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The Keese School is run by and for the residents of Asbury Methodist Village and offers a wide range of lectures, classes, and musical events that are approved by the resident Curriculum Committee. The faculty consists of both resident and outside experts in a variety of fields. The academic year has two semesters that run from September through May.
The Keese School
Education Awards Fund

Each year in May the Keese School gives Education Awards to deserving associates who serve in the dining rooms and who are enrolled in college. The Awards are funded by surpluses in the Keese School budget and by gifts from Asbury residents.

To make a contribution, checks should be made out to the Asbury Foundation with “Keese School Education Awards” designated in the memo line. Please send your check to the Keese School treasurer, Liz Lostumbo (Courtyard Home 343), for tabulation. She will forward your check to the Asbury Foundation, which will send you an acknowledgment of your tax-exempt gift and disburse the final Awards.
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Registration Notice

The registration fee for each lecture is $1.00 in advance or $2.00 at the door. The registration for musical events is $8.00 in advance or $9.00 at the door.

The deadline for advance registration is Wednesday, January 22. Late registrations for lectures will be processed after that date. However, once the attendance list for any particular lecture has been prepared and distributed, late registrants will be expected to pay the walk-in fee of $2.00 at the door. The $1.00 registration fee included with the registration form for those lectures will be retained.

Registration for daytime classes will be taken late without penalty.

Any changes to the schedule presented in this catalog will be posted on AVTV (channels 975 & 976), www.myamv.org, and all bulletin boards. In the case of bad weather, the Keese School will follow the Montgomery County policy on school closings.
Where do our trash and recyclable materials go? Down Rockville Pike (Route 355) about three miles from Asbury is the entrance to the Montgomery County Shady Grove Processing Facility and Transfer Station. Here the County’s trash and recyclables are initially delivered for processing. It’s an amazing, coordinated, even inspiring place. How does it all get managed? What happens to the recyclable materials we place in the recycling bins?

What is the future for solid waste management in Montgomery County? From the Montgomery County Department of Environmental Protection’s Recycling and Resource Management Division, Eileen Kao and Alan Pultyniewicz will describe the County’s ongoing efforts toward the goal of reducing waste and recycling 70 percent of it. The County’s ultimate goal is to achieve Zero Waste. What would that mean? Is it achievable? What steps can the Asbury community take to help move the county toward Zero Waste?

Ms. Kao has over 28 years of experience in solid waste management with the Recycling and Resource Management Division. She is Chief of the Waste Reduction and Recycling section, managing programs involving single-families, multiple families, and commercial organizations. She oversees enforcement of the County’s solid waste laws and recycling regulations, reduction of yard trim, food scrap recycling, and the County’s recycling volunteer program.

Mr. Pultyniewicz, Recycling Coordinator, is responsible for the County’s efforts at providing education, training and technical assistance to single-family residents, multi-family properties, businesses, organizations, and local, state and federal government facilities. His topics include waste reduction, reuse, recycling, buying recycled products, and composting or grasscycling yard trim materials. He has been with the Recycling and Resource Management Division for 20 years.
202 Asbury Quilters – Show and Tell

Thursday, February 6, 7:30 p.m. Parker Hall

Nancy Boretos, Evelyn Flittner, Lois Gawler, Dot Hartley & Barbara Kilby

What is a quilt, and why does quilting appeal to so many people? Through many centuries of history, quilts have provided us with warm bedcovers, insulated coats and petticoats, cushioning under medieval armor, and beautiful wall hangings. Quilting “bees” as a social gathering have now become quilting guilds with scores or even hundreds of members, smaller mini-groups, and charity quilting committees that donate quilts to hospitals and shelters.

The frugal image of quilts made of homespun and hand-sewn scraps contrasts with today’s computerized quilting and the hundreds of bolts of colorful fabric on display at any quilt shop. The typical 21st century quilter will admit that her art can be an expensive one. You can still make quilt tops by hand or on a simple domestic sewing machine, but you can also use a sophisticated embroidery machine or a long-arm quilting machine that costs thousands of dollars. Quilters go on bus trips or shop hops to add to their fabric stashes; they go on ocean cruises and quilting retreats to sew all day or late into the night. So is quilting a hobby, a handicraft, a skilled pastime, a social outlet, or an art like painting and sculpture? Five Asbury quilters will explain what quilting means to them, and each will exhibit examples of her work.

After the panel presentation, there will be time for audience questions, and the quilts will be spread on tables for closeup inspection.

The Asbury presenters are from Trott: Nancy Boreto and Dot Hartley; from Wallace: Lois Gawler; from Diamond: Evelyn Flittner; and from the Villas: Barbara Kilby. They have been quilting for many years and are members of local quilting groups: Bethesda Quilters, Nimble Fingers Quilters, and Friendship Star Quilters.

The historical John Wesley Baltimore Album Quilt sewn between 1849-1850 discovered in 2000 in an AMV storeroom. The quilt was appraised in 2004 at between $25,000 to $150,000. Its panels tells a story of the founding of Methodism by John Wesley and has other Methodist symbols.
**203 Raising Thunder**

*Monday, February 10, 7:30 p.m. Hefner Auditorium*

**Michael Book**

In West Virginia, a bald eagle gets her wing clipped by a rifle shot. She can never fly again, never soar, dive, or pounce. She can never be released back into the wild. Michael Book, a naturalist, meets Thunder, a three-year-old female…and their adventure begins. Raising Thunder is Michael and Thunder’s story—from their first year of learning mutual trust through the twenty-one years in their joint roles as educational ambassadors for the West Virginia Raptor Rehabilitation Center. Think of the difficulties in staying at a motel. Thunder needs not to be caged; she needs room to spread her wings—an eight-foot span. She needs to bathe and eat. Consider a typical day at a grade school. How do you introduce an uncaged raptor to hundreds of students…and who in such circumstances needs the more training?

Growing up on a farm, Michael was entranced with raptors from childhood. Drafted after college, he flew as an aerial intelligence officer in Vietnam. Ironically, one of his aircraft was no bigger than a large raptor…a glider fitted with a small automobile engine and an extensive muffler system. He flew silently, keeping an eye out for prey.

