

THE WILLIAM A. KEESE SCHOOL OF CONTINUING EDUCATION

Established in 1978

SECOND SEMESTER CATALOG 2018-19

The Keese School is run by and for the residents of Asbury Methodist Village and offers a wide range of lectures, classes, and lecture-recitals that are approved by the resident Curriculum Committee.

The faculty consists of both resident and outside experts in a variety of fields. The academic year has two semesters that run from September through May.

THE KEESE SCHOOL EDUCATION AWARDS FUND

EACH YEAR IN MAY THE KEESE SCHOOL gives Education Awards to deserving associates who serve in the dining rooms and who are enrolled in college. The Awards are funded by surpluses in the Keese School budget and by gifts from Asbury residents.

To make a contribution, checks should be made out to the Asbury Foundation with “Keese School Education Awards” designated in the memo line. Please send your check to the Keese School treasurer, Liz Lostumbo (Courtyard Home 343), for tabulation. She will forward your check to the Asbury Foundation, which will send you an acknowledgment of your tax-exempt gift and disburse the final Awards.



EVENING LECTURES AND LECTURE-RECITALS

201 Wise Moves—Yoga for Healthy Aging and Longevity

Monday, February 4, 7:30 p.m. Hefner Auditorium
Nancy Wright Steinberg



Nancy Steinberg is a certified yoga instructor who has been teaching chair yoga classes at Asbury on Monday and Wednesday afternoons for the past thirteen years. She will talk about the history and types of yoga and discuss the benefits, especially for seniors. She will also demonstrate a few simple seated yoga poses and some of her Asbury students will be on hand to speak with those interested in learning more about the class.

to Asbury in 2003 and joined the yoga class that was then given here. Nancy observed the class because she was interested in exploring yoga for seniors and eventually she took over teaching the class, which has been part of the Wellness program at Asbury since 2005.

Nancy Steinberg's mother, Eleanor Wright, had been a long-time yoga student when she moved

202 Financial Documentation and Taxes

Thursday, February 7, 7:30 p.m. Parker Hall
Bill Hicks

Have you been confused when trying to understand the documentation you receive about your investments? Have you been uncertain about the required minimum distribution (RMD) from your retirement accounts? Have you been uncertain as to what information and documentation you need to ensure an accurate tax return? Do you know what to look for when reviewing your completed tax return before you authorize the preparer to electronically file it for you? Are you aware of the important changes in the federal tax regulations in effect for this 2018 filing year?



Bill Hicks, an Asbury resident, will discuss these and other questions regarding financial documentation and taxes and he encourages residents to provide questions in advance of this lecture to help him structure the discussion. Submit questions in hard copy via campus mail to him at Mund 503 or by email at hicks.william@comcast.net. However, he will not be providing specific financial advice to individuals.

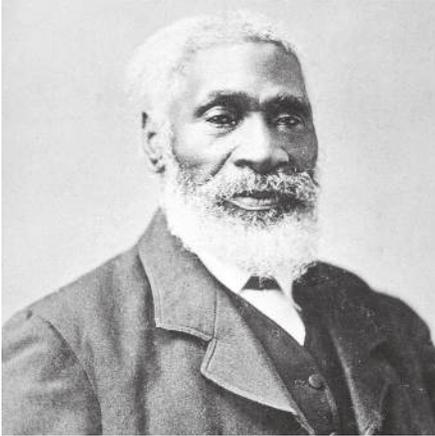
A Mund resident for eight years, Bill Hicks has been an IRS certified tax preparer as a volunteer with the AARP Tax-Aide program since 2004 and at Asbury for the past four years. He is also a Maryland Tax-Aide State Training Specialist and manages his own finances and financial documentation.

EVENING LECTURES AND LECTURE-RECITALS

203 Archaeology of the Josiah Henson Site

Monday, February 11, 7:30 p.m. Hefner Auditorium

Don Housley



Josiah Henson

Josiah Henson, whose autobiography helped inspire Harriet Beecher Stowe's *Uncle Tom's Cabin*, was enslaved from the 1790s to 1830 on the Isaac Riley farm in what is now North Bethesda near the intersection of Old Georgetown Road and Tilden Lane. As a young boy, Henson carried buckets of drinking water to the enslaved field hands while learning the workings of the farm. Riley eventually made Henson the farm's superintendent, overseeing its operations, including taking produce every Saturday to the marketplace in Georgetown. This Power Point presentation will explain how archaeological and historical investigations work together to enrich the interpretation of this site. Renovated in 1938, the Riley house still stands and the search continues for evidence of the Henson era landscape and how the property has changed over time.

Don Housley retired in 2005 after teaching U.S. history and serving for twenty-five years as chair of the Social Studies Department at Wheaton High School. Currently, he volunteers in the Office of Archaeology for the Maryland-National Capital Park and Planning Commission, serves as president of The Archeological Society of Maryland, Inc., president of the Mid-Potomac Chapter of The Archeological Society of Maryland, secretary of the Montgomery County Civil War Round Table, and helps teach archaeology at Montgomery College.

204 The Impact of Cell Phones and the Internet on Popular Movements

Thursday, February 14, 7:30 p.m. Parker Hall

Peter Heinlein

In May 1989, thousands of young Chinese protestors in Tiananmen Square kept informed about what was happening by listening to foreign broadcasters on transistor radios. In 2011, Cairo students in Tahrir Square used cellphones to mobilize themselves and communicate with one another. From the March of Time newsreels to satellite television, transistor radios, cell phones, smart phones, the internet, and worldwide web, we have seen changes in the means of communication that allow news to flow beyond corporate or governmental restraints. But misinformation and "fake news" can also flow beyond such limits.



Peter Heinlein has been immersed in this evolving web of communication for more than fifty-three years. As a long-time correspondent and bureau chief for the Voice of America, he has reported from more than forty countries as well as from the UN and the White House. His first interview, as a teenager, was with former UN Secretary U Thant. His wife Pernille, a Danish diplomat, is currently the UN special coordinator for Lebanon with the rank of undersecretary general. They have two college-age children.

