

*This message is going to family members on our community distribution list. Sent April 14, 2020.*

Dear Family Members,

As we enter into mid-April, it's hard not to look back at all that has recently occurred. We continue to implement measures as directed by the Centers for Disease Control & Prevention (CDC), state and local departments of health and by the Asbury Communities Clinical Team. The health and well-being of all those who live and work here is our top priority, and we do not waver from that.

We hear about heroes all across the country who are helping to combat COVID-19, and we are fortunate to see our very own Asbury heroes in action day in and day out serving your loved ones here at our community. You can check out some of the unique and out-of-the-box ways we're serving residents by [clicking here](#). We are grateful for their dedication in performing the sacred work we do here. We are also thankful for your understanding of the many measures we have in place.

Please feel free to forward this email to others in your family who you feel may benefit from receiving our communications, and direct them to [click this link to sign up](#) for the appropriate list for our community.

Here is a brief update and a few reminders on how we are addressing the challenges COVID-19 presents.

- **Staying updated:** As a reminder, you can go to [Asbury.org/COVID19](https://www.asbury.org/COVID19) to learn more on how we're combating COVID-19. If you have any questions, please call our dedicated number related to COVID-19 at 301-250-2115.
- **Following stay-at-home orders:** We communicated to residents late last week about the importance of following state directives, including those for staying at home and only venturing out if it's an essential trip, such as to a physician's office. You can [click here to read the communication](#) that was sent by Executive Director David Wildgen and Resident Council President Carolyn Bilbrey.
- **An update on masks:** We continue to follow the guidance from the CDC, Centers for Medicaid & Medicare Services (CMS), and other state and local officials. As you may be aware, the CDC recently revised its guidance on masks and said that everyone should wear a cloth mask when in public. Please [click here to view the message](#) that we sent last week to residents, family members and associates.

- **Visitation:** The visitation limitations remain in place, which means only essential visitors are allowed into the community. There is no deviation on this, as we strictly follow CDC and CMS guidelines on this measure. Every associate and essential visitor undergoes a daily temperature check upon arrival and departure at our screening station.
- **Want to drop something off?** As a reminder, here are rules and precautions we have in place for our community: Please bring items for **Healthcare Residents** to the Ground Floor of the Healthcare Building. All items must be placed in plastic bags to be wiped down and sanitized. Large items, such as hampers, may be placed in garbage bags for drop off.  
Items for **Assisted Living Residents** may be dropped off at the Legacy Assisted Living Building in the front lobby, and for Alpine/Beech, on the porch area. Items for Assisted Living Residents must be placed in plastic bags to be wiped down and sanitized. No homemade food may be dropped off at this time for any Residents. Store bought in the original container is OK.
- **Dining:** Our Dining teams are taking additional safety measures, having closed dining venues on campus, while providing safe, individualized meals to residents in their homes without additional delivery fees. Additionally, we are offering take out in the Bistro.
- **Resident reminder about caregivers:** We ask residents to ensure any personal care staff who provide services to them **go through the established screening procedures at their building's screening point** (e.g. filling out the necessary forms and reporting or taking their temperature upon entry). For protection of our residents and associates, we will be strongly enforcing this required procedure. You can [read the original message here](#).
- **Assistance with communication:** We are working with residents and their families to coordinate video calls through FaceTime or Skype or other tools. Please contact the front desk if you'd like help in setting up such a call in the Healthcare Center, or the front receptionist at the Legacy Assisted Living Building for Assisted Living Residents.
  - We are grateful for the efforts of donors in partnership with the Asbury Foundation to help with providing more tablets to help in these communication efforts. We are proud to share that more than \$32,000 has been committed towards this project! [Read more here](#).
- **Maintaining good health habits:** We continue to encourage social and "physical distancing" (maintaining 6 feet apart) for everyone's well-being, and share regular reminders on good health habits.
- **Have questions?** Please call our dedicated number for questions related to COVID-19 at 301-250-2115.

We have said it often, we will continue to say it: We are #AsburyStrong, and together we will get through this challenge.

Sincerely,

David Wildgen, Executive Director

