



*The following letter was delivered to all residents and associates at each Asbury community, and posted in public gathering and work places at each community.*

March 6, 2020

Dear Residents & Associates,

We continue to monitor the coronavirus (COVID-19) situation and today I'll share an update with you about our efforts. Our commitment to providing a safe living and work environment for those who reside and work here is as strong as ever, and we remain diligent about preparation, process and awareness regarding preventive measures for coronavirus and other communicable viruses and diseases.

We are following Centers for Disease Control and Prevention (CDC) guidelines regarding coronavirus. Our community leadership team is also in regular communication with the state and local health departments, and the Asbury Communities Clinical Team so that we may stay on top of any new developments and prepare accordingly. As I shared previously, the measures we are taking for coronavirus are similar to those already in place for influenza, with a few additional updates:

- We have reviewed and updated our Communicable Disease Policy to include additional steps for prevention.
- Additional procedures for screening at the time of admission (for residents) or upon hire (for associates) are in place, including inquiries about international travel.
- Working to proactively increase supplies.
- Adding supplemental education and resources for associates.

Additionally, I will continue to be in touch with local authorities to ensure we are current with their plans and actions. I understand that this is a challenging time. Coronavirus dominates the news and continues to spread. But I want you to be assured that we are operating out of an abundance of caution at our community and the precautions in place now – and that may be needed later – are well thought out and supported by an evidence-based approach.

This is also a time to be mindful of your thoughts and feelings. If you are feeling anxiety or stress, please talk to those you trust and seek assistance as needed. It's also important to be proactive, and to make sure you do have your medications on hand – or pick up your prescriptions ahead of time if you are able. Another recommendation I've seen is to pick up a few extra things each time you go to the grocery store for none other than a "just in case" reason.

Finally, I can't stress enough the importance of following good health habits. The CDC recommends the following:

- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand sanitizer (it should be at least 60% alcohol).
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Please [click here to view a fact sheet from the CDC](#) for your reference. Additional documentation from the CDC about coronavirus can be found by going to [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus); information about influenza can be found by going to [www.cdc.gov/flu](http://www.cdc.gov/flu). I will share updates as appropriate, and welcome any feedback or questions you may have.