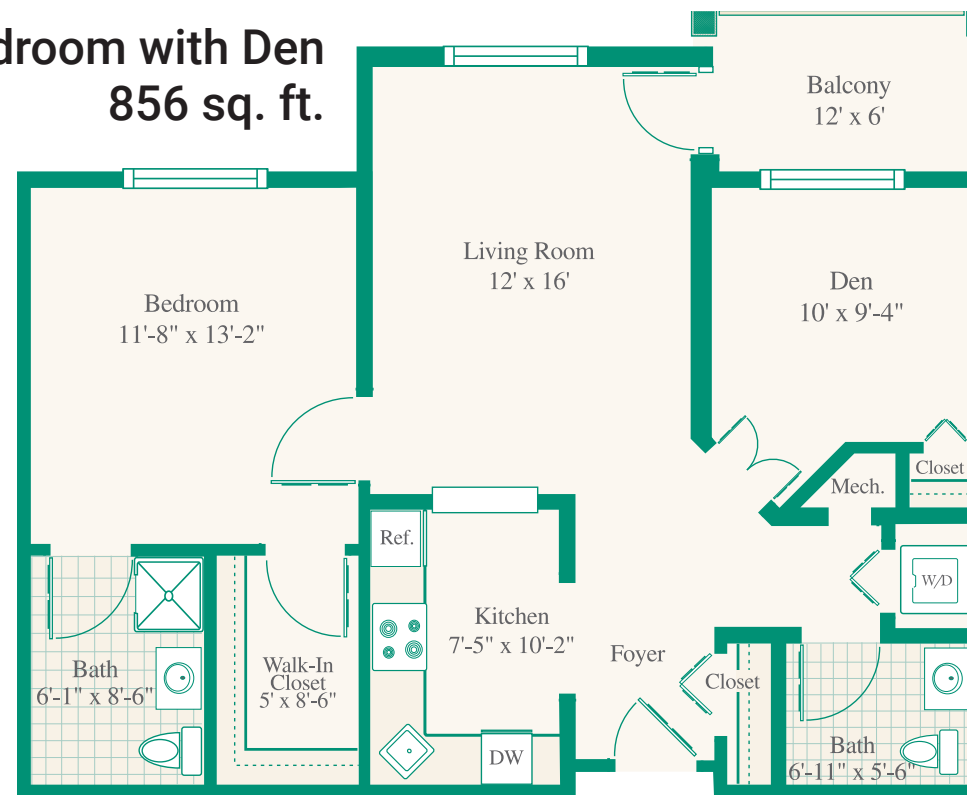


Two-Bedroom
755 sq. ft.