After his military experience, he worked as a wildlife biologist for the West Virginia Department of Natural Resources. There in 1977, he did his first raptor rehabilitation. In the Spring of 1983, he and a small group of biologists decided to put together the West Virginia Raptor Rehabilitation Center which has grown ever since, with the same mission. Their most urgent mission is to do raptor rehabilitation, but their most important mission is to provide quality environmental education in the hope of someday educating themselves out of a job.

**204 Words and Swords: Shakespeare’s Languages for Living…and Not**

*Thursday, February 13, 7:30 p.m. Parker Hall*

**Sandy Mack**

William Shakespeare didn’t know “deep” truths about life that most of us haven’t learned despite years of experience or are only learned at great personal cost. But he knew everything about how to let us—make us—explore what living in a complex and changing world feels like. He wrote plays, not essays, presumably because he saw life dramatically: pinch-ouch, action-reaction. We will look at a few signal moments when Shakespeare’s characters (Macbeth, Romeo, Leontes, King Lear) either find a language adequate to their situation or fail to—usually fatally.

Dr. Maynard (Sandy) Mack taught English at Harvard and then the University of Maryland, where he also served as Associate Dean of Undergraduate Studies and Director of the University Honors Program. Sandy and his wife Elaine first learned about AMV years ago when he led an Asbury discussion on Shakespeare’s King Lear.
Evening Lectures and Musical Events

205 “The British Are Coming . . .”
Monday, February 17, 7:30 p.m. Hefner Auditorium
Ensemble à la Carte

For the past 15 years, Ensemble à la Carte, a woodwind quintet, has been delighting audiences across the Washington-Metropolitan area. For their third performance at the Keese School, the quintet has selected a program called “The British are Coming . . .” The concert will feature music by: Norman Hallam, a British composer and clarinetist who at age four became wheelchair dependent; Paul Patterson, another British composer perhaps best known for his works for harp; Jean Françaix, a French composer (oops, how did he get in there?); and variations on the well-known English folk song Scarborough Fair.

Members of the ensemble are Karen Judkins, flute; Kristana Johnson, oboe; Angela Murakami, clarinet; Lora Katz, French horn; and Robin Gelman, bassoon. Ensemble à la Carte invites you to their concert, which is full of charming music and commentaries, written and verbal.

206 John Hinkley, a Failed Assassin: The Inside Story of What Happened and Why
Thursday, February 20, 7:30 p.m. Parker Hall
James J. Lucey, U.S. Secret Service Retired

On March 30, 1981, Ronald Reagan, the 40th President of the United States, was shot and wounded by John Hinckley Jr. in Washington, D.C., as he was returning to his limousine after a speaking engagement at the Washington Hilton Hotel. Hinckley’s motivation for the attack was to impress actress Jodie Foster, with whom Hinckley was obsessed after seeing her in the 1976 film, Taxi Driver. James Lucey will share the inside story of Hinckley’s failed assassination attempt on Ronald Reagan from an “insider’s” perspective.

Mr. Lucey, a retired Secret Service Special Agent, is very knowledgeable about this topic as, over the years, he has provided protection for many presidents and visiting heads of states.
Evening Lectures and Musical Events

207 Making It Count—the 2020 Census and Gaithersburg
Monday, February 24, 7:30 p.m. Hefner Auditorium
Ashaduntae Kemp, U.S. Census Bureau

The 2020 Census: It’s important that everyone be counted—including all Asbury residents and our neighbors.

- Our counted state population determines how many seats Maryland has in the U.S. House of Representatives.
- The Federal government distributes billions of dollars for government services and community programs based on census data.
- Census information helps to determine where we locate schools, immigrant resource facilities, hospitals, public safety facilities, and other important services and resources.
- Businesses make important investment decisions based on census data.

Ashaduntae Kemp will lead an in-depth look at the 2020 Census and discuss new ways to communicate its importance. She will talk about how to reach hard-to-count populations and how to encourage participation. She will lead an interactive session, allowing Asbury residents to think outside the box and brainstorm with others to develop creative ways to engage the local community.

Ms. Kemp, a Partnership Specialist at the U.S. Census Bureau, works to establish strategic partnerships throughout Maryland, with a particular focus on Montgomery County. Her goal is to increase, through these partnerships, participation by traditionally undercounted populations. Ms. Kemp, who is a United States Air Force Veteran, has resided in Montgomery County since 2003.

208 Time-Travel with Virginia Hall
Thursday, February 27, 7:30 p.m. Parker Hall
Rosemarie Law

American hero Virginia Hall was one of the greatest espionage agents of World War II. Behind enemy lines in France, Hall was a master of disguises, working for the British Special Operations Executive (SOE) and the United States Office of Strategic Services (OSS). She organized, armed, and trained three battalions of French Resistance fighters, preparing for D-Day. She saved the lives of Allied agents when they fell into harm’s way. After the war, Hall was among the first officers in the newly formed Central Intelligence Agency (CIA), where she worked until retirement.

Rosemarie Law breathes life into this legendary champion of worldwide freedom and democracy through her research, writing and living-history portrayal. She is a teaching-artist with the Maryland State Arts Council, combining literature, history and drama in her performances throughout the East Coast. She is the author of journal articles, essays, and poetry books for adults and children. A graduate of Johns Hopkins University and Towson University, she has taught Literature, Writing, and Sociology at the college level.
209 Iran: Its Potential as Experienced and Now?

Monday, March 2, 7:30 p.m. Hefner Auditorium
Andy Mott

Fifty years ago, Mohammed Rez Pahlavi was the Shah of Iran. He had consolidated royal power and increased the role of the feared state police SAVAK. He had seen Iran grow into the strongest economy in the Middle East and had encouraged wider education, not only for men but also for women. At about the same time, Peace Corps volunteer Andy Mott began to offer an innovative curriculum on National Development at Iran’s bilingual national Pahlavi University. He was teaching about political science and community development, including the role of village workers. That began a life-long career as a builder of community organizations, and he continued his interest in Iran throughout this career.

