July 1, 2020

Dear Residents, Family Members & Associates,

As we officially enter summer and head into the July 4th holiday, it's a time of transition here at Asbury Place Maryville. The CDC, as well as state and local health authorities, are lifting some of the restrictions due to COVID-19. We have shared previously how we are handling phased-in reopenings (you’ll find some of that detailed info below as a reminder), and in anything we do, we remain committed to minimizing exposure of the virus to residents, families and associates.

We continue many of the measures we’ve had in place throughout this pandemic, such as the screening stations, requiring masks and physical distancing when moving about the community, and reminding and encouraging good health and hand hygiene. As I said in my Paths to Reopening update last week, we are planning now for visitation opportunities that vary by level of care. Our timing to do so is based on the State’s guidance requiring a lapse of 28 days from our last COVID-19 positive test. Currently, we are tracking toward a mid-July date. When we are able to offer limited visitation opportunities, it is important to know that if we have any new resident or associate positive cases, visitation must be stopped.

In collaboration with the Asbury Communities COVID-19 Command Center, we continue to follow state and local direction in seeking safe ways to reopen or restart certain services. It is important to keep in mind, if we experience new positive COVID-19 cases, we will need to reverse direction and limit visitation again.

Our ask for patience and understanding remains consistent! Thank you for working with us as we find our way through this challenge together.

I wish you a very happy and safe (and physically distanced!) July 4th!
COVID-19 testing update

As you know, in line with federal, state and local requirements, we have previously held testing here at Asbury Place Maryville. The requirements have evolved, and moving forward organizations like ours will be required to conduct weekly COVID-19 testing for associates who work in the Health Care Center.

Testing begins this week -- the week of June 29. Testing will be held each week thereafter until requirements change.

*I also want to remind you that testing represents only a “snapshot” in time regarding the virus. The risk of exposure is still very real and precautions must be maintained.*

July 4th: Independence Day

There is a lot going on at Maryville for Independence Day. Many areas around campus are going to be celebrating the holiday with red, white and blue decorations. Plenty of American flags will be on display, too! Assisted Living will have Independence Day trivia, crafts and puzzles, and Memory Care residents will enjoy themed activity craft kits while listening to patriotic music.

And who can have a July 4th celebration without watermelon? It's a summer tradition, and residents will be enjoying watermelon as a snack. There will be a July 4th BBQ (with physical distancing, of course!) for all with hot dogs, burgers and potato salad.

Lifting up some of the good work happening here

Associates continue to find unique ways to serve residents. Here's a fun story to share:

Residents enjoy being active and participating in activities, so Wellness Coordinator Rebekah Roberts has started weekly volleyball games. Residents sign up on a weekly basis and play on the Bistro patio. Volleyball is getting popular ... there are now several games each week!
Catch more stories about the great work associates are doing all across the Asbury system by going to our Super Heroes Work Here page. Please also feel free to forward this email to others in your family who you feel may benefit from receiving our communications, and direct them to click this link to sign up for the appropriate list for our community.

Messages of appreciation

More than 170 messages of thanks from family members and residents have come in for associates across the Asbury system in recent weeks. We are so appreciative of those messages, like the one below from family member Regina Marshall.

"I would like to thank all of the individuals for the special care they have given my father during this time of COVID-19. I receive updates on him and realize that he could not have been placed with a greater group of people. Thank you so much for what you do; your hard work never goes unnoticed."

If you’d like to share a note of thanks, please click here to launch a form where you can
type in your note of appreciation. We will take your submissions and find creative ways to share with associates. Thank you!

**Updates and reminders**

- **Want to drop something off?** Please bring items for Healthcare Residents to the Ground Floor of the Healthcare Building. All items must be placed in plastic bags to be wiped down and sanitized. Large items, such as hampers, may be placed in garbage bags for drop off.
  - Items for Assisted Living Residents may be dropped off at the Legacy Assisted Living Building in the front lobby; for Alpine/Beech, on the porch area. Items for Assisted Living Residents must be placed in plastic bags to be wiped down and sanitized. No homemade food may be dropped off at this time for any residents. Store bought in the original container is OK.
  - Please note: We are requesting that families try not to drop items off during change of shift from 1:30 p.m-2:30 p.m.

- **Asbury Home Services at Asbury Place Maryville:** Asbury Home Services is on campus and ready to assist, providing a wide range of support services. Contact Michelle Moffitt at (865) 238-9084, mmoffitt@asbury.org, or online today. We look forward to serving you!

- **We have reorganized our COVID-19 Communications Hub to provide more information.** You can still get to our information from our “View our COVID-19 Updates” link in the top navigation bar and via Asbury.org/COVID19. On the revised page, you can find the daily status charts in the first blue button on the side bar. We hope you'll take a moment to view messages of thanks that residents and family members have been sending in.

- **We continue to work closely with the Asbury Communities Command Center on the plans for reopening.** This includes working on a housekeeping re-opening plan and hope to have services restart as soon as possible.

- **Lastly, I'd like to reference something that Asbury President & CEO Doug Leidig previously shared because I think it's important to remember. He said: “Reopening is not like turning on a light switch. Think of it as slowly turning up a dimmer switch.”** I want to remind you that senior communities such as ours lag for good reason behind these phased-in reopenings. It's a slow turn of the "dimmer" switch, if you will, and for good reason: we are guided by the many different plans and requirements placed upon us by numerous federal,
state and local agencies.

We are all in this together. Thank you for your continued understanding and cooperation. We are #AsburyStrong!

Sincerely,
David Wildgen
Executive Director