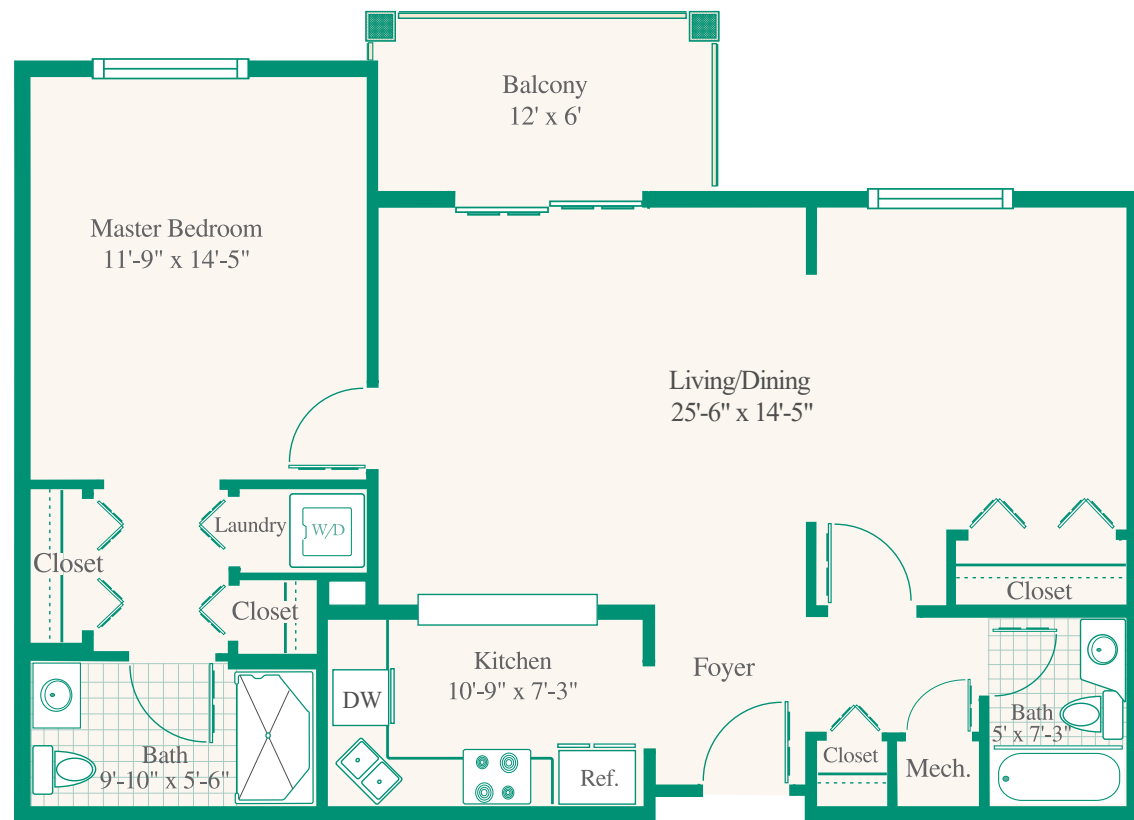


One-Bedroom
Traditional
710 sq. ft.

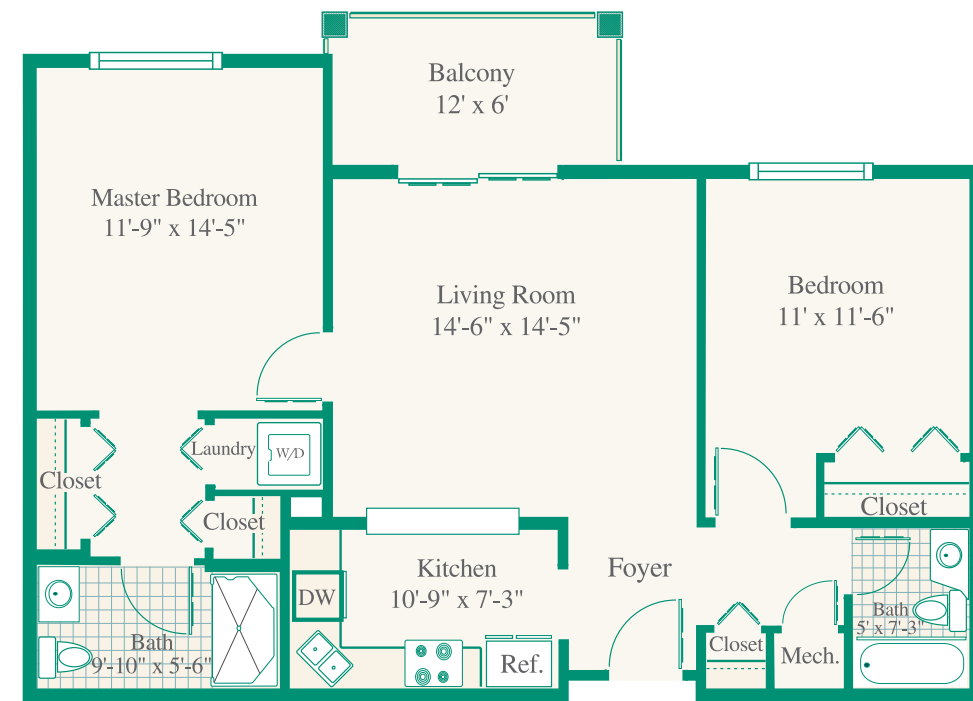
One-Bedroom with Den
856 sq. ft.



