Dear Residents, Family Members & Associates,

As we combat COVID-19, I continue to be inspired every day by what I’m seeing across our Asbury Methodist Village family of 1,400 residents and 800 associates. We truly are a family, and we are all in this together. This week I’ve been thrilled to see how residents have joined together to celebrate associates by taking a few minutes at 3 p.m. each afternoon to "make some noise" across the community by shouting their appreciation, banging pots and whistling. I can assure you that these sounds of support ring true and do not go unrecognized by our teams. It is very much appreciated. Here’s a video of some of the action yesterday:
The notes of appreciation we see and receive are heartwarming and help us all better recognize that the sacred work we do makes a difference. Thanks to Mund residents for sharing this note, and thanks to the many who have chimed in on Facebook with comments of appreciation, such as this one from a family member: "I applaud you all and your perseverance in this fight. Thank you so very much for being diligent."

**STAY-AT-HOME ORDER CONTINUES**

I want to start today's update with a reminder about Maryland's Stay-at-Home Order.

Here at AMV, the safety and well-being of those who live and work here remains our top priority. I want to strongly remind you that **the Stay At Home Order remains in place. We have no plans to lift restrictions or remove protocols for screening or infection control that have been put into place.**

*It is important for everyone to continue the protocols we have shared with you.* Perform regular **hand hygiene** – pick a new song to sing. Always wear masks when in common areas of the buildings, as well as when walking the grounds. Practice **physical distancing** by keeping at least 6 feet of distance between you and others.

**We absolutely cannot become complacent.** Maryland is continuing to see a rise in cases and we must remain vigilant. We are all in this together and I need your support to continue abiding by all of AMV’s special measures. Please do not place our wonderful campus and community of residents and associates at risk. Thank you for your support and understanding.

**Screening for Residents in Residential Living: Wrist Band Reminder & Process**
There is a requirement that all residents are to be screened through a survey tool prior to leaving campus and when returning back onto campus. When you are screened on the way out, you will receive a wristband and a form that is to be submitted on your return. The survey tool, wrist band and return form all have the same number so we can pair the forms.

Communication Reminder
We continue to post regular updates on Asbury.org/COVID19. For AMV-specific community updates on COVID-19 cases, please click here and then click the link to view the chart for Asbury Methodist Village. The chart is updated twice daily -- in the morning and evening. If you have any questions, please call our dedicated number related to COVID-19 at 301-250-2115. I also appeared on AVTV with Asbury Communities VP of Clinical Excellence Skip Margot to discuss our measures around COVID-19. You can view our televised segment on AsburyView.com, and find it running on AVTV this week as well.

As a reminder, you can catch some of the great stories about the work associates are doing all across the Asbury system by going to our Super Heroes Work Here page. And if you know of a family member who is not currently receiving these updates, but would like to, please refer them to: Asbury.org/family-covid-email-sign-up. Signing up via the web ensures all are added automatically.

Community COVID-19 Response

- **Holy Cross Telehealth Update:** We recently learned that Holy Cross Health will assess patients for COVID-19 symptoms through telehealth visits and provide possible candidates out to testing sites with referrals for the necessary test. Holy Cross also says that it is accepting new patients through telehealth visits if the resident is willing to utilize Holy Cross as their PCP.
- Across AMV, we are providing all associates with the appropriate personal protective equipment (PPE) for their function and tasks, as per the CDC guidelines.
- Any resident admitted from a hospital is being screened prior to admission and is being co-located in one area within WHCC to allow for additional observation and precautions.
- As per CDC guidelines and in working with the Montgomery County Department of Health, we are actively monitoring every resident and every associate at WHCC for symptoms, including respiratory and GI.
- We are working closely with the Montgomery County Department of Health for COVID-19 testing based on established criteria.
- We are following all of the recommended state, local and CDC Guidelines.
- External admissions to WHCC are not currently taking place, however, if a current resident is in the hospital they will be able to return home. The State and local Departments of Health are supportive of our efforts and actions.

