

Sent by the Executive Director on April 22, 2020.

Dear Family Members,

Ensuring that we provide a safe and healthy environment for those who work and live at our communities is our top priority. The coronavirus situation is a dynamic one and, as you know, in combating COVID-19 we have taken many measures with a focus squarely on safety and well-being.

Working in this new reality has required us to think about how we can serve differently. Our associates are coming up with unique and out-of-the-box ways to serve and today I want to share a couple of those examples. The dining team is delivering [birthday cupcakes](#) to some of our Villa residents, associates on our health care team toured campus with the [Asbury Easter Bunny](#) and we are "[Going Green](#)" with a new program for dining (please see more information about this program in the Dining section below)! Catch more stories about the great work associates are doing all across the Asbury system by going to our [Super Heroes Work Here page](#).

Please feel free to forward this email to others in your family who you feel may benefit from receiving our communications, and direct them to [click this link](#) to sign up for the appropriate list for our community.

Here is a brief update as well as a few reminders on how we are addressing the challenges COVID-19 presents.

Updates for this week:

- **Earth Day is Today:** As we commemorate the 50th anniversary of Earth Day today, Wednesday, April 22, we wanted to share something special – our [Virtual Earth Day Event Guide](#) – brought to you in partnership with Sodexo. Simply click on the link for dozens of educational and fun virtual tours, resources, films, and games. As you continue to remain at home and practice physical distancing in response to COVID-19, we hope that this will provide some engaging ways for you to celebrate and honor our Earth's wonders. [Check out this picture of associate Rachael Santiago](#) to see one way we're celebrating Earth Day today! Thank you for joining us in doing all the good we can for Mother Earth and for each other.

- **Getting Some Fresh Air:** There are still safe ways to enjoy the outdoors and get some fresh air while still practicing physical distancing. Residents are encouraged to use our Campus Walking Trail. Many residents enjoy walking their pups on our walking trail -- an abundance of wildflowers are blooming right now. ["Charlie is thinking ... the humans should be picking more flowers -- it's spring!"](#) (Charlie is one of our beloved dogs at the community.)
- **Videos on Demand:** We are offering videos on our [YouTube](#) page. You'll find a spiritual message to Kingsport residents from our Chaplain, Larry Munsey, and Asbury's Lifestyle department has provided yoga and at-home fitness videos.

Reminders:

- **Staying Updated:** As a reminder, you can go to [Asbury.org/COVID19](https://www.asbury.org/COVID19) to learn more on how we're combating COVID-19. If you have any questions, please call our dedicated number related to COVID-19 at 301-250-2115.
- **Visitation:** The visitation limitations remain in place, which means only essential visitors are allowed into the community. There is no deviation on this, as we strictly follow CDC and CMS guidelines on this measure. Every associate and essential visitor undergoes a daily temperature check upon arrival and departure at our screening station, which is located at the main entrance.
- **Want to Drop Something Off?** As a reminder, here are rules and precautions we have in place for our community: Items are able to be delivered outside the building at the designated drop area. This area is indicated by signage. Upon dropping items off, please call the front desk to notify them that items have been delivered and staff will work to get those items to the resident as quickly as possible. Please only deliver items between 9 a.m. and 6 p.m.
- **Dining:** Sallie West has rolled out the new Ozzie Reusable Container program for campus. It's a green initiative to cut down on product waste since we have transitioned to delivery-only at our campus. We have attached a [FAQ Sheet here](#) that provides some information about the program and answers many questions that you may have. If you have any further questions, please reach out to Sallie West at swest@asbury.org or 423-830-8507.
- **Assistance with Communication:** We are working with residents and their families to coordinate video calls through FaceTime or Skype or other tools. Residents and families are encouraged to contact **Lauren Huddleston** at lweaver@asbury.org or 423-797-6605 for Independent Living and **Rachael Santiago** at rsantiago@asbury.org for Health Care Center and the Baysmont House to set up an appointment to video chat.

- **Have Questions?** Please call our dedicated number for questions related to COVID-19 at 301-250-2115.

We have said it often, we will continue to say it: We are **#AsburyStrong**, and together we will get through this challenge.