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AsburyMethodistVillage.org

This message is going to associates, and to residents and family members on our community distribution list.

**A message from
Michele Potter, Executive Director**

July 10, 2020

Dear Residents, Family Members & Associates,

In our regular communications with you over the past couple of months, the topic we've touched on more than anything is safety and all the measures we have in place to ensure the health and well-being of those who live and work at Asbury Methodist Village.

As our measures have evolved along with our response to the pandemic, today I want to share a little with you about COVID-19 testing, which is a crucial component of our overall approach to limit transmission of the disease and be as timely as possible in addressing any issues that may arise. You are probably aware that we have done our share of testing here in recent weeks, in line with CDC, state and local requirements, and that testing will continue as required by the Department of Health.

As part of the testing, comes this incredible sense of togetherness and connection among those involved. I find such energy in the camaraderie of those who help with testing, and who work with such compassion and accuracy for an important cause. There are up to a dozen associates involved in our planning and execution, in conjunction with the Asbury Communities clinical team. Our efforts also very much include the larger community, especially those who are being tested. I'm grateful to all, and I believe this process marks a great example of the sacred work we do for those we serve.

What makes this feeling even more powerful, is that my experience here is shared all across the Asbury system. I connect regularly with Asbury leadership and Executive Directors at Asbury's seven other communities and in addition to sharing best practices on testing and learning from one another, we often talk about how heartwarming it is to be part of a collective effort to help ensure the health and well-being of those we serve and work with. I'd like to share a few numbers with you to put all this hard work into focus:

- We were the first Asbury community to conduct testing back in early May. Since then, testing has been conducted at all but one Asbury community (that community, RiverWoods, is scheduled for its testing next week). All told, as of yesterday, 3,932 COVID-19 tests have been performed.
- Even just this past week, 932 tests were conducted at communities that underwent required testing.
- To date the percentage of positive cases from all the testing thus far is just 1.6%.

I share this data to put in perspective not just the enormity of the amount of tests being performed, but also to show that we are in this together -- and we turn to the strength of one another, and to our sister communities, to do the best job we can in serving residents and our fellow associates. Thank you for choosing Asbury. We are #AsburyStrong and we will continue moving forward together.

Important updates on amenities at AMV

I have continually shared that the path to reopening is a thoughtful one which is always focused on safety. Our deliberate safety protocols to this point have had a positive impact. **Currently we have no resident cases of COVID-19 on the AMV campus. For this, we are all so thankful.**

Remaining on this very cautious path, I would like to announce some amenities that will be opening in the near future. With any reopening plan, it is important to set expectations. Again, focused on safety, we will continue to consider effects, and will make adjustments as needed.

Sandy Spring Bank

Sandy Spring Bank will reopen Wednesday, July 22, from 9 a.m. - 3 p.m. by appointment. Sandy Spring Bank will continue to serve clients, by appointment only, every Wednesday and Thursday from 9 a.m. - 3 p.m. for the foreseeable future. To make an appointment, please call 301-987-6104.

Salons

We understand the desire to have campus salons reopen. **Diamond and Mund Salon management will be on site next week to make appointments, stock, and otherwise prepare. They will begin seeing clients on Monday, July 20.** At this time, the salons located in the Kindley Assisted Living and Wilson Health Care Center buildings will remain closed.

Visits to expand to outdoor spaces

Effective immediately residents may utilize outdoor spaces during visits. Visitors are limited to two, and masks must be worn throughout the entire visit. Visits are limited to two hours, and please be mindful to physically distance. Please, enjoy all the beauty AMV has to offer. Some places to sit with your guests include the Park View patio, the green space and picnic table in front of Trott, the Blue Note Bistro patio, and the many benches located around the ponds and across campus. We will be adding additional picnic tables throughout campus along with installing umbrellas on various patio tables in the outdoor spaces around the campus.

CVS Pharmacy

CVS will continue to deliver prescriptions and other items directly to resident doors. Beginning Monday, August 3, CVS will open by appointment only to service urgent needs. Residents needing in-store service must call ahead to 301-216-4372.