Andy will set the context for his presentation with a ten-minute Frontline excerpt, followed by an interactive discussion with the audience. Along the way, he will touch on such topics as the Islamic Revolution, current Iranian social conditions and politics, Iran’s current and future role in the Middle East, and the history and future of US/Iranian relations. He will end the session with a five-minute clip about ordinary civilian life in Iran today.

Andy Mott is a Harvard graduate who received his law degree from the University of Michigan. For twenty-four years, he helped lead the Center for Community Change. He then founded and became the executive director of Community Learning Partnerships (CLP). Now a multi-state operation, CLP works to create educational and experiential pathways for careers in community organization, with a special emphasis on changes to low-income neighborhoods and communities of color. In his retirement, Andy remains on the board of CLP.

210 Turkey and Greece-Beginnings of Civilization and Abrahamic Religions

Thursday, March 5, 7:30 p.m. Parker Hall
Barbara Jean Van Meter

Turkey and Greece have played such pivotal roles in Western history that visiting them makes both history books and those of the three main monotheistic religions come alive. Many of the stories found in those books occur in that area.

This talk will attempt to answer such questions as: Where is the Fertile Crescent, the birthplace of Western civilization? Where is the original land of Israel? Where did Abraham, the foundational figure in all three religions, come from before his travels to the Mediterranean shores? Where did the story of Jonah and the whale take place? Where is Mt. Ararat, which the Old Testament says was the resting place of Noah’s ark? Saul (Paul) was from Tarsus, where is that city? Where did Paul make his journeys?

Barbara Jean Van Meter is an emeritus professor at Montgomery College in Rockville and Germantown and an adjunct professor at Hagerstown and Frederick Community Colleges. She has a B.S. from Frostburg State University and a M.A. from Hood College in Maryland. She has published articles on education and reading and a children’s book on grief, Laughter in Heaven. She has toured Turkey and Greece in search of earlier civilizations, and has given presentations on education, ESL, and the results of that search.
Evening Lectures and Musical Events

211 Sharp Flashes of Lightning Come from Black Clouds: The Life of Josiah Henson
Monday, March 9, 7:30 p.m. Hefner Auditorium
Jamie Ferguson Kuhns

Later in 2020, the Montgomery Parks will formally open the Josiah Henson Museum and Park at an archeological site on a portion of what once had been the Isaac Riley plantation. Who was Josiah Henson? How is his story connected to that of Uncle Tom, in Harriet Beecher's Stowe's novel?

Relying upon Josiah's own dictated story and her ten years of research, Jamie Kuhns will give us a fuller understanding of Josiah Henson's life as expressed in her recent biography, Sharp Flashes of Lightning Come from Black Clouds: The Life of Josiah Henson.

Josiah was born a slave in 1789, entrusted at eighteen by his owner Isaac Riley to manage his Montgomery County plantation. He became a Christian and then a minister while still enslaved. He faced being sold “down the river” when Riley faced financial troubles, but instead risked with his wife a winter flight in 1830 across the Ohio, through to upstate New York, and then to Canada—where he founded a self-reliant community for free blacks, the Dawn settlement. Free in Canada, he risked re-enslavement by venturing back into the United States. After the Civil War, he learned to read, spurred by the example of his ten-year-old son. He passed away in 1883 at the age of 93.

Jamie Ferguson Kuhns will flesh out these glimpses, add important facts, and share her experience as the Senior Historian for Montgomery County’s Parks Department. She will enrich our understanding of Josiah Henson by her research into primary sources about the times and circumstances surrounding his life.

212 Clara Barton’s Washington, Discover Washington Through The Eyes of Clara Barton
Thursday, March 12, 7:30 p.m. Parker Hall
Susan Rosenvold

Susan Rosenvold, a Civil War specialist, will walk us through Washington D.C. during the Civil War through the eyes of Clara Barton. Clara Barton, who founded the Red Cross, began her illustrious career as a teacher. She became an independent self-trained nurse, and during the War was known as the “Angel of the Battlefield.” She was also a lobbyist, humanitarian, writer, and philanthropist.

Ms. Rosenvold has a master’s degree in History with a Civil War concentration, specializing in Clara Barton’s and Lt. General James Longstreet’s lives and roles during the Civil War. Ms. Rosenvold offers lectures, guided tours, PowerPoint presentations, and first-person portrayals (in period dress).
213 Helen Tenenbaum, Pianist
Monday, March 16, 7:30 p.m. Hefner Auditorium
Helen Tenenbaum

Pianist Ellen Tenenbaum will play works by Bach, Chopin, Rachmaninoff, and Scott Joplin. She will give brief introductions to each piece, providing context about the composers and their music.

Ms. Tenenbaum serves on the music faculty at Princeton University. She studied under Francine Kay, a well-known New York pianist. She has given concerts in the Greater Washington Area under the auspices of the Washington Piano Society, and she also performs in churches, libraries, senior living centers, and community centers in New Jersey and New York City. She and her husband live in Princeton, New Jersey.

214 Asbury Kindley Assisting Living Facilities:
Everything You Always Wanted to Know but Were Uncomfortable to Ask
Thursday, March 19, 7:30 p.m. Parker Hall
Gretchen Moshier

Last year, Kindley Assisted Living celebrated 20 years of operation. During that time, Kindley has been the home to nearly 3,000 residents and has been a great source of pride for all who have served there. It is licensed as a Level 3 provider by the State of Maryland, meaning that our clinicians and other professionals are competent to provide care to those with complex medical conditions.

Kindley houses 133 apartments of varying floor plans with dining and social space offered on each of its 6 floors. Besides a well-stocked library, there is a spacious gym for therapy and wellness activities.

The 6th floor serves as the Reflections Memory Support neighborhood which offers 23 apartments and opportunities for day programming for Asbury residents. Those excellent facilities are also open to those who live outside our gates.