EVENING LECTURES AND LECTURE-RECITALS

205 Pardon Our French

Monday, February 18, 7:30 p.m. Hefner Auditorium
Jeanine Greene, Kathy Farmer, and Wayne Wilentz

Join Kathy Farmer and Jeanine Greene for a stroll down the cobblestoned streets and grand boulevards of Paris. In a part-French, part-English program, they will entertain you with French-inspired songs, both classic and contemporary, delivered with their trademark sass and joie de vivre.

Jeanine and Kathy first harmonized together in 2013 when they joined the legendary Washington big band, The Tom Cunningham Orchestra, as two-thirds of the Andrews Sisters-style trio, YazooZazz. Creating innovative vocal harmonies is their shared passion, yet both are accomplished musicians in their own right. Kathy is currently the featured vocalist with Accidental Red, a long-time member of the a cappella vocal ensemble, The Master Singers of Virginia, and choir director at her church in Ashburn, Virginia. Jeanine, following in the footsteps of her musician father, is the singer and violinist in her gypsy jazz group Djangolaya, a member of the Wellspring String Quartet, and a versatile performer with other groups around town. These two unabashed Francophiles come together as Pardon Our French in a veritable celebration of *la vie française*.



For this performance, they will be accompanied by the best jazz pianist in town, Wayne Wilentz.

206 Pro Israel, Pro Palestine, Pro Peace

Thursday, February 21, 7:30 p.m. Parker Hall
Todd Deatherage



Can you be pro-Israeli, pro-Palestinian, and pro-peace all at the same time? For nearly a decade, a Washington-based nonprofit called Telos has been working to answer that question by forming communities of Americans who are committed to the security, dignity, and freedom of all the people of the modern Holy Land—Israelis and Palestinians, Jews, Christians, and Muslims. Join Telos co-founder Todd Deatherage for a discussion of their work in leading Americans on unique experiences in Israel/Palestine. Participants meet the modern residents of the ancient land, listen to a variety of perspectives, understand each side's unique history and deep connections to

the land, and learn from those doing the work of peacemaking, conflict resolution, and coexistence. Learn also about the potential this work holds for healing the conflict and divisions in both the Middle East and here at home.

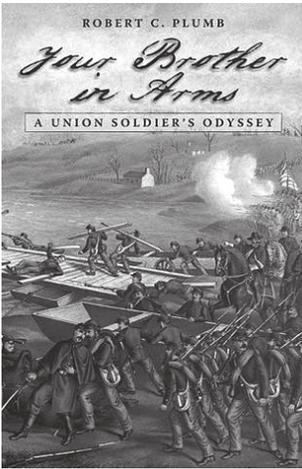
Todd Deatherage was co-founder of Telos in 2009, and continues to serve as its executive director. Previously he spent sixteen years in senior positions in the legislative and executive branches of the U.S government. He was chief of staff in the Office of Policy Planning at the U.S. State Department (2005-9) and spent two years as senior advisor in the Department's Office of International Religions. Todd worked for a decade in the U.S. Congress, including six years as chief of staff to Senator Tim Hutchinson. He and his family live in Fairfax County, Virginia.

EVENING LECTURES AND LECTURE-RECITALS

207 Letters from the Front Line

Monday, February 25, 7:30 p.m. Hefner Auditorium

Robert C. Plumb



Robert Plumb, the author of *Your Brother in Arms: A Union Soldier's Odyssey*, will discuss his book, which is based on the letters of George Pressly McClelland, who served with the 155th Pennsylvania Infantry from 1862 until 1865 when the Union Army was demobilized. McClelland participated in nearly all of the battles fought by the Army of the Potomac during this time. His letters home are literate and evocative reports from the front line and capture the feelings and thoughts of a young man in the midst of the American Civil War and reflect the social, cultural, and political currents of the war.

Robert Plumb has a BA in history from the State University of New York at Buffalo and an MA from the Newhouse School at Syracuse University. He attended the Yale Writers Conference in residence in 2014-17. He served as an officer in the U.S. Navy stationed with the Atlantic and Pacific fleets and later worked for General Electric and Fannie Mae in both domestic and international markets. He and his wife Louise reside in Potomac MD.

208 Toilet Talk #2

Thursday, February 28, 7:30 p.m. Parker Hall

Hermione Fthenakis

In November of 2017, the Keese School presentation was “Toilet Customs, Past and Present,” a historical overview of the toilet scene through the ages to the present. “Toilet Talk #2” follows up with a fairly light-hearted survey of toilet customs and trends today. This talk will touch on a variety of toilet-related newspaper headlines from around the world. In China and especially in India, what has occurred has been described as the largest behavioral change in history. The Bill and Melinda Gates Foundation is playing a significant role through its “Reinvent the Toilet Challenge.” Throughout the world, can toilet habits adjust to the changing requirements?

As a child in Yorkshire, England, Ms. Fthenakis lived in an 18th century house with a four-seater privy, no longer used but which sparked her initial interest in the history of toilets. With an abiding interest in how people lived in the past, she has over time collected books and catalogs that deal with, among other things, toilet customs as they affected the arrangement of people's spaces and buildings. Her degree in architecture from the University of Maryland is also tied to this interest. Hermione has been a resident of the Courtyard Homes at Asbury since 2016.



EVENING LECTURES AND LECTURE-RECITALS

209 Soup's on!

Monday, March 4, 7:30 p.m. Hefner Auditorium

Hot Soup Trio: Sue Trainor, Jennie Avila, Christina Muir

The trio Hot Soup! simmers with intelligent lyrics, zany humor, spirited musicality, and scrumptious three-part harmony. The recipe for this delectable concoction is the blended solo talents of Sue Trainor, Christina Muir, and Jennie Avila. In their 22nd year as a band, the live shows still “sparkle” according to *Sing Out! Magazine*. The trio brings a rare blend of spontaneity and intimacy to their performances, often developing hilarious exchanges among themselves and with the audience. Instrumentation includes guitar and hand percussion along with a cappella selections. The focus, however, is always on the arrangements—sweet voices, trading lead vocals and capturing harmonies that raise goose bumps.

Sue Trainor is noted throughout Maryland for her creative musical interaction with children with special needs. She has made multiple recordings and received the Artist of the Year award from Young Audiences of Maryland.

Jennie Avila has an extensive history as a singer, composer, and creator of wild and marvelous sounds, chirps, and rattles.

Christina Muir is a singer, songwriter, and folk music artist who is “bound to give you goosebumps.”