Outside housekeeping services

Residents may utilize privately hired housekeeping services. The housekeeping guidelines are the same as the visitor guidelines. Only two people are allowed per residence. This can include either housekeepers or visitors. They may stay for a two-hour period, and they are required to wear a mask while on the AMV campus. You can also inform them that they need to wash their hands and encourage them to put on a fresh pair of gloves, especially if they are cleaning multiple residents' homes. AMV Housekeeping uses trapped vacuum systems that reduce dust and particles from escaping into the air. Also, we sweep with microfiber pads that trap dust. Because outside housekeeping services may not be equipped with similar safety filters, they should not use a vacuum or sweep your home.

WHCC Clinic

The Clinic in the Wilson Health Care Center will be reopening for the residents of Wilson Health Care Center and Kindley Assisted Living as they can access the Clinic without traversing through the front door and through the building.

Quarantine guidelines

For the safety of all, we will ask any resident who has an overnight stay in the hospital to quarantine in their home for 14 days. Hospitals have the potential for high viral loads and are an exposure point. In addition, residents who have been directly exposed to someone with the COVID-19 virus will be asked to quarantine. During quarantine, residents will be called frequently for support. Please direct questions to Stephanie Sabine at 301-216-4337.

Wellness opportunities ... from your balcony!



How you do combine the camaraderie of group exercise with the discipline of physical distance? Here's how: This week Asbury's Wellness department kicked off a new series of Balcony Fitness classes that encourage residents to do their workouts separately, but together! What a fun way to work up a sweat and have some quality time with your neighbors. Balcony Fitness Classes will continue to be offered through July 30:

- Mondays at Diamond & Wallace
- Tuesdays at Trott
- Wednesdays at Edwards-Fisher, Mund & Parkview

Please see the full schedule on AVTV, Connected Living, or ask a member of the Wellness Staff. Let's have a "Battle of the Balconies" and see which building wins!

Please note ...

Virtual farm fresh market and baked goods

- Residents and associates have access to farm fresh produce and more from Scenic View Orchards. You may choose to order online or by subscription. Visit [ScenicViewOrchards.com](https://www.ScenicViewOrchards.com) or call

301-271-2149. After ordering, the produce is delivered to the Administration Building parking lot for pick up. Transportation will be provided to the Administration Parking Lot for pick up.

- Home-baked scones & goodies by “DJ” The Baker are available! Visit [DJtheBaker.square.site](https://www.djthebaker.square.site) or text 443-432-8063. Questions? Please contact Susan Grotenhuis at 301-216-4955.

Security team – Personal Protection Equipment

To ensure associate safety, you may see Security team associates don masks, gloves, gowns or face shields when responding to an emergency. This is to protect them and you.

Screening reminder: Everyone entering the AMV campus must screen in!

Everyone who drives through the front gate, including Villa residents, is required to screen in regardless of where they are going (walk around pond, to visit the garden, etc...). Villa residents have the option of taking the shuttle to campus to avoid the screening process if desired.

The first time a resident screens in for the day, whether entering or leaving the campus, they should answer the questions on the first page. Shoppe food deliverers do not need to screen in or out. Anyone who is only going to be on campus for 15 minutes or less does not need to screen out.

Asbury Home Health

Please remember that Asbury Home Health is part of Asbury Communities, Inc., and is on campus to support any resident. The services they provide include, but are not limited to: physical, occupational and speech therapy, medical social worker services, Home Health Aides, diabetic care, dressing changes and wound care, home safety and emergency education, IV therapy and injections, management and evaluation of patient care plan, medication and disease management and education, nutritional support, observation and assessment of conditions, and pain management. The phone number is 301-216-5697. All associates are COVID-19 tested along with AMV associates.

As always ... don't forget the 3 W's!

1. Wear Masks
2. Wash Hands
3. Watch Distance

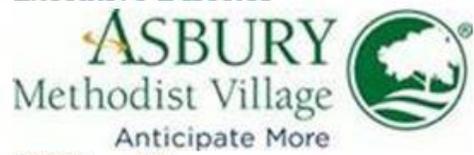
COVID-19 Communications Hub

As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage at [Asbury.org/COVID19](https://www.asbury.org/COVID19). You can find the daily status charts in the first blue button on the side bar. We hope you'll take a moment to view messages of thanks that residents and family members have been sending in.

We are all in this together. Thank you for your continued understanding and cooperation. We are #AsburyStrong!

Sincerely,

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