Ms. Moshier, MBA, LMHA, is the Administrator of Kindley. She is a licensed nursing home administrator and licensed social worker with 21 years of experience in skilled nursing care, acute care, assisted living and dedicate memory care. She is passionate about her work, having been inspired by caring for her grandmother as a teen.
Evening Lectures and Musical Events

215 Gun Violence Prevention
Monday, March 23, 7:30 p.m. Hefner Auditorium
Andrew Patrick, Claire Gelillo & Aishlinn Kivlighn

In February 2018, seventeen people were killed when a gunman opened fire with a semi-automatic rifle at Stoneman Douglas High School in Parkland, Florida. This shooting came at a time of heightened public support for gun control that followed other mass shootings across the United States. This event encouraged Parkland student survivors to begin advocating for legislative action on gun violence, triggering many other student movements across the country. In the wake of this massacre, students in our own Montgomery County united and founded MoCo Students for Change (MoCo).

The Gaithersburg Beloved Community Initiative (GBCI) brings together some of these Montgomery County youth activists and an experienced communications leader to discuss their approaches in support of gun violence prevention and evidence-based legislation.

Andrew Patrick, the Communications Director of the Coalition to Stop Gun Violence (CSGV), who began working at CSGV in 2013 as a Virginia organizer, is currently in charge of media strategy. He holds a bachelor’s degree in communications and political science from the University of Tennessee-Knoxville and a master’s degree in public relations from Kent State University.

Claire Gelillo, a junior at Richard Montgomery High School, is currently serving as a Co-President of MoCo. She is working to expand opportunities for students to create meaningful change on issues such as gun violence, climate change, and social inequity.

Aishlinn Kivlighn, a senior at Thomas S. Wootton High School in Rockville, is a Co-President of MoCo. She fights for gun violence prevention, social equity, and climate reform through lobbying, demonstrating, and mobilizing her peers. In the future, she hopes to practice law to continue her advocacy for progressive policies.
216 The Better Angels, Five Women Who Changed and Were Changed by the American Civil War
Thursday, March 26, 7:30 p.m. Parker Hall
Robert Plumb

Robert Plumb will speak about his forthcoming book, The Better Angels, which describes the lives of five remarkable women: Clara Barton, Julia Ward Howe, Sarah Josepha Hale, Harriet Beecher Stowe, and Harriet Tubman. Their actions during the American Civil War led them to prominence during the War and later launched them into successful public roles. Mr. Plumb will cover highlights of those women’s contributions, their legacies, and the defining qualities such as courage, self-assurance, and persistence, which led to their accomplishments. Copies of his book will be available after the talk.

Mr. Plumb is a resident of Montgomery County and a long-time member of the Historical Society’s Speakers Bureau. After a career with GE and Fannie Mae, he wrote his first book, Your Brother in Arms: A Union Soldier’s Odyssey, which was presented a few years ago at Asbury. The Better Angels will be published in March 2020 by Potomac Books, an imprint of The University of Nebraska Press. Mr. Plumb is a graduate of State University of New York at Buffalo and the Newhouse School at Syracuse University, and he has sometimes attended the Yale University Writing Program. His writing has appeared in The Montgomery County Story, the Washington Post, and the Washington Post Magazine.

217 Haiti Again at the Confluence
Monday, March 30, 7:30 p.m. Hefner Auditorium
Tony Campolo & Armèle Vilceus

Haiti, the nation of the first slave revolution, which influenced the civil war in the USA, is once more demonstrating for freedom. Over the past year, Haiti has been in the news, not just for the continuing impact of recent earthquakes and hurricanes but for the huge political tempest of almost daily protests. The protesters want to get rid of country President, Jovenel Moïse, because they consider him corrupt.

Now, President Trump is threatening to eliminate the protected status of 60,000 Haitians in the US, which could have a large impact on some of our friends and neighbors here in the Washington area.

Tony Campolo and Armèle Vilceus will discuss our close Caribbean neighbor and its relationship to us.

Dr. Campolo is an ordained minister of the American Baptist Church with a PhD from Temple University. He is founder and president of the Evangelical Association for the Promotion of Education (EAPE) and Haiti Partners. He has written 35 books, blogs regularly, and appears on numerous TV and radio shows.

Ms. Vilceus from Pétionville, Haiti, who worked for the World Bank for ten years, lives in Takoma Park. She is founder of the Community Empowerment Network, which has a board of Haitians of the Diaspora and works on the ground in Haiti in both urban and mountain neighborhoods.

This statements above reflect the conditions in Haiti as of November 2019. By March 2020, Haiti may be in a significantly different position.
Evening Lectures and Musical Events

218 Where Are the Boundaries?
Thursday, April 2, 7:30 p.m. Parker Hall
Janis Ramey

In this era of the “Me Too” movement, many men (and women) are fearful of inadvertently overstepping social bounds or projecting the wrong impression. This might be especially true of older people, who have a lifetime of behavior expectations behind them. How should we behave? What do we need to recognize and change? What are the cues? Even older women are subject to inappropriate or uncomfortable touching and language, such as a hand on the leg or a lingering hug. How should women respond? This presentation will help clarify the boundaries for both men and women.

Janis Ramey has been teaching at the Osher Lifelong Institute at Carnegie Mellon University for several years. She’s a retired independent technical writer who helped scientists and engineers write about their work. She also taught technical writing to technical people in their workplaces and at the University of Pittsburgh and Chatham University. She has both bachelors and masters degrees from Carnegie Mellon University.

219 Music of Colonial Maryland
Monday, April 6, 7:30 p.m. Hefner Auditorium
Dr. David Hildebrand

David Hildebrand, a specialist in early colonial music, will present a lecture/concert on Maryland music from the colonial era. The event will include patriotic songs, ballads, marches, dance tunes, and theater songs heard in the 18th-century in Maryland and beyond, probably by important listeners such as George Washington, Benjamin Franklin and Francis Scott Key. Based on decades of researching, arranging, recording, and performing early American music, David will speak, sing, and play upon the Baroque guitar, English guitar, English flute, and spinet (harpsichord).