210 Walking for Fun, Fitness, and Friendship

Thursday, March 7, 7:30 p.m. Parker Hall

Anthony (Tony) Laing



For anyone interested in learning about the benefits of noncompetitive walking, Tony Laing, president of the Seneca Valley Sugarloafers Volksmarch Club (SVSVC), will share his experiences both in Germany, where volksmarching originated, and here in Maryland. The SVSVC is one of eight walking clubs in Maryland and part of the American Volkspport Association, a national walking organization whose motto is “Fun, Fitness, and Friendship.” The club focuses on five-kilometer and ten-kilometer walks that are either seasonal, year-round, or once a year events—all a great way to exercise, see interesting places, and keep active.

Tony Laing started volksmarching in the 1970s when he was stationed in Germany with the U.S. Air Force. Back in the United States, he joined various Volksmarch clubs in the DC area but became more active after retiring from the U.S. Department of Education and now leads some of the club's many walks. He has a BS degree from Frostburg State University and an MA in public administration from George Washington University.

EVENING LECTURES AND LECTURE-RECITALS

211 Coming to America . . . Voices of Those Who Came

Monday, March 11, 7:30 p.m. Hefner Auditorium

Teresa Wright and graduates of Montgomery County Schools

Why would someone leave family and everything familiar to journey north, risking life and limb to make it to America to start a new life? Is it worth it—especially now? Are people finding what they come seeking? What are they contributing? What enables them to be successful here? Representing the Gaithersburg Beloved Community initiative, Teresa Wright brings several former students from Montgomery County schools to share their stories. Each had difficulty getting here. All are doing well with education and/or work. We will hear of their struggles and successes.

Teresa Wright is a first-generation immigrant from Mexico. She came to study at the University of Illinois where she met her future husband, Richard Wright. They moved to Gaithersburg where Teresa taught Spanish in the Montgomery County Public Schools for eighteen years and then, as a parent resource teacher, she helped parents navigate the school system and get involved in the education of their children and in applying to college or preparing for a career. She and her husband are now retired and are living in Diamond at Asbury, where she sees many of her former students.



212 Making Change by Empowering People

Thursday, March 14, 7:30 p.m. Parker Hall

Michael Gibbons and Spence Limbocker



Through stories and photos the speakers will talk about how they developed a training program to empower farmers in Sierra Leone. They started with the realization that the farmers in one small African community needed to be organized to take control of their own lives and that this model could contribute to a just and effective agricultural development throughout Sierra Leone. The model developed in Sierra Leone and, later, Peru by the two speakers was then used as a model to train rural outreach workers in other countries with the Peace Corps, Save the Children, and other organizations.

Michael Gibbons served in the Peace Corps in Sierra Leone for three years and directed the Peace Corps' agricultural workers training center there. One of his early mentors in the work of empowering people to make change was Spence Limbocker. Michael Gibbons has devoted his career to building capacity for social justice around the world and is now at American University and the Wellspring Philanthropic Fund.

Spence Limbocker, an Asbury resident, served in the Peace Corps in Peru for two years and spent two months in Sierra Leone training Peace Corps volunteers. He has had extensive experience organizing in low-income communities in San Francisco and training community organizers in the United States and abroad.

EVENING LECTURES AND LECTURE-RECITALS

213 Across the Pond and Beyond the Border

Monday, March 18, 7:30 p.m. Hefner Auditorium

Ensemble a la Carte

The Ensemble a la Carte, a woodwind quintet, has been delighting audiences since 2005, performing concerts with a mix of music from the adored favorites to stimulating new works by living composers. For their return visit to Asbury, the quintet invites you to join them on a trip “Across the Pond and Beyond the Border.” They will perform works by Dutch composer Jurriaan Andrieesen and the well-known English composer Malcolm Arnold. In addition, the quintet will play works by three living composers: Max Lifschitz, originally from Mexico City and currently an educator, composer, and performer at the University of Albany; Julio Medaglia, a Brazilian composer, arranger, and conductor; and the legendary Paquito D’Rivera, a Cuban saxophonist, clarinetist, and composer.

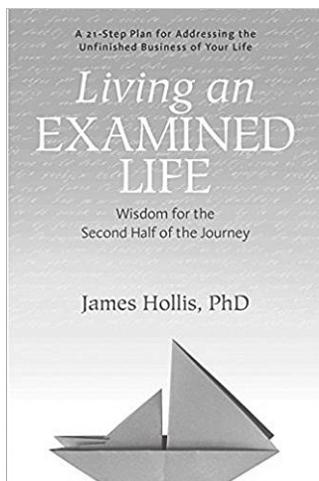


Members of the Ensemble are: Karen Judkins, flute; Christina Johnson, oboe; Angela Murakami, clarinet; Robin Gelman, bassoon; and Lora Katz, French horn. The Ensemble a la Carte enjoys interacting with the audience and providing commentary about the music, and it looks forward to a “meet and greet” after the performance.

214 Aging as a Spiritual Journey

Thursday, March 21, 7:30 p.m. Parker Hall

James Hollis



The agendas that confront us in the first half of our lives are quite different from those that arise in the second half—or in the final quarter. What are the central tasks that we face in the context of changes in the body, losses and loneliness, regret, and yet the need to grow and live more fully? James Hollis, a Jungian analyst and executive director of the Jung Society of Washington DC, will offer some guidance to answering this question, drawing on his book, *Living an Examined Life: Wisdom for the Second Half of the Journey*, which has been described as “a 21-step plan for addressing the unfinished business of your life.”

James Hollis is also executive director emeritus of the Jung Educational Center of Houston, TX and has been in private practice as a licensed Jungian analyst in Philadelphia, Houston, and Washington DC. He lives with his wife Jill, an artist and retired therapist, in Washington DC. They have three living children and eight grandchildren.