Transportation Dispatch/Office Hours Adjustment
The Transportation team will temporarily adjust dispatch/office hours to 8 a.m.-4:30 p.m. Monday-Friday. Transportation will continue to be available as it is now through 9 p.m., but not through dispatch. *All doctor's appointments between the hours of 7-9 a.m. must be scheduled 24 hours in advance or they will not be on the next day's run sheet.* Everything else will remain business as usual. We thank you for your support and understanding.

**Landscaping Update**

Our beautiful community shows its true colors each spring. And the work on our grounds is underway. BrightView, our landscaping contractor, has begun weekly mowing and prepping annual flower beds. Beginning the week of May 11, summer annual flowers will be planted, and a round of turf treatment -- organic weed control -- is set for May 12 & 13.

**Getting Outdoors**

Speaking of our beautiful community, now is a great time to get outside and enjoy the fresh air while taking in our walking paths, ponds, and wildlife preserve. We have garden plots for resident use. There are many benches located throughout the campus, and simply having a seat and enjoying the flowers blooming and squirrels scurrying can be enjoyable. While you enjoy the fresh air, or work in the garden, abide by the guideline to always wear a mask no matter if you are inside a campus building or outside on the grounds. Please continue to practice good health hygiene and physical distancing (keeping at least 6 feet of distance from others). **Looking ahead: May is Older Americans Month, and we plan to celebrate this!** We are in the midst of putting together a challenge, encouraging you to get outside and earn some prizes. Stay tuned for details.

**Wellness Workshops**

The Beloved Community invites you to join our AVTV Wellness Workshop on Saturday at 4 p.m. For all of us, the impact of COVID on our well-being will largely be determined by our attitudes towards the restrictions, the isolation, and other consequential life matters. In these Wellness Workshops, we focus broadly on the concept of a growth mindset to channel our stress for positive gain. This is a tool we normally utilize in our intergenerational programs. We hope you will benefit from, and enjoy, the program! To get a sense of what it's all about, please find the two previous programs here: [www.youravtv.com/gbci.htm](http://www.youravtv.com/gbci.htm).

**About Masks**

As stated above we ask that you wear a mask when you leave your home. Residents, individuals, and community organizations are sewing handmade masks for donations to residents and associates. Each concierge desk has a supply available.

**REMINDER: Shoppe – Now Delivery Only**

As a reminder, the Shoppe is temporarily delivery only. To accommodate this adjustment, the Shoppe has added extra phone lines and groceries, an average of 80 orders, are being delivered daily. Grocery staples are available on a limited basis through our partner Sodexo and will be delivered using no-contact methods. [Please click here to view a list of commonly purchased](http://www.youravtv.com/gbci.htm).
Residents may use dining points or charge them to their monthly service fee. Here are a few details:

- Orders accepted between 9 a.m. and 12 noon Monday-Friday at 301-987-6080 or 301-987-6243.
- Orders will be delivered to doors the same day they are placed. No-contact delivery – volunteers will drop the bags at the door, ring the doorbell, and step away.
- Deliveries are managed through resident volunteers (big thank you to them!)
- Resident volunteers will be screened, and will wear gloves and masks.
- Shoppe is closed Saturday and Sunday (if you're planning orders, please order ahead so you have enough for the weekends!)
- If you are interested in volunteering, please contact your Council Chair.

**AVTV Schedule**
The AVTV Dan Muller Studio is offering a number of entertaining programs this month. [Click here to see all of the programming for May.](#)

Please contact the Residential Living Office at (301) 216-4337 if you have any questions or concerns regarding issues you may be having that are not COVID-19 related, or refer to your "Who to Call When" guidelines. Please email Stephanie Sabine at ssabine@asbury.org if you need this document.

We are all on the same team. We are #AsburyStrong, and we are united by our shared mission to serve and protect our community.

Sincerely, Michele Potter, Executive Director