Dr. Hildebrand, the director of The Colonial Music Institute, received an M.A. from George Washington University and a Ph.D. from The Catholic University of America. He is the co-author of Musical Maryland: A History of Song and Performance from the Colonial Period to the Age of Radio (Johns Hopkins University Press, 2017). Since 1980, he and his wife Ginger have presented their programs throughout the country for educational institutions such as Mount Vernon, the Smithsonian Institution, the National Archives, Colonial Williamsburg, and the Styriarte Festival in Graz, Austria. They have provided soundtrack materials and served as period music consultants for several PBS broadcasts. Together, they have issued seven full-length recordings, two of which focus on early Maryland.
220 Touching Space: Visitors from Another World  
Thursday, April 9, 7:30 p.m. Parker Hall  
Doug Ross

From causing mass extinctions to revealing clues about the origin of the solar system, meteorites have been important throughout our planet’s history and will continue to be so. We are currently experiencing a golden age of meteorite science, with many exciting recent advances. Information will be presented on the identification of various meteorite types including the difference between a meteorite and a meteorwrong. Other subjects that will be discussed are the development of Meteor Crater, the end of the dinosaurs, and the great Siberian fall of 2013.

Space rock enthusiast Doug Ross has had a lifelong interest in space science, and the great outdoors, combined into a passionate hobby of hunting meteorites. He has found over 100 meteorites including two unique finds published in the *Meteoritical Bulletin*. He volunteers in the meteorite division at the Smithsonian’s National Museum of Natural History. When he is not preoccupied with space rocks, Doug works as a freelance professional musician who has performed at Asbury.

221 The Power of Story from a Lesbian Belle  
Monday, April 13, 7:30 p.m. Hefner Auditorium  
Elizabeth McCain

Stories provide medicine for the soul. When we tell or listen to a story, a spark ignites in us. Our hearts open because we are touched to know that we are all connected through the universality of human experience. Based on her one-woman play, “A Lesbian Belle Tells...,” Elizabeth McCain will talk about her experiences of growing up in Mississippi, coming out in DC, experiencing family estrangement, and finding love and belonging.

Elizabeth McCain is a professional storyteller, playwright, counselor, and shamanic Interfaith Minister in Takoma Park, where she lives with her spouse, Marie, and their two dogs. She supports women, LGBTQ folks, and elders who share and reframe their personal stories of loss, betrayal, and spirituality. She also offers spiritual counseling to the dying and their families and friends. Her memoir, *A Lesbian Belle Tells... OUTrageous Southern Stories on Family, Loss, and Love*, will be published in the spring of 2020. Learn more by visiting www.elizabethmccain.com.
222 Titanic—Little-known Facts and Myths that Persist  
Thursday, April 16, 7:30 p.m. Parker Hall  
Lynne Rychlec

After 108 years, the sinking of the “unsinkable” RMS Titanic, the “greatest ship ever built,” continues to interest millions of people around the globe, even though there are no longer any survivors or others with living memory of that epic disaster. What we have now—and what continues to fuel our imagination—are a variety of myths, legends, “fake news” facts, and state-of-the-art technologies that challenge us to sort through this bewildering thicket of information. This presentation will share some little-known facts and pull the curtain back on some of the most pervasive myths that still populate our collective imagination.

Lynne Rychlec, an Asbury Villa resident, is a member of the Titanic Historical Society, with a six-decade-long interest in sorting out fact from fiction when it comes to the world’s most memorable shipwreck. She began by reading (starting at age twelve) all 1100 pages of the 1912 Congressional Inquiry Report of the disaster, followed by devouring libraries of literature—from the fantastical and speculative to myth-busting science. She has visited the Belfast shipyard where the Titanic was built, and she follows contemporary discoveries that sometimes upend cherished beliefs about how and why the great ship sank. Her activities on this project involve exhaustive research, careful analysis, and surprising discovery.

223 At the Foot of Kilimanjaro—the Outward-Bound Mountain School  
Monday, April 20, 7:30 p.m. Hefner Auditorium  
Jay Hatch

For almost a year, Jay Hatch was an Instructor at the Outward-Bound Mountain School (OBMS) on the side of Mt. Kilimanjaro. The school provides exposure and training to East African youth, challenging their physical, mental and social skills while honing an appreciation and understanding of nature. It also teaches the students to become team members, leaders or followers. The Outward-Bound three-week courses are based on small group experience carried out amidst natural challenges, including a few nights and days solo, either on the plains of Kenya or the mountain’s slope in Tanzania.

Jay is a ten-year resident of the Villas who served three years in the Peace Corps in Tanzania. The OBMS work came when he wrangled an appointment as the Tanzanian representative instructor after two years as a primary school teacher. It led to his reaching the top of Mt Kilimanjaro six times and helped to cement his interest in the out-of-doors and alternative forms of education.
Evening Lectures and Musical Events

224 The American Church in the Post-Christendom Era

Thursday, April 23, 7:30 p.m. Parker Hall
Norm Gordon

Emperor Constantine endorsed and promoted the Christian faith in 313 A.D. This radically altered the way the church was respected by society at large—from a fledgling movement of believers to an institutionalized organization with an official relationship to government. Seventeen hundred years later, the church is losing its exalted position as the go-to moral authority for Western culture. For the most part, the mainline church is at a loss as to its new role in this post-Christendom era and is struggling to adapt. As Christians consider new ways of being followers of Christ in the world today, opportunities abound for re-discovering what it means to follow Him authentically, corporately, and responsibly. Who knows? We may find a whole new faith on the other side!

Norm Gordon is a native of Gaithersburg. He served as an Associate Pastor at Gaithersburg Presbyterian Church from 2007 to 2015, and is currently the Pastor of Idylwood Presbyterian Church in Falls Church, VA. He has a B.A. from Davidson College in North Carolina and a Master of Divinity degree from Fuller Theological Seminary.