EVENING LECTURES AND LECTURE-RECITALS

215 Estonian Folk Dress: A Living Legacy

**Monday, March 25, 7:30 p.m. Hefner Auditorium
Tiiu Kera**



Tiiu Kera will present an illustrated lecture on an art form that has deep roots in the history and culture of the Estonian people. Folk dress varies by township and ancient elements are seen in the contemporary configurations. Changes result from new materials, an evolution in taste, and introductions from the outside. What has not changed is that the folk dress is handmade by master crafters who have been taught and certified in the national system of learning centers under the Folk Culture

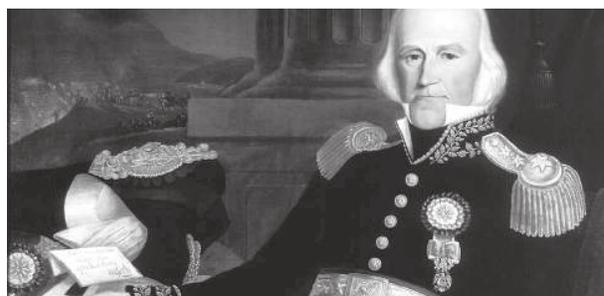
Center of the Ministry of Culture. It is traditional for families in Estonia to have folk dress for every member at each stage of life so that everyone can be appropriately dressed for weddings, graduations, song and dance festivals, and the President's National Day reception.

A Villa resident, Tiiu Kera has done needlework and paper crafts since she was twelve years old. After earning BA and MA degrees from Valparaiso and Indiana Universities, she served more than twenty-eight years in the U.S. Air Force. Once retired, she joined the Embroiderers Guild of America, the American Needlepointers Guild, and the Washington Calligraphers Guild and takes courses and workshops they offer. She enjoys cross stitch and Japanese rozashi, but her favorite is Estonian folk dress embroidery. During annual visits to Estonia she participates in events at the Folk Culture Center's museums and teaching centers and stitches under the oak trees at Tallinn's Open Air Museum with a local stitching group.

216 The Society of the Cincinnati: Who, What, When, Where, and Why

**Thursday, March 28, 7:30 p.m. Parker Hall
Sandra Powers**

This talk will focus on the historical background of the founding of the Society of the Cincinnati in 1783 by officers of the Continental Army and their French counterparts who served in the American Revolution. The Society's first president was George Washington. Contemporary members are qualified male descendants of the original commissioned officers. The Washington headquarters of the organization are at Anderson House on Massachusetts Ave., the former winter home of Larz A. Anderson and his wife. The society is now a nonprofit historical organization to preserve the memory of the American Revolution.



Sandra Powers, a resident of the Villas since 2017, retired in 2001 as the first female director of the library in the all-male Society of the Cincinnati at Anderson House. She oversaw the renovation and expansion of that library into what one scholar has called "the finest collection of eighteenth-century books on war in the United States." Visual images from that collection will accompany her talk and she will also show some books and artifacts. She previously had worked for the Folger Shakespeare Library and the Smithsonian's Dibner Library of the History of Science and Technology after starting out as a high school English teacher.

217 Climate Change: Warming and Weird Weather

Monday, April 1, 7:30 p.m. Hefner Auditorium

Ken Schatten

What is the essential cause of climate change? How can a temperature change of our atmosphere by less than one degree Celsius cause the remarkable weather events we are now witnessing? To understand why and how our climate and weather are changing, consider the enhanced destructive nature of 21st century hurricanes. Surprisingly, this is caused by tiny amounts of trace gases, such as carbon dioxide (about 200 parts per million), compared with the primary constituent gases of oxygen (80 percent) and nitrogen (20 percent). The workings of everyday, familiar items illustrate how tiny forces can release their energy in a magnified form. These phenomena may be viewed as part of a vicious circle where small modifications of a system can lead to magnified responses, without any changes from the energy input.

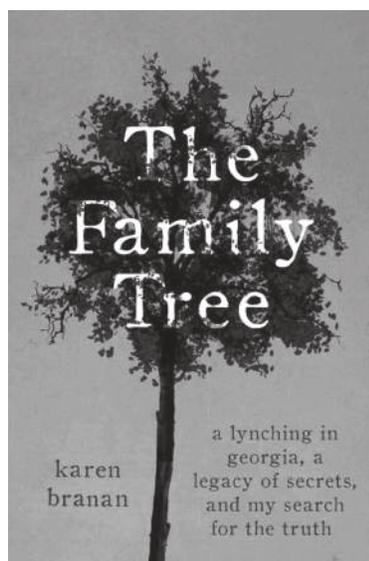


Ken Schatten is a graduate of MIT and received his PhD from the University of California at Berkeley. He has worked at NASA Goddard as well as several universities and is now at ai-solutions, helping NASA with solar activity predictions. He won NASA's prestigious Public Service Award in 2006 for his predictions of a low solar activity, the lowest in a century. Confident that the Hubble Space Telescope would therefore remain aloft for this decade, NASA refurbished it rather than bringing it down.

218 *The Family Tree*

Thursday, April 4, 7:30 p.m. Parker Hall

Karen Branan



In 1912 in Harris County, Georgia, the nephew of the county sheriff was shot dead on the porch of a black woman and days later the sheriff sanctioned the lynching of a black woman and three black men, all of them innocent of this crime. Karen Branan is the great-granddaughter of that sheriff and has spent nearly twenty years hunting for clues throughout the United States and interviewing community elders to try to understand what led to this murder. In the process, her research revealed that she is related not only to the sheriff but also to one of the murder victims. Her talk, like her book, *The Family Tree*, will take us back in time to explain the fiery racial dynamics of the twentieth century that still persist.

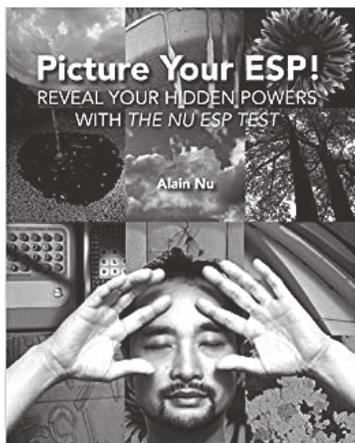
Karen Branan was born in Georgia, graduated from the University of Georgia and taught English in Georgia high schools before becoming a writer for the Georgia Department of Education and later as a freelance writer whose work has appeared in *Ms.*, *Mother Jones*, *Life*, *Ladies Home Journal*, *Christian Science Monitor*, *Education Today*, and *Good Housekeeping* as well as on PBS, CBS, BBC, and CBS.

