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*This message is going to family members on our community distribution list.*

April 29

Dear Family Members,

We are well into spring now -- a season of renewal; a season of hope. The sights, smells and sounds of the beauty that surrounds us comes into focus in the spring. Here at Asbury Place Maryville, bright colors add life throughout our community -- from the green grass and fresh mulch to the blooming flowers ... and to the many brightly colored masks associates and residents are wearing. This is a sign of the times.

The challenge of combating COVID-19 exists as much today as it did when this began, and our work -- *together* -- continues. We must not be complacent. We must remain diligent and follow the stay-at-home order in place at our community. It is difficult, no doubt, but this is our reality, and our strict measures and precautions will remain in place out of an abundance of caution for as long as needed and required.

But don't be fooled that this hard work cannot be happy and creative work. Associates continue to serve in residents in unique ways. There are smiles beneath the masks we wear. We thank you for your continued support and understanding.

We start this family member newsletter with an uplifting story of an associate who helped a resident tap back into a favorite pastime. Therapist Jenna Copeland learned that a resident did not have a working record player to listen to their extensive record collection. So Jenna went into action and helped fill the gap by providing a record player so the resident could hear their favorite songs again, including songs on the Beatles White album. The resident was thrilled and all smiles!



We also had a lot of fun last week with our Spirit Week from the Piggies (pictured above) walking around campus to the many different face masks that we saw for [Crazy Mask Day](#). We even had a [Superhero](#) make their way to campus. A special shout out to [Gettysvue](#), a local country club, for donating boxed lunches to our associates to show their appreciation for all the hard work that is happening!!

Catch more stories about the great work associates are doing all across the Asbury system by going to our [Super Heroes Work Here page](#). Please feel free to forward this email to others in your family who you feel may benefit from receiving our communications, and direct them to [click this link to sign up](#) for the appropriate list for our community.

Here is a brief update as well as a few reminders on how we are addressing the challenges COVID-19 presents.

#### **Updates & Reminders for this Week:**

- **Staying Updated:** As a reminder, you can go to [Asbury.org/COVID19](https://www.asbury.org/COVID19) to learn more on how we're combating COVID-19. If you have any questions, please call our dedicated number related to COVID-19 at 301-250-2115.
- **Reminder About Masks:** We ask that you wear a mask when you leave your home. Residents, individuals, and community organizations are sewing handmade masks for donations to residents and associates.
- **Getting Some Fresh Air:** There are still safe ways to enjoy the outside and get some fresh air while still practicing physical distancing. We have nice walkways all over campus, as well as a small lake with a trail around it. We encourage

residents to get out and enjoy the spring weather -- while continuing to wear a mask when out and about and maintaining at least 6 feet of distance between you and others.

- **Eliminate Trips to the Post Office:** Stamps.com is waiving monthly service fees for seniors (65+) during the COVID-19 crisis. Stamps.com allows you to print your own stamps and shipping labels from the safety of your own home, so you don't have to go out to the Post Office. For more information, [visit their website here](#).

#### **Recurring Reminders:**

- **Visitation:** The visitation limitations remain in place, which means only essential visitors are allowed into the community. There is no deviation on this, as we strictly follow CDC and CMS guidelines on this measure. Every associate and essential visitor undergoes a daily temperature check upon arrival and departure at our screening station.
- **Want to Drop Something Off?** As a reminder, here are rules and precautions we have in place for our community: Please bring items for **Healthcare Residents** to the Ground Floor of the Healthcare Building. All items must be placed in plastic bags to be wiped down and sanitized. Large items, such as hampers, may be placed in garbage bags for drop off.

Items for **Assisted Living Residents** may be dropped off at the Legacy Assisted Living Building in the front lobby, and for Alpine/Beech, on the porch area. Items for Assisted Living Residents must be placed in plastic bags to be wiped down and sanitized. No homemade food may be dropped off at this time for any Residents. Store bought in the original container is OK.

- **Assistance with Communication:** We are working with residents and their families to coordinate video calls through FaceTime or Skype or other tools. Please contact the front desk if you'd like help in setting up such a call in the Healthcare Center, or the front receptionist at the Legacy Assisted Living Building for Assisted Living Residents.
- **Have Questions?** Please call our dedicated number for questions related to COVID-19 at 301-250-2115.

We have said it often, we will continue to say it: We are **#AsburyStrong**, and together we will get through this challenge.

Thank you to everyone for their continued support during this difficult time. Your cooperation and encouragement is greatly appreciated.

Sincerely,  
David Wildgen, Executive Director