

This message is going to family members on our community distribution list.

Dear Family Members,

Our work as associates is rewarding. We chose this calling because we not only have the capability, but also the heart, to perform such sacred work for those we serve. We love what we do. And we so appreciate when we hear how our efforts are making a difference.

You'll remember that recently we opened up the opportunity for you to share your notes of thanks with our teams. We received many inspiring and heartwarming messages. Here's one from Robin Castleman that we want to share:



"I am so very grateful for the frontline workers and their non-stop care and sacrifice! I am so very grateful that my mother has access to meals and healthcare! I am so very grateful for the activities she can participate in to help her feel connected! I miss hugging her more than anything! I am grateful for you all! May God bless you always!"

ROBIN CASTLEMAN

We will make sure associates know how appreciated they are by sharing with them your messages through our associate app, email distribution, as well as on colorful flyers. Managers will also be sharing these thank yous with their individual teams. So, rest

assured, our associates will get the message that the work they are doing is extraordinary!

If you'd like to share a note of thanks, please [click here to launch a form](#) where you can type in your note of appreciation. We will take your submissions and find creative ways to share with associates. Thank you!

Looking Ahead

Last Friday, you will recall [we sent this communication \(COVID-19: Paths to Reopening\)](#) to all associates, residents and family members across the Asbury organization. As you have likely heard, the federal government, as well as the states Asbury operates in, have started announcing reopening plans. While each of the plans has a different name, they all share common themes:

- The paths to reopening must be gradual, steady and responsible for prioritizing the health and safety of all citizens.
- Reopening plans are roadmaps, not calendars, because the virus will dictate the speed based on the flattening of the curve.
- Everyone must act responsibly by following guidelines for hand and cough hygiene, social distancing, and wearing masks and other protective equipment as recommended.

Keep in mind that reopening is not like turning on a light switch. Think of it as slowly turning up a dimmer switch. The process will take weeks, and months in some areas, as we adjust to a new normal. Stay tuned for a communication next week with more information specific to our community.

Taking in the Fresh Air

The spring beckons us outside and here at our community the walking paths are open and ready for residents to enjoy! Here is a photo of Bob and Judy Hayes as they enjoy taking a walk and listening to bagpipe music during some recent spring weather.



Lifting up some of the good work happening here

Not only do our associates continue to find unique ways to serve residents, our residents are finding ways to help our associates and their local community. They are also showing daily what our mission means as we "do all the good we can for those we serve." An example of this is:

- One resident, [Elizabeth Franklin](#), provided 100 cloth masks to Blount Memorial Hospital Foundation. Elizabeth estimates that she has made at least 300 masks so far for associates, other residents and, now, the hospital. Thank you Elizabeth for doing all the good you can. Your contribution is greatly appreciated!!

A Couple Weeks of Celebration

You also may know that we just wrapped up [National Nurses Week](#). We hosted several events across the community to [lift up](#) our nurses. We are grateful for their extraordinary work especially during this pandemic. This week, the celebration continues with Nursing Home Week, and we will continue to focus on the outstanding team we have here!

Catch more stories about the great work associates are doing all across the Asbury system by going to our [Super Heroes Work Here page](#). Please also feel free to forward this email to others in your family who you feel may benefit from receiving our communications, and direct them to [click this link to sign up](#) for the appropriate list for our community.

Recurring Reminders:

- **Staying Updated:** As a reminder, you can go to [Asbury.org/COVID19](https://www.asbury.org/COVID19) to learn more on how we're combating COVID-19. If you have any questions, please call our dedicated number related to COVID-19 at 301-250-2115.
- **Getting Some Fresh Air:** There are safe ways to enjoy the outside and get some fresh air while still practicing physical distancing. We have nice walkways all over campus, as well as a small lake with a trail around it. We encourage residents to get out and enjoy the spring weather -- while continuing to wear a mask when out and about and maintaining at least 6 feet of distance between you and others.
- **Want to Drop Something Off?** As a reminder, here are rules and precautions we have in place for our community: Please bring items for **Healthcare Residents** to the Ground Floor of the Healthcare Building. All items must be placed in plastic bags to be wiped down and sanitized. Large items, such as hampers, may be placed in garbage bags for drop off.

Items for **Assisted Living Residents** may be dropped off at the **Legacy Assisted Living Building** in the front lobby; for **Alpine/Beech**, on the porch area. Items for Assisted Living Residents must be placed in plastic bags to be wiped down and sanitized. No homemade food may be dropped off at this time for any residents. Store bought in the original container is OK.

- **Please note the following change: *We are requesting that families try not to drop items off during change of shift from 1:30 p.m-2:30 p.m.***

- **Visitation:** The visitation limitations remain in place, which means only essential visitors are allowed into the community. Based on federal guidance, no visitor will be permitted into our community except for certain compassionate care situations, such as an end-of-life situation. There is no deviation on this, as we strictly follow CDC and CMS guidelines on this measure. Every associate and essential visitor undergoes a daily temperature check upon arrival and departure at our screening station.

We have said it often, we will continue to say it: We are **#AsburyStrong**, and together we will get through this challenge.

We appreciate your patience and understanding during this unprecedented time.