One-Bedroom Deluxe

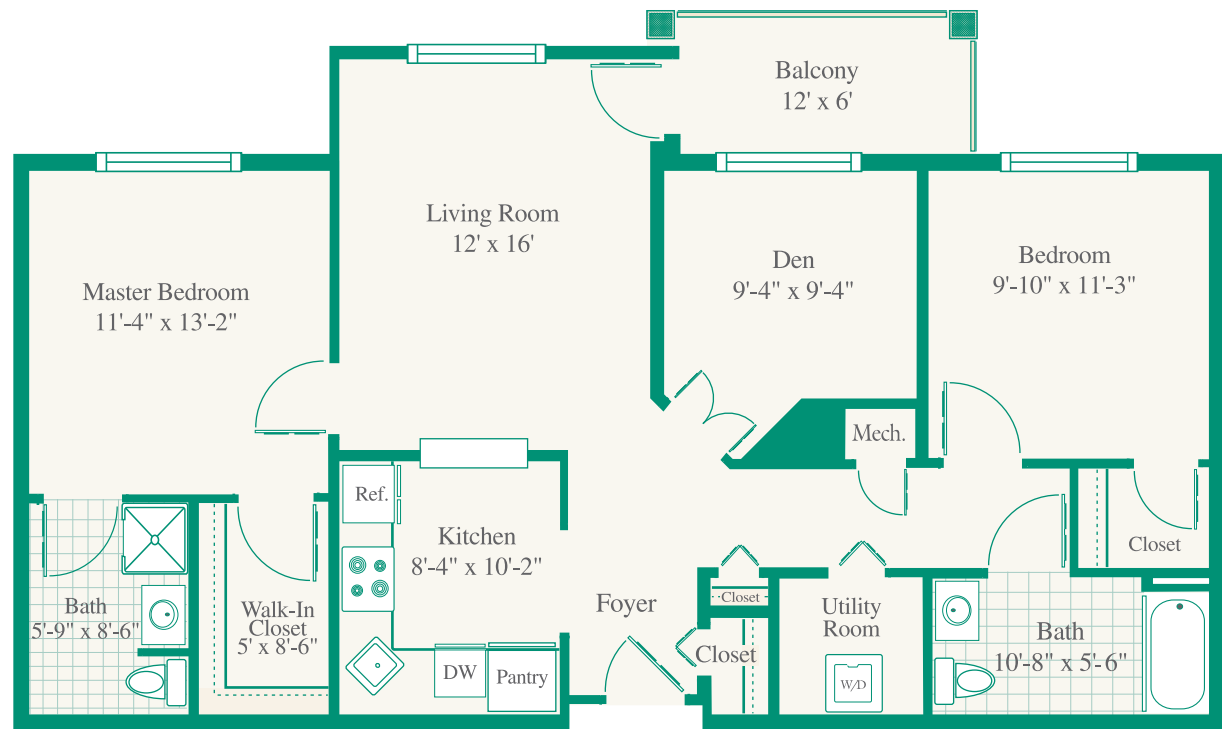


960 sq. ft.