EVENING LECTURES AND LECTURE-RECITALS

219 “The Man Who Knows”

Monday, April 8, 7:30 p.m. Hefner Auditorium

Alain Nu



From an early age, Alain Nu has been interested in uncanny phenomena, hypnosis, Eastern mysticism, and illusions. He will challenge his audience to explore how we are all connected through a mysterious energy and to understand the line between what is real and what is not. According to Donn Murphy, executive director of the National Theatre, Alain Nu is “the modest explorer, the gracious and kind tour guide leading the audience into investigations and ultimately mysterious realms.”

In his book, *Picture Your ESP! Reveal Your Hidden Powers with the Nu ESP Test*, Alain Nu shows how everyone potentially has a surprisingly accurate intuition that seems to defy rational understanding. In his one-man show, “Invisible Connections,” he uses these untold powers to foretell the future, reveal unspoken thoughts, and create an entertaining evening of mysterious phenomena. He appears annually at the International Spy Museum with his program “The ESP in Espionage,” talking about many unusual findings made

by U.S. funded experiments. He has entertained at three presidential Inaugural Balls, and has publicly predicted winners of the Oscars and Golden Globe Awards with startling accuracy.

220 Sally Ride—Reach for the Stars

Thursday, April 11, 7:30 p.m. Parker Hall

Mary Ann Jung

Award-winning actress Mary Ann Jung presents her delightful new show “Sally Ride—Reach for the Stars.” Blast off for adventure with America’s first female astronaut and learn about Dr. Ride’s journey and its challenges. What was astronaut training like? Why was she selected for that great honor in 1983 and what pressures did that entail? In the game show portion of the evening, the audience can guess at odd, surprising facts about life aboard the space shuttle. How do astronauts dress, eat, and sleep with zero gravity? What effects does it have on their bodies? It’s a fascinating journey and out of this world fun!



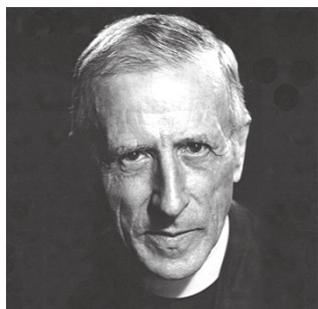
Sally Ride

Mary Ann Jung is an award-winning actress and Smithsonian Scholar who has appeared on CNN and Good Morning America. She has been a lead actress and director of Renaissance History and Shakespearean Language at the Maryland Renaissance Festival for nearly forty years. The mayor of Baltimore awarded her a citation for her work as director of Street Theater and Family Performances at ArtScape for ten years. Her Clara Barton show won Top Solo Performance from the Maryland State Arts Council. Ms. Jung researches and writes her own scripts and her interactive shows about famous ladies have been presented for numerous Smithsonian events and teachers’ conferences.

221 Rediscovering Fire: The Evolution of Teilhard de Chardin

Monday, April 15, 7:30 p.m. Hefner Auditorium

Frank Frost and Mary Frost



Pierre Teilhard de Chardin

Pierre Teilhard de Chardin, the French paleontologist, Jesuit priest, and visionary, became a world-wide sensation in the 1960s and '70s after the posthumous publication of his books, *The Phenomenon of Man* and *The Divine Milieu*, before fading from public attention. Today his fame is once again on the rise. Bishop Michael Curry notably quoted him when preaching at the royal wedding of Prince Harry and Meghan Markle last year. His name inevitably shows up in quotations about love, “the most universal, formidable and mysterious of cosmic energies.” But he emerges again today in other contexts—in discussions of ecology (cited by Pope Francis in his encyclical on the environment), in speculation of the future of the human species, and most often at the intersection of science and faith. Most striking is that Teilhard, born in 1881 and died in New York City in 1955, did not just talk about ideas, he lived them.

In this lecture, Frank and Mary Frost will talk about Teilhard the man: an adventurer, a hero in World War I, a man suppressed by his Jesuit order and exiled to China for his understanding of evolution, a mystic, and a priest with close ties to strong women. The Frosts are award-winning filmmakers and they will also talk about the documentary they are producing on Teilhard that is expected to air on national public television in 2020. It will be the first time that Teilhard’s story appears on American television.

222 Diving Beneath the Surface of American Family Finances

Thursday, April 18, 7:30 p.m. Parker Hall

Travis Plunkett

Newspaper headlines might lead one to believe that the red-hot economy has led to a dramatic improvement in the economic status of most American families. Unemployment is approaching the lowest levels since the 1960s, household income is up, the poverty rate is down, and the stock markets are close to record highs. But a decade of research by the Pew Charitable Trusts documents the continuing economic challenges facing many American families. Fluctuating incomes, low savings, unaffordable debts (for student loans or health care, for instance), and unexpected expenses are among the myriad factors that throw household budgets off balance. In addition, Pew research shows that Americans are less economically mobile from generation to generation than in other countries. Travis Plunkett will present a portrait of the continuing economic vulnerability of many households and suggest bipartisan policies and approaches that might help put families on a stronger financial footing.



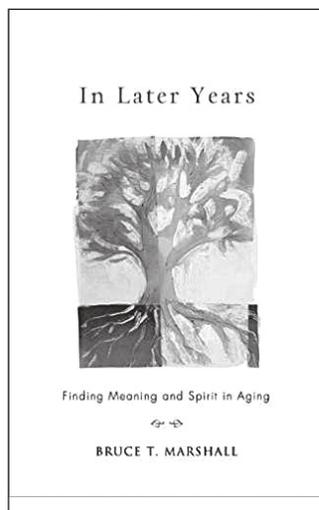
As senior director for the Pew Charitable Trusts, Travis Plunkett oversees Pew’s family economic security portfolio: projects that apply a rigorous, analytical approach to the study of Americans’ financial wherewithal and the economic challenges they face today. That work includes the safety and transparency of checking accounts and small-dollar loans and the prospects for economic mobility. He also manages Pew’s project on student borrower success, which seeks to promote repayment of student debt among those most at risk of default and delinquency. Before joining Pew, Mr. Plunkett directed federal legislative and regulatory affairs for the Consumer Federation of America, where he was instrumental in the enactment of the Credit Card Accountability, Responsibility, and Disclosure Act in 2009 and the creation of the Consumer Financial Protection Bureau.