225 Memories for the Future

Monday, April 27, 7:30 p.m. Hefner Auditorium
Murray Schulman

At least eight Asbury neighbors will share their essays describing special events, places or persons from a memoir they are writing for their families and relatives. A brief profile and a photo taken when they were “young and beautiful” will introduce each speaker. You will surely enjoy and relate to the various subjects and experiences they address and wonder why you haven’t tried to describe your own stories as a legacy for your family.

Murray Schulman, an Asbury resident and past dean of the Keese School, had a long career as a scientist grants administrator, coordinating research and development programs in the Department of Energy’s Office of Health and Environmental Research. He is currently the facilitator for the daytime classes on Writing our Memoirs. He published his own reminiscences, The First 80 Years, eight years ago.
226 Behind the Eagle’s Beak

Thursday, April 30, 7:30 p.m. Parker Hall

Mark Nixon

The United States (US) and Soviet Union (USSR), former WWII allies, found themselves at the center of a global Cold War in the latter part of the 20th Century. Both nations didn’t hesitate to deploy sophisticated signals and intelligence collection techniques in order to gain an advantage over the adversary.

In “Behind the Eagle’s Beak” Mark Nixon, staff historian at the Center for Cryptologic History (CCH) at the National Security Agency (NSA), recalls the US pursuit of the source of unexplained signals emanating from a US secure facility in Moscow. He tells the story of the shocking discovery of the Great Seal Bug, a Soviet listening device hidden in a wooden copy of the US Great Seal, in September 1952.

Retired from the NSA after a 40-year career, Mr. Nixon lectures on cryptologic history for the CCH. His most recent project is a history of the 1954 Joseph Petersen spy case. Mostly forgotten today, Petersen was an expert US cryptanalyst for many years. On October 1, 1954 he was dismissed from NSA and days later arrested by the Federal Bureau of Investigation. His admission of ongoing illegal activities struck at the heart of American Cold War cryptologic supremacy.

227 Remembering Kent State on the 50th Anniversary of May 4th

Monday, May 4, 7:30 p.m. Hefner Auditorium

J. Arch Phillips

The late 1960’s and early 1970’s were dreadful times for our country and especially for our young people. Unrelenting riots during the Democratic Convention in Chicago, the assassinations of Martin Luther King and Bobby Kennedy, student uprisings, racial strife, and revolt against the Vietnam War were capped off by the killing of four students at Kent State University by ill-prepared national guardsmen.

Kent State University, a rapidly growing regional university during the 1960’s, had stellar presidential leadership supportive of student rights, free speech, and academic freedom. Despite this advantage, dissent raged just below the surface, leading to multiple student demonstrations. While uprisings occurred on innumerable campuses, none reached the fever pitch of the week of May 1 to 4 at Kent State which culminated in 13 seconds of random shooting at high noon, May 4 1970, killing four and wounding nine students.

Arch Phillips, a resident of Asbury, is Professor Emeritus of the Graduate School of Education at Kent State University. He was a member of the Faculty Senate during those troubled times. With colleagues, he walked the campus on those warm nights of May 1st and 2nd to connect with students and try to calm troubled waters. He will tell his story of being there, the trauma, and the survival beyond.
This intermediate level course includes basic artistic development tools such as Building Composition, Elements of Art, Color Theory, and Fundamental Watercolor and Drawing Techniques. Each class will start with a constructive discussion of techniques followed by a short demonstration. Then students will do watercolor painting, on whatever subject matter they prefer, with individual and continuous assistance as needed. At the end of each class, students will be encouraged to participate in critiques, evaluations and goal setting for the next class. Students should bring to the first class what painting materials they have, and the instructor will help them determine what they need for further classes.

Yolanda Prinsloo, originally from South Africa, has lived in Maryland for the past 20 years. She completed her BA in Fine Art and Education in South Africa under the tutelage of world-renowned artist, Paul Emsley (portrait artist for the Duchess of Cambridge). Ms. Prinsloo works in watercolor, oil, and graphite. Her work has been exhibited and collected across the United States and internationally. She illustrated Christmas Rose for author Dalton Delan.
229 Great Decisions

Four Tuesdays, 2:00 p.m. Park View Club Room
Patsy Brill, coordinator

February 11; March 3 & 31; April 28

The Great Decisions Discussion Groups are sponsored by the Foreign Policy Association. The groups discuss current issues in international relations and foreign affairs.

Great Decisions will enter its eighth year at Asbury with four topics in the spring and four topics in the fall. Each session will include a reading from the syllabus, a DVD presentation, a guest speaker and group discussion of the topic.

The topics for the spring semester are:

- **Climate Change and the Global Order**: Frank Snyder, speaker
- **China’s Road into Latin America**: Jim Doyle, speaker
- **The Philippines and the U.S.**: Aurora Seville, speaker
- **Artificial Intelligence and Data**: Ken Rogers, speaker

The topics for the fall semester will be:

- **India and Pakistan**
- **Red Sea Security**
- **Modern Slavery and Human Trafficking**
- **U.S. Relations with the Northern Triangle (Guatemala, El Salvador, Honduras)**

Patsy Brill, an Asbury resident, has extensive experience with the Great Decisions program. From 1990’s–2015, she was a Planning Commissioner for the City of Newark; board member of the Newark Senior Center; instructor of adult education for three nonprofit programs; and President of the League of Women Voters in Newark, DE. She was Care Coordinator for two hospitals. She has degrees in International Relations and Nursing.

Registration $1.00; syllabus with related reading material $35 (includes shipping and materials covering both Spring and Fall semesters).
230 Dante’s Divine Comedy

Twelve Wednesdays, 10 a.m. Wallace Community Room
John Locke with a DVD presentation by William R. Cook & Ronald B. Herzman, Ph.Ds.

February 19, (no class on February 26);
March 4, 11, 18 & 25; April 1, 8, 15, 22 & 29; May 6 & 13

This 24-lecture (in 12 sessions) course is designed to help you understand and appreciate the long poem of Dante Alighieri (1260-1321) known as the Divine Comedy. Dante is a geographer of the cosmos and the individual human soul.