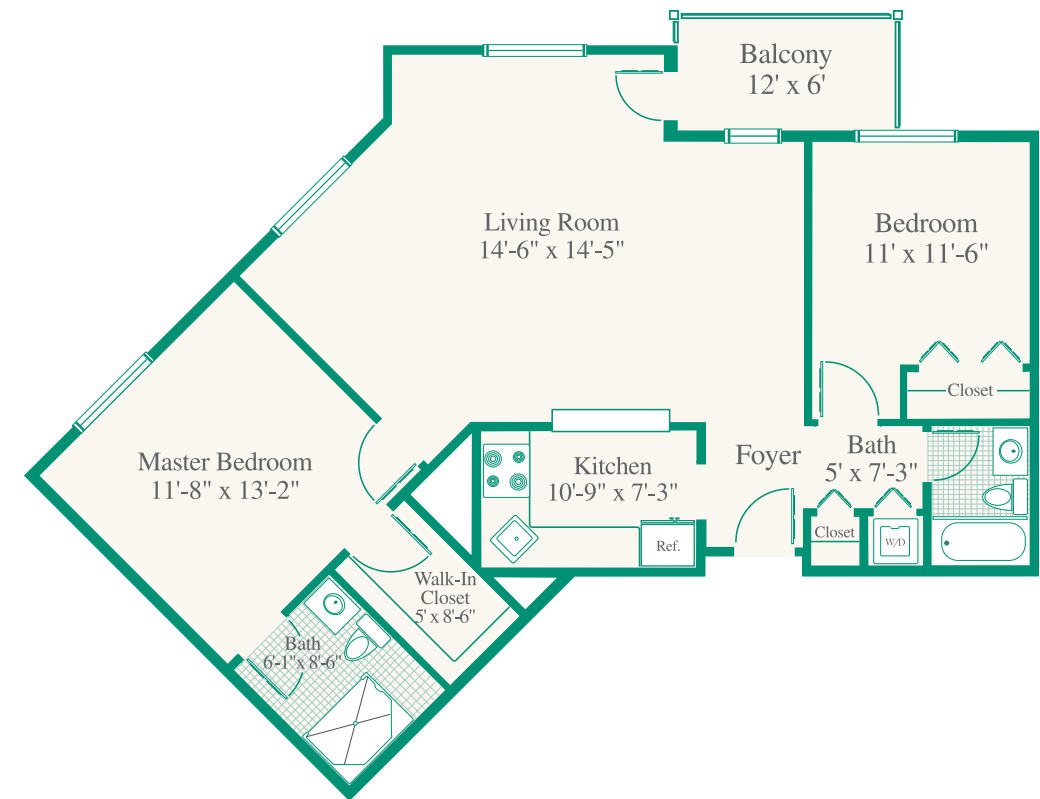


Two-Bedroom Traditional
960 sq. ft.