EVENING LECTURES AND LECTURE-RECITALS

223 Finding Meaning and Spirit in Aging

Monday, April 22, 7:30 p.m. Hefner Auditorium

Bruce Marshall



In this lecture, Bruce Marshall will consider the challenges and opportunities we encounter in our later years. At that stage, we again face questions of meaning and spirit: What matters most to us and how do we encounter the energy of life? How do our responses change as we age? How might revisiting these concerns help guide the way through these difficult waters? This presentation is based on his recently published book, *In Later Years*, that draws upon his experience as a chaplain as well as in-depth interviews. In this presentation—and in his book—he hopes to encourage reflection and conversation about our experiences of aging. Copies of the book will be available.

Bruce Marshall is a Unitarian Universalist minister who has served congregations in Michigan, New York, Ohio, Tennessee, and Maryland. For the past ten years, he has been a chaplain in Riderwood Village, a continuing care retirement community in Silver Spring. He is also a writer whose fifth book, *In Later Years: Finding Meaning and Spirit in Aging*, was published by Skinner House. Bruce is married to Amy Dibner, an architect, and they live in Silver Spring.

224 She Goes with *Gusto*: Travels with Mary Walker

Thursday, April 25, 7:30 p.m. Parker Hall

Mary Walker with Jim and Mary Walker

Keese School has had memorable evenings...surprising evenings...unrepeatable evenings. But what about an evening that turns out to be memorable, surprising—and *repeatable*? Five years ago, Mary Walker enthralled a packed Parker Hall as she recounted her round-the-world sail. Mary returns to relate her adventure to both those of us who were enchanted before, and those who can share the adventure for the first time.

Mary and her husband John sailed from Solomons Island on their 41-foot *Gusto* in October 1979. Thirty-three months later they returned with pictures, memories, laughs, and lasting friendships. From the Caribbean they sailed through the Panama Canal, to the Galapagos, then across to Polynesia, New Zealand and Australia, then the long reach across the Indian Ocean, around Africa, and across the Atlantic to home.



Although John's vision was severely impaired, he could climb to fix antennae and tend the riggings. Captain Mary set courses, "manned" the helm, and, strapped in, cooked on the kerosene stove. She will recount how to deal with over-friendly emus; how to find a hospital among the islands of French Polynesia, how to sleep safe in a cage (the wild animals outside) in Kruger National Park in South Africa, and how to obtain and use a GPS in 1981.

Widowed now for over twenty years, Mary lives in Diamond. Her son Jim and daughter-in-law Mary have helped put together the presentation.

EVENING LECTURES AND LECTURE-RECITALS

225 Memories for the Future

Monday, April 29, 7:30 p.m. Hefner Auditorium
Murray Schulman

At least eight Asbury neighbors will share their essays describing special events, places or persons from a Memoir they are writing for their offspring. A brief profile and a photo taken when they were “young and beautiful” will introduce each speaker. You will surely enjoy and relate to the various subjects and experiences they address and wonder why you haven’t tried to describe your own stories as a legacy for your family.

Murray Schulman, an Asbury resident, had a long career as a science administrator and R&D coordinator for the Department of Energy’s Office of Health and Environmental Research. He is past dean of the Keese School and currently the facilitator for the daytime class, Writing Our Memoirs. He published his own reminiscences, “The First 80 Years,” seven years ago.



DAYTIME CLASSES AND SEMINARS

226 Great Decisions

Eight Tuesdays, 2:00 p.m. Park View Club Room
George R. Pitman

February 5, 19; March 5, 19; April 2, 16, 30; May 14



The Great Decisions Discussion Groups are sponsored by the Foreign Policy Association. It will enter its seventh year at Asbury this semester. The groups discuss current issues in international relations and foreign affairs. This year's eight topics include: Refugees and Global Migration; The Middle East Regional Disorder; Nuclear Negotiations—Back to the Future? The Rise of Populism in Europe; Decoding U.S.-China Trade; Cyber Conflict and Geopolitics; The United States and Mexico—Partnership Tested; State of the State Department and Diplomacy. A syllabus is provided by the Foreign Policy Association.

George R. Pitman, an Asbury resident, is retired from the U.S. Arms Control and Disarmament Agency and the U.S. State Department, where he served as the science advisor to the strategic arms control bureaus and to the strategic arms control delegations. He holds a PhD in physics and mathematics and has studied international relations at UCLA and evolutionary biology and anthropology at Montgomery College. He has taught at UCLA and the National Defense University. He has written books and papers on war and peace, including *Why War? An Inquiry into the Genetic and Social Sources of Human Warfare*; *The United States and the Two Koreas* (in press); and *Neither War nor Peace: A History of the Cold War and Strategic Arms Control 1945-1972*.

Registration: \$1.00; syllabus: \$35.00 including shipping

227 Watercolor Today

Eight Mondays, 1;30-3:30 p.m., Hefner Arts and Crafts Room
Yolanda Prinsloo

February 11, 18, 25; March 4, 11, 18, 25; April 1

This intermediate level course includes basic artistic development tools such as building composition, elements of art, color theory, and fundamental watercolor techniques. Each class will start with a constructive discussion of techniques followed by a short demonstration. There will be individual and continuous assistance as needed throughout the class. Students are encouraged to participate in critiques, evaluations, and goal setting for the next class. The approach for subject matter will be varied as well as student based.



Yolanda Prinsloo, originally from South Africa, has lived in Maryland for the past twenty years. She completed her BA in Fine Art and Education in South Africa under the tutelage of world-renowned artist, Paul Emsley, portrait artist for the Duchess of Cambridge. Ms. Prinsloo works in watercolor, oil, and graphite. Her work has been exhibited and collected across the United States and internationally. She has also illustrated *Christmas Rose* for author Dalton Delan.

