

An elderly woman with short, grey hair is shown in profile, focused on painting a landscape on a canvas. She is wearing a dark blue long-sleeved shirt. The canvas features a blue sky, a green hill, and a white path. She holds a paintbrush with red paint on its tip. In the background, other people are visible at tables, some with wine glasses, suggesting a social art class setting. The overall atmosphere is calm and creative.

*Reflections at
Asbury Place*

Experience Memory Care Like No Other



Where Your Family is Our Family

The Alpine & Beech Houses

No one can take your place when it comes to caring for your loved one, but with the Reflections Memory Support Program, so much more becomes possible.

The Alpine and Beech Houses are designed in the style of a private home, with comfortable places for solitude, group events, or to gather with friends.

Our caregivers meet residents where they are, working to create bonds based on each person's unique history, background, and preferences.

The Household Coordinator, trained as a Certified Dementia Practitioner, creates opportunities for active, purposeful living that validate each resident's past and present.

Reflections at Asbury Place seeks individualized solutions to the challenges that can come with early- to mid-stage dementia and other diagnoses that require specialized memory support.

Bringing People Together
in familiar spaces – a cozy living room, dining room, den and even a sunny backyard patio



Anticipate More Opportunities

We build a personalized experience that is never one size fits all.

We strive to create events and programs that delight, and that include the following.

- Brain-health inspired wellness programs
- Family-style dining that includes resident favorites, cooked in-house
- Family meetings and special events
- Meaningful activities that focus on sensory experience
- Music concerts offered on campus
- Nature walks around campus
- Personalized, adaptive calendar of events
- Pet visits
- Outdoor events on our back patio
- Resident history sensory boxes
- SingFit

**Alpine & Beech House
Services & Amenities**

- On-site, 24-hour nursing professionals
- Private apartment living
- Access to 24-hour health care services
- Customized care plan
- Medication reminders and set up
- Healthful, family-style dining
- Therapeutic recreation
- Maintenance and utilities, including cable
- Weekly housekeeping and linen services
- 24-hr security with emergency call system
- Complimentary on-campus transportation

The Reflections Program

We provide customized care for those with early to mid-stage dementia and other diagnoses that require specialized memory support in a comfortable, yet monitored environment that honors residents' independence in accordance with their abilities.

Our trained nursing staff fosters continuity and trust by working with the same residents each day.

Residents of Alpine House and Beech House enjoy access to the full Asbury Place retirement community campus and amenities, as well as 7-day-a-week programming within the Reflections neighborhood.

Wellness with Purpose

Reflections wellness programs focus on five key areas for improving physical, emotional, and cognitive wellness.

1. Cardiovascular health and fitness
2. Continual learning
3. Coordination and balance
4. Mental focus and agility
5. Stress-reduction and relaxation



Social wellness comes from gathering together to take part in programs and events or joining together to prepare a meal.

Sensory experiences are a hallmark of many of our programs and events, recalling powerful, positive memories.

We work with residents and their family members to learn as much as possible about the resident's history, relationships, and accomplishments. We use this information to build relationships and develop our programs.

Each resident has the opportunity to create their own sensory box, which includes important objects from their past or items that evoke unique experiences and aspects of their personality.

These sensory boxes can be centering experiences during a challenging time or provide opportunities for fun and meaningful conversations between residents, caregivers, and family members.



Lives Are Enriched Here

Creating Positive Memories

Family members are more than welcome at Asbury Place – they are part of our team.

We work closely with loved ones to gather each resident's life story, which drive the events and programs we develop. By understanding each individual, we create opportunities that facilitate positive memories.

Reflections Memory Care

honoring the individual,
creating opportunities
for positive memories

What is Household Living?

Most providers promise a family environment at their community, but at Asbury Place, we deliver. Caregivers become extended family to residents, offering just the right amount of help to make the day brighter and easier.

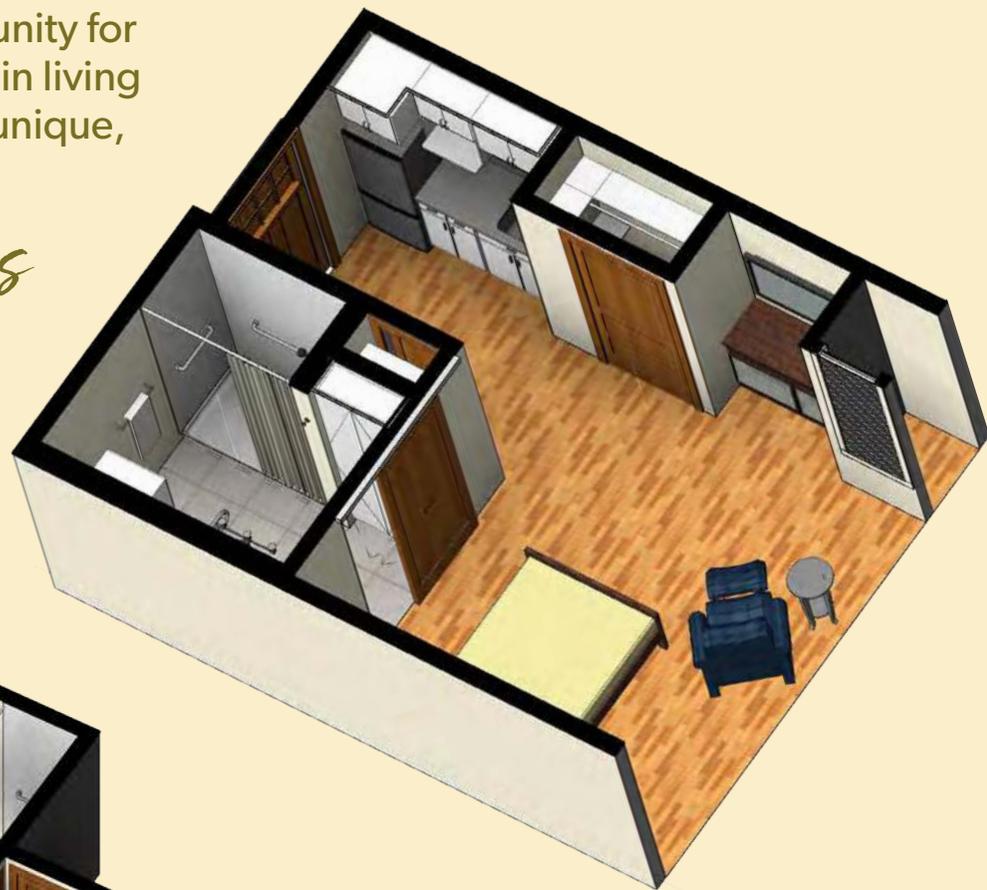
The Alpine House and Beech House utilize the household design, where the physical space is that of a private home and where caregivers are partners in daily living, not just health care. They seek to create genuine relationships that understand and honor the choices of each individual.

In the kitchen, the staff cooks up delicious family recipes while everyone gathers around the table.

The Household Coordinator focuses on the design of the day to ensure that each participant receives appropriate one to one time, small and large group activities, and experiences to encourage positive memories.



Each resident enjoys private, apartment living with kitchenette, yet has plenty of opportunity for social time by gathering in living areas and taking part in unique, *brain-health inspired programs*





Reflections Memory Support at Asbury Place

Call us today to learn more about Alpine House and Beech House living, or to schedule a tour of these beautiful residences.

Kim Golly

Director of Marketing

865-238-8301

email: KGolly@AsburyPlace.org

ASBURY PLACE SM
Maryville
Anticipate More

2648 Sevierville Road
Maryville, TN 37804

www.AsburyPlace.org