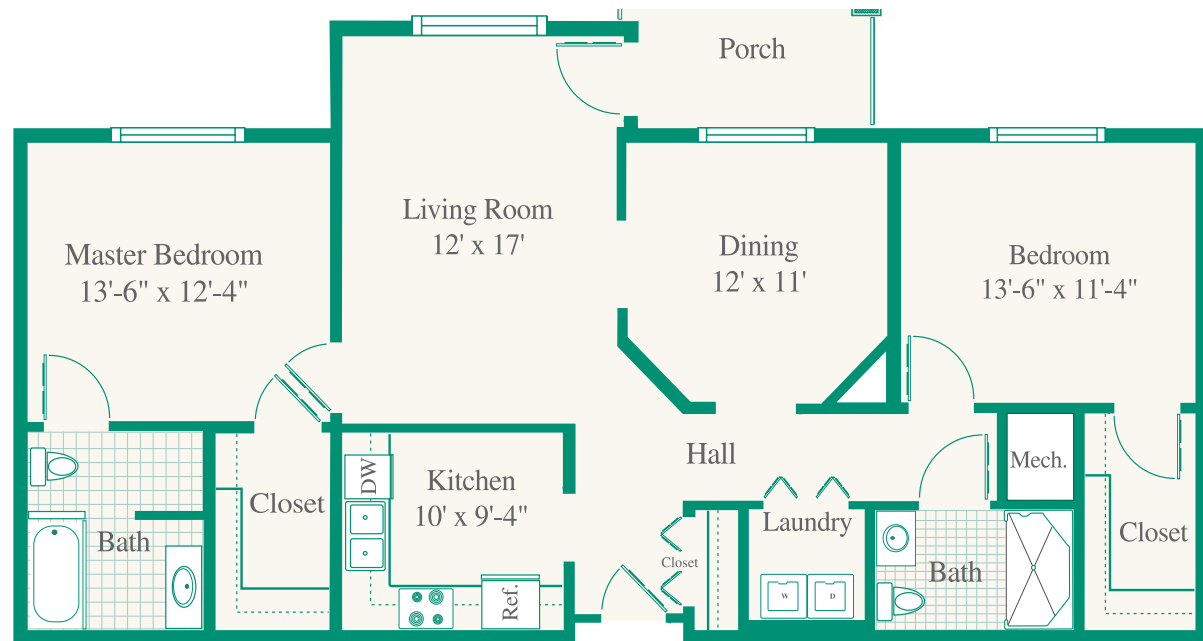
Two-Bedroom Apartments



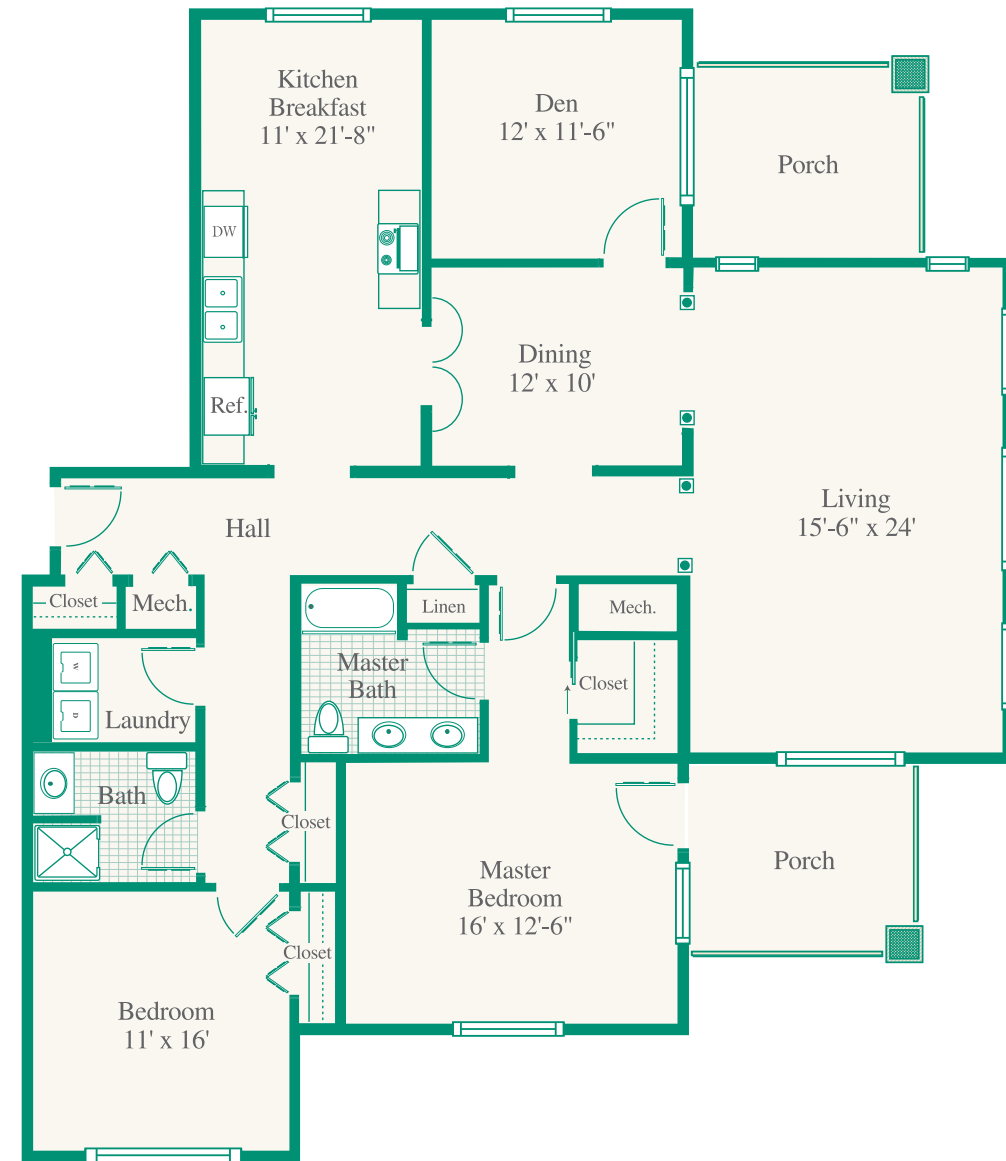
Two-Bedroom with Den
1,108 sq. ft.



Two-Bedroom Classic
1,180 sq. ft.



Two-Bedroom Deluxe
1,300 sq. ft.



Two-Bedroom Deluxe with Den
1,993 sq. ft.

Floor plans pictured may vary from actual apartment layout.



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