Registration: \$1.00; tuition \$110.00

Maximum enrollment: 12

DAYTIME CLASSES AND SEMINARS

228 Anthony Trollope, *The Last Chronicle of Barset*

Seven Thursdays, 1:30-3:00 p.m. Hefner Arts and Crafts Room
Katharine Rogers

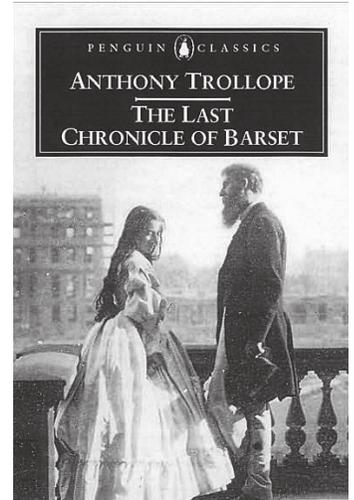
February 14, 21, 28; March 7, 14, 21, 28

This course will study *The Last Chronicle of Barset*, which Anthony Trollope considered the best of his 47 novels. He envisioned the fictitious cathedral city of Barchester one May evening as he spent an hour contemplating Salisbury Cathedral, and he wrote six novels about it. The first one introduces overbearing Archdeacon Grantly and gentle Mr. Harding. They are joined in the following novel by Bishop Proudie, whose main preoccupation is Whig politics, and his domineering wife. These characters continue their struggles for power in *The Last Chronicle of Barset*, but the book centers on Mr. Crawley, a noble-minded, miserably impoverished clergyman who is accused of theft. Trollope tells his tale with customary realism and his distinctive combination of sympathy, humor, and judgment.

To get the most from this course, you should read or reread the novel before we discuss it in class. Try to read the first seven chapters before the first class.

Katharine Rogers, an Asbury resident and professor emerita of English in the City University of New York, has published extensively on 18th and 19th century literature and women's studies.

Registration: \$1.00



229 Writing Our Memoirs

Six Tuesdays, 2:00-3:30 p.m. Hefner Arts and Crafts Room
Murray Schulman

February 26; March 26; April 23; May 28; June 25



Been thinking of writing your memoirs? Everyone has a story worth telling, so why not start now? Bring alive your photos, documents, and anecdotes to share with your children, grandchildren, and future generations. You'll be more than a leaf on the genealogical tree. Need motivation to begin? Join some of your neighbors who enjoy writing their memoirs. Listen to the essays they prepare each month for a given topic, and before long, you too will begin to recall, describe, and preserve memories of the road only you have traveled. Several of our members have published a volume and others are in a position to do so. What greater gift can you offer your family, friends, and yourself?

Murray Schulman, an Asbury resident and past dean of the Keese School, had a long career as a scientist grants administrator coordinating research and development programs in the Department of Energy's Office of Health and Environmental Research.

Registration: \$3.00 for the spring semester

DAYTIME CLASSES AND SEMINARS

230 The Lives of Great Christians

Twelve Wednesdays, 10:00-11:30 a.m. Wallace Community Room
Professor William R. Cook

March 13, 20, 27; April 3, 10, 17, 24; May 1, 8, 15, 22, 29



This course will focus on great practitioners of Christian life, from the first Christian missionaries and early martyrs to St. Patrick of Ireland and St. Francis of Assisi, to modern times and Dietrich Bonhoeffer, Martin Luther King, and Gustavo Gutierrez and Liberation Theology. Several of the portraits are of some of the greatest theologians, but Professor Cook focuses on their lives rather than their writings. Ultimately, God will not ask us what we know but how we have loved. Of course, there is a connection between know-

ing and doing—it is harder to live well if one does not know what love consists of. Looking broadly at the Christian lives as lived by a variety of individuals will help us understand more fully what it means to be a Christian and perhaps give new insight about God.

The lecturer in the DVD presentation is Professor William R. Cook, PhD and Distinguished Professor of History at the State University of New York at Geneseo. John Locke, a resident of Asbury and a deacon in the Catholic Church, facilitates the discussion.

Registration: \$1.00

NOTICES

The Apocryphal Jesus Seminar Postponed

The seminar “The Apocryphal Jesus”—a study of the early noncanonical apocryphal writings from Early Christianity—will not be offered in the spring 2019 semester. The Keese School expects a decision whether to resume this offering after a new director has been appointed to succeed Anne Ellestad as director of Pastoral Care and Counseling. The new director and the staff of Pastoral Care and Counseling will need time to plan their various services and programs.

AARP Smart Driver Hiatus

After many semesters spent steering Asbury residents through the Smart Driver program, Bob McDonough has parked his car as the certified instructor. For the future, the Keese School will consult with the regional AARP about obtaining a qualified instructor from their roster.

DIRECTIONS TO THE MEETING ROOMS

Conley Hall: On the lower floor of the Trott building across from the elevator.

Hefner Auditorium: On the main floor of the Hefner Community Building, directly across the lobby from the entrance.

Hefner Arts and Crafts: Off the corridor to the right of Hefner Auditorium.

Hefner Conference Room: Off the corridor to the left of Hefner Auditorium.

Mund Leisure Room: In the basement of the Mund building, near the elevator, across from the beauty salon.

Parker Hall: On the lower level of the Apartment Center. Turn right when you leave the elevator and the entrance to Parker Hall will be on your left.

Park View Club Room: On the first floor and to the right as you go in the front entrance of Park View.

Rosborough Library: Across from the main entrance to the Rosborough Auditorium.

Wallace Community Room: Coming from Hefner, bear left on the first floor to the elevators. The room is immediately after the elevators on the left.

CANCELLATION-REFUND POLICY

No refund of fees or charges for materials will normally be made.

Special circumstances will be considered individually.

In any special case, please call Bob McDonough, ext. 5651.

OTHER EDUCATIONAL OPPORTUNITIES AT ASBURY

APPLE CORPS: Formed in 2011, this group assists users of a variety of Apple devices in their practical application through classes, workshops, and sharing of experiences. The Apple Space Lab is in Rosborough where classes are held, with Gary Bennett of TechMedic4U.com as instructor. On Wednesday mornings from 10:30 to 12:00 noon, Jim Utterback, Apple Corps staff “tutor” and a resident of the Villas, is on hand in the Apple Place in Rosborough, where he volunteers to help residents resolve issues with their Apple devices (Macs, iPads, or iPhones). Another “tutor,” Cecile Pease of Trott, volunteers to help people with their iPhone; she can be reached at ext. 6468. Although there is no charge for these services, there is a box on the wall of the Apple Place for donations to Apple Corps. To find more information about Apple Corps, visit <https://sites.google.com/site/asburyapplecorps/home> or contact Jeanne North, assistant administrator, at tantemarie525@gmail.com.

AVTV LECTURE SERIES: The Asbury Village TV station (AVTV) offers courses on channel 975 that are produced by the Teaching Company and are taught by exceptional teachers and scholars. Check AVTV’s monthly Program Guide for the course schedule and lecture titles.

