

This message is going to family members on our community distribution list. Sent April 22, 2020.

Dear Family Members,

Ensuring that we provide a safe and healthy environment for those who work and live at our communities is our top priority. The coronavirus situation is a dynamic one and, as you know, in combating COVID-19 we have taken many measures with a focus squarely on safety and well-being.

Working in this new reality has required us to think about how we can serve differently. Our associates are coming up with unique and out-of-the-box ways to serve and today I want to share a two examples: We have started a Zoom Social Media 4 Seniors Class for our Independent Living Residents. Additionally, residents of our Assisted Living and Health Care Center are being offered church services in the hallways. Catch more stories about the great work associates are doing all across the Asbury system by going to our [Super Heroes Work Here page](#).

Please feel free to forward this email to others in your family who you feel may benefit from receiving our communications, and direct them to [click this link](#) to sign up for the appropriate list for our community.

Here is a brief update as well as a few reminders on how we are addressing the challenges COVID-19 presents.

Updates for this week:

- **Earth Day is Today:** As we commemorate the 50th anniversary of Earth Day today, Wednesday, April 22, we wanted to share something special – our [Virtual Earth Day Event Guide](#) – brought to you in partnership with Sodexo. Simply click on the link for dozens of educational and fun virtual tours, resources, films, and games. As you continue to remain at home and practice physical distancing in response to COVID-19, we hope that this will provide some engaging ways for you to celebrate and honor our Earth's wonders. Thank you for joining us in doing all the good we can for Mother Earth and for each other.
- **Getting Some Fresh Air:** There are still safe ways to enjoy the outside and get some fresh air while still practicing physical distancing. We have nice walkways all over campus, as well as a small lake with a trail around it. We encourage residents to get out and enjoy the spring weather.

- **This will be Fun:** [Spirit Week](#) is going community-wide! Usually it's for associates, but this year we've invited residents to participate too! Please encourage your loved one to join in the fun!
- **We are Grateful:** We have several Independent Living residents making cloth masks for other residents and associates. A big "thank you" to those helping to make everyone safe!

Reminders:

- **Staying updated:** As a reminder, you can go to [Asbury.org/COVID19](https://www.asbury.org/COVID19) to learn more on how we're combating COVID-19. If you have any questions, please call our dedicated number related to COVID-19 at 301-250-2115.
- **Visitation:** The visitation limitations remain in place, which means only essential visitors are allowed into the community. There is no deviation on this, as we strictly follow CDC and CMS guidelines on this measure. Every associate and essential visitor undergoes a daily temperature check upon arrival and departure at our screening station.
- **Want to drop something off?** As a reminder, here are rules and precautions we have in place for our community: Please bring items for **Healthcare Residents** to the Ground Floor of the Healthcare Building. All items must be placed in plastic bags to be wiped down and sanitized. Large items, such as hampers, may be placed in garbage bags for drop off.

Items for **Assisted Living Residents** may be dropped off at the Legacy Assisted Living Building in the front lobby, and for Alpine/Beech, on the porch area. Items for Assisted Living Residents must be placed in plastic bags to be wiped down and sanitized. No homemade food may be dropped off at this time for any Residents. Store bought in the original container is OK.

- **Assistance with communication:** We are working with residents and their families to coordinate video calls through FaceTime or Skype or other tools. Please contact the front desk if you'd like help in setting up such a call in the Healthcare Center, or the front receptionist at the Legacy Assisted Living Building for Assisted Living Residents.
- **Have questions?** Please call our dedicated number for questions related to COVID-19 at 301-250-2115.

We have said it often, we will continue to say it: We are **#AsburyStrong**, and together we will get through this challenge.

Thank you to everyone for their continued support during this difficult time. Your cooperation and encouragement is greatly appreciated.