He dramatizes and asks us to reflect on fundamental questions—questions about our political institutions and problems, the nature of our moral actions, the possibilities for spiritual transformation, and reasons for reading and writing. The lapse of seven centuries has not blunted at all the poignancy of these questions.

There are approximately the same number of lectures for each of three parts of the poem. There are seven lectures on Inferno, six on Purgatorio and seven on Paradisio. Since the poem consists of dramatic encounters between pilgrims and inhabitants of the afterlife, the presentation centers primarily on these encounters.

Ronald B. Herzman and William R. Cook are both Distinguished Teaching Professors at the State University of New York at Geneseo and are collaborators on numerous intellectual projects about Medieval and Renaissance Literature, history and culture. John Locke, a Catholic deacon and Asbury resident, returns to Keese School to facilitate this series.

Please contact John Locke for recommended English versions.

Registration: $1.00
231 Writing Our Memoirs

Five Tuesdays, 2:00-3:30 p.m. Hefner Arts and Crafts Room
Murray Schulman

February 25, March 24, April 28, May 26 & June 23

Have you been thinking of writing your memoirs? Everyone has a story worth telling, so why not start now? Bring your photos, documents, and anecdotes to share with your children, grandchildren, and future generations. You’ll be more than a leaf on the genealogical tree. To begin with, you need motivation. Join some of your neighbors who enjoy writing their memoirs. Listen to the essays they prepare each month for a given topic, and before long, you too will begin to recall, describe, and preserve memories of the road only you have traveled. Several of our members have published their volumes, and others are ready to do so. What greater gift can you offer your family, friends, and yourself?

Murray Schulman, an Asbury resident and past dean of the Keese School, had a long career as a scientist grants administrator, coordinating research and development programs in the Department of Energy’s Office of Health and Environmental Research.

Registration: $3.00 for the Spring semester
232 Stress Management Self-Care Strategies

Five Mondays, 10:00-11:30 a.m. Wallace Community Room
Virginia Thorndike

April 6, 13, 20 & 27; May 4

In the last fifty years there has been a revolution in the biomedical sciences and in their application to the management of stress and promotion of wellness. This good news stems from the development of mind-body medicine.

In this workshop you will acquire basic information about mind-body medicine and about the associated mind-body therapies that are most conducive to self-care. You will also have the opportunity to practice some of those therapies.

We will focus on decreasing chronic stress and strengthening our innate healing mechanisms (“remembered wellness”) by eliciting the Relaxation Response, redirecting our attention, and reframing our thoughts and feelings. Relaxing, redirecting and reframing can help alleviate a host of health problems exacerbated by stress. These include cardiovascular disease, gastrointestinal complaints, headaches, insomnia, pain, anxiety, and depression.

We will sample a number of mind-body techniques for self-care that you can use daily to manage stress and enhance your wellness. These will include focused breathing, guided imagery, hypnosis, massage, energetic therapies (acupressure and Healing Touch) and the therapeutic use of music. It is my intention that participants take away a tool box of techniques that gives them more control over their wellbeing.

Virginia Thorndike, an Asbury resident, began her professional life as a professor of French language, literature, and culture at Wellesley College. In 1989, she and her husband Irving Spitzberg launched a business evaluating the educational credentials and work experience of foreign nationals seeking professional visas in the US. Since 2007, she has been a biofield therapist with certification in Healing Touch and a part-time private practice in Healing Touch, the therapeutic use of sound, and wellness education.

Maximum enrollment: 12; Registration: $2; Materials: $20.00

Participants should plan to attend all sessions.
233 Reconstructing The American Presidency
Four Mondays, 2:00-3:30 p.m. Wallace Community Room
Irving Spitzberg

April 6, 13, 20 & 27

During the past three years, the Presidency has been a major focus of American life. Much has been written about its current reality. However, few scholars have written recently about the contribution American political studies makes to understanding the evolution of the modern Presidency.

The scholarship on the American Presidency written in the last half of the twentieth century can be especially helpful as we think about the future of the institution of the Presidency. This future presents a major challenge that we, as citizens, must begin to address.

This seminar draws on the work of Professors Richard Neustadt and Graham Allison, preeminent political scientists, to understand the institutional character of the Presidency. We will look briefly at the Presidencies of Truman, Johnson, Reagan and Obama (the last not based on scholarly studies.) We will include analysis of the Office of the Presidency and the complex bureaucratic structures that, for decades, have influenced and been influenced by the President—from the Vice President to the enormous Office of Management and Budget.

We will seek insights that add to our understanding of how to reconstruct an office that has changed immensely in the last three years. (Note: This seminar will not be a political discussion of the Trump presidency. It will be an attempt to understand the modern Presidency as it was and as it might become.)

The first session will elucidate the frameworks Allison and Neustadt applied to the analysis of presidential decision making. Participants will read excerpts from Presidential Power and the Modern Presidents: The Politics of Leadership from Roosevelt to Reagan by Richard Neustadt and Essence of Decision by Graham Allison. The next two sessions will deal with the Reagan and Obama administrations with special emphasis on how differences in leadership style affected the nature of the Presidency. The last session will be a discussion in which each participant will be invited to draw on the analytical perspectives of Neustadt and Allison to speculate about how future presidents can reconstruct the Office of the Presidency.

Irving Spitzberg and his wife Virginia Thorndike have been residents of the villas for three years. A graduate of Columbia, Oxford, and the Yale Law School, Irving studied, taught and wrote about leadership for thirty years. He focused on leadership in politics, higher education, and civic life. He was a professor of policy studies and education at Brown, the Claremont Colleges, and SUNY/Buffalo. He then moved to Washington, DC, first to lead the American Association of University Professors, then the Council for Liberal Learning of the Association of American Colleges, and finally the Luce Foundation National Leadership Development Project. Irving’s publications include Race Relations in Little Rock, The Exchange of Expertise: The Counterpart System in the New International Order, Universities and the International Exchange of Knowledge, “Reagan Ideology: A Tale of Two States” in Times Higher Education Supplement, and “Paths of Inquiry into Leadership,” Liberal Education.