COMPUTER CLUB: This group oversees the computers in the Smithey Technology Center in Rosborough and the Carpenter Computer Facility on the ground floor of Diamond. Computers in these two areas are for the use of all residents. The two facilities rely on donations to cover expenses. The club also maintains the computer equipment in the Keith and Genevieve Steele Heritage Lab in the Administration Building. The club strives to keep residents aware of new developments in the computer world. In cooperation with the Jewish Council for the Aging, the club offers courses in the Smithey Center for users of Microsoft Windows. Schedules and enrollment forms are available in the Smithey Center. The club also offers one-on-one courses in the Carpenter Computer Facility. These are available on request. See the bulletin board outside of the Carpenter Facility for information. The club offers technical support each Thursday, 1:00-3:00 p.m., in the Smithey Center. All AMV residents are welcome to participate in these activities. For further information, call Bob Samworth, president, at ext. 6305, or email samworthrb@outlook.com.

CYBER ASBURY: This organization provides an umbrella over the Computer Club, the Apple Corps, the Photography Group, and the Heritage Lab, enabling them to work together toward common goals. At 1:30 p.m. on the second Thursday of each month, Cyber Asbury invites a guest lecturer to discuss computer applications of interest to all residents. Programs are usually held in the Rosborough Theater. However, watch bulletin boards for details of the topic and location. News about activities appears on AVTV. A monthly newsletter, distributed via email, offers news of events and articles about new technical developments. For further information, call Bob Samworth, chair, at ext. 6305, or email samworthrb@outlook.com.

OTHER EDUCATIONAL OPPORTUNITIES AT ASBURY

LIFE ISSUES DISCUSSION GROUP: This group gathers for two, four, or six sessions to discuss a topic suggested by a current book. The meetings are held on the second and fourth Wednesday of each month, September through June, in the Community Room of Wallace, 1:30-3:00 p.m. One member of the group volunteers to lead the discussion for each meeting so that the leadership changes from session to session. There is no membership fee but a roster of participants is kept to expedite the purchase of the next book. For further information, call Rosemary Ross, phone 5755.

NORDIC FRIENDS: This group of Asbury residents meets regularly to share stories of Nordic ancestry and the history of Norway, Sweden, Denmark, and Finland. The meetings are the second Saturday of each month at 10:30 a.m. in the Hefner Arts and Crafts Room. For more information, call Rhoda MacKenzie, phone 5676 or email *rhodamac4@aol.com*.

OPEN STUDIO FOR ARTISTS: For all who wish to draw or paint, the Hefner Arts and Crafts Room is open every Tuesday and Thursday from 10:00 a.m. to 12:00 noon. Ruth Lotz (Diamond 413, phone 5819) is the coordinator. There is no fee and the welcome extends indefinitely.

NOTE

Any organization that is run by and for the residents of Asbury Methodist Village and that offers educational opportunities such as classes or lectures is welcome to submit a description of its offerings for inclusion in the Keese School catalog, subject to the approval of the Keese School Curriculum Committee.

REGISTRATION FORM SECOND SEMESTER 2018-19
LECTURES, RECITALS, CLASSES AND SEMINARS

REGISTRATION DEADLINE WEDNESDAY, JANUARY 23

THIS IS YOUR COPY

No.	Date	Lectures and Recitals	Registration Fees	Enter Your Cost
201	Feb 4	Yoga for Healthy Aging and Longevity	\$1.00	
202	Feb 7	Financial Documentation and Taxes	\$1.00	
203	Feb 11	Archaeology of the Josiah Henson Site	\$1.00	
204	Feb 14	The Impact of Cell Phones and the Internet on Popular Movements	\$1.00	
205	Feb 18	Pardon Our French	\$8.00	
206	Feb 21	Pro Israel, Pro Palestine, Pro Peace	\$1.00	
207	Feb 25	Letters from the Front Line	\$1.00	
208	Feb 28	Toilet Talk #2	\$1.00	
209	Mar 4	Soup's on!	\$8.00	
210	Mar 7	Walking for Fun, Fitness, and Friendship	\$1.00	
211	Mar 11	Coming to America . . . Voices of Those Who Came	\$1.00	
212	Mar 14	Out of Sight, Into the Fray	\$1.00	
213	Mar 18	Across the Pond and Beyond the Border	\$8.00	
214	Mar 21	Aging as a Spiritual Journey	\$1.00	
215	Mar 25	Estonian Folk Dress: A Living Legacy	\$1.00	
216	Mar 28	The Society of the Cincinnati: Who, What, When, Where, and Why	\$1.00	
217	Apr 1	Climate Change: Warming and Weird Weather	\$1.00	
218	Apr 4	<i>The Family Tree</i>	\$1.00	
219	Apr 8	"The Man Who Knows"	\$1.00	
220	Apr 11	Sally Ride—Reach for the Stars	\$1.00	
221	Apr 15	Rediscovering Fire: The Evolution of Teilhard de Chardin	\$1.00	
222	Apr 18	Diving Beneath the Surface of American Family Finances	\$1.00	
223	Apr 22	Finding Meaning and Spirit in Aging	\$1.00	
224	Apr 25	She Goes with <i>Gusto</i> : Travels with Mary Walker	\$1.00	
225	Apr 29	Memories for the Future	\$1.00	
		Subtotal – carry forward		

REGISTRATION FORM SECOND SEMESTER 2018-19
LECTURES, RECITALS, CLASSES AND SEMINARS, CONTINUED

REGISTRATION DEADLINE WEDNESDAY, JANUARY 23

THIS IS YOUR COPY

No.	Start Date	Classes and Seminars	Registration Fees	Enter Your Cost
226	Feb 5	Great Decisions	\$36.00	
227	Feb 11	Watercolor Today	\$111.00	
228	Feb 14	Anthony Trollope, <i>The Last Chronicle of Barset</i>	\$1.00	
229	Feb 26	Writing Our Memoirs	\$3.00	
230	Mar 13	The Lives of Great Christians	\$1.00	
		Classes and seminars subtotal		
		Lectures and recitals subtotal		
		Total amount due		
		RETAIN THIS COPY FOR YOUR RECORDS		