Registration: $1; Materials: $5.00
**Directions to the Meeting Rooms**

**Hefner Auditorium:** On the main floor of the Hefner Community Building, directly across the lobby from the entrance.

**Hefner Arts and Crafts Room:** Off the corridor to the right of Hefner Auditorium.

**Parker Hall:** On the lower level of the Apartment Center. Turn right when you leave the elevator and the entrance to Parker Hall will be on your left.

**Park View Club Room:** On the first floor and to the right as you go in the front entrance of Park View.

**Wallace Community Room:** Coming from Hefner, bear left on the first floor to the elevators. The room is immediately after the elevators on the left.

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**Cancellation-Refund Policy**

No refund of fees or charges for materials will normally be made. Special circumstances will be considered individually. In any special case, please call Ron Stevenson, ext. 4609.
OTHER EDUCATIONAL OPPORTUNITIES AT ASBURY

AVTV LECTURE SERIES: The Asbury Village TV station (AVTV) offers courses on channel 975 and 976 that are produced by the Teaching Company and are taught by exceptional teachers and scholars. Check AVTV’s monthly Program Guide for the course schedule and lecture titles.

COMPUTER CLUB: The Computer Club oversees the computers in the Smithey Technology Center in Rosborough and the Carpenter Computer facility on the ground floor of Diamond. These computers are available for all residents to use without charge. In addition, printers, including a large-sheet printer, are also available for use. Please pay for the paper and ink in the provided honors box. Training in the use of Windows 10 is available. For information and sign-up, contact Barry Thomas, bthomas775@comcast.net, or Robert Nisbet, renisbet@outlook.com. In addition, technical support is available each Thursday from 1:00 to 3:00 p.m. in the Smithey Center in Rosborough. For other information, contact Norman Wolfe nwolfe556@comcast.net or ext. 4842.

CYBER ASBURY: Cyber Asbury is an umbrella organization coordinating the activities of the Computer Club (Microsoft Windows-based computers), Apple Corps (Apple computers, i-Phones, and i-Pads), Asbury Photo Group, and the Heritage Lab (digitizing Asbury’s history). Both the Computer Club and Apple Corps organize and sponsor training in the use of computers. There is also a periodic public presentation of a lecture on a computer-related topic. A monthly digital newsletter containing articles from all four groups is available by email. News and activities appear on AVTV and are available on the Asbury touchtown app on your computer or smart phone.

For a Cyber Asbury newsletter subscription please send your full name (even if already embedded in the email address) and your email address to Dorothy Blakeslee (dorothy.blakeslee@comcast.net).

For information about:

Windows classes, please email Robert Nisbet, renisbet@outlook.com.
Apple classes, please email Jim Utterback, jimu22@comcast.net.
Asbury Photo Group, please email Tom Sullivan, sullynbcc@yahoo.com
Heritage Lab, please email Hal Gaut, halmarilyn@hotmail.com

Continued on page 24
**Other Educational Opportunities at Asbury**

**LIFE ISSUES DISCUSSION GROUP:** This group gathers for two-six sessions to discuss a topic suggested by a current book that has been picked by the group. The meetings are held on the first and third Wednesday of each month, September through June, in the Community Room of Wallace, 1:30-3:00 p.m. One member of the group volunteers to lead the discussion for each meeting so that the leadership changes from session to session. There is no membership fee but a roster of participants is kept to expedite the purchase of the next book. For further information, call Alice Wong, phone 5135.

**NORDIC FRIENDS:** Nordic Friends welcome all residents, regardless of heritage, to learn about Nordic ancestry and the histories and cultures of Norway, Sweden, Denmark, Finland, and Estonia. Meetings are held on the third Saturday of each month (except July, August, and December) at 10:30 a.m. in the Hefner Arts and Crafts Room. For more information, call Rhoda MacKenzie, phone 5676 or email rhodamac4@aol.com.

**OPEN STUDIO FOR ARTISTS:** For all who wish to draw or paint, the Hefner Arts and Crafts Room is open every Tuesday and Thursday from 10:00 a.m. to 12:00 noon. Ruth Lotz (Diamond 413, phone 5819) is the coordinator. There is no fee and the welcome extends indefinitely.

**NOTE**
Any organization that is run by and for the residents of Asbury Methodist Village and that offers educational opportunities such as classes or lectures is welcome to submit a description of its offerings for inclusion in the Keese School catalog, subject to the approval of the Keese School Curriculum Committee.
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<thead>
<tr>
<th>No.</th>
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Classes and seminars subtotal: $177.00

Total amount due: [Blank]

RETAIN THIS COPY FOR YOUR RECORDS
### Registration Form Second Semester 2019-20
Lectures, Musical Events, Classes, and Seminars

**Registration Deadline Wednesday, January 22**
Use separate form for each person registered

Please print:

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Subtotal — carry forward
**REGISTRATION FORM SECOND SEMESTER 2019-20**

**LECTURES, MUSICAL EVENTS, CLASSES, AND SEMINARS**

**REGISTRATION DEADLINE WEDNESDAY, JANUARY 22**

**USE SEPARATE FORM FOR EACH PERSON REGISTERED**

**PLEASE PRINT:**

<table>
<thead>
<tr>
<th>No.</th>
<th>Start Date</th>
<th>Classes and Seminars</th>
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<tbody>
<tr>
<td>228</td>
<td>Feb 10</td>
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**Classes and seminars subtotal**

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**Total amount due**

**FILL IN NAME AND ADDRESS ABOVE AND SEND THIS COPY WITH YOUR CHECK MADE PAYABLE TO CCAV TO**

**RON STEVENSON, REGISTRAR,**

**VILLA 392,**

**BY JANUARY 22**

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Please avoid sending multiple checks in payment. Use one check for both members of a couple and combine costs for lectures and classes.
**Registration Form Second Semester 2019-20**

**Lectures, Musical Events, Classes, and Seminars**

**Registration Deadline Wednesday, January 22**

**Use separate form for each person registered**

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<td>Feb 3</td>
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