



This message is going to associates, and to residents and family members on our community distribution list.

July 10, 2020

Dear Residents, Family Members & Associates,

In our regular communications with you over the past couple of months, the topic we've touched on more than anything is safety and all the measures we have in place to ensure the health and well-being of those who live and work at Asbury Solomons.

As our measures have evolved along with our response to the pandemic, today I want to share a little with you about COVID-19 testing, which is a crucial component of our overall approach to limit transmission of the disease and be as timely as possible in addressing any issues that may arise. You are probably aware that we have done our share of testing here in recent weeks, in line with CDC, state and local requirements, and that testing will continue as required by the Department of Health.

As part of the testing, comes this incredible sense of togetherness and connection among those involved. I find such energy in the camaraderie of those who help with testing, and who work with such compassion and accuracy for an important cause. There are up to a dozen associates involved in our planning and execution, in conjunction with the Asbury Communities clinical team. Our efforts also very much include the larger community, especially those who are being tested. I'm grateful to all, and I believe this process marks a great example of the sacred work we do for those we serve.

What makes this feeling even more powerful, is that my experience here is shared all across the Asbury system. I connect regularly with Asbury leadership and Executive Directors at Asbury's seven other communities and in addition to sharing best practices on testing and learning from one another, we often talk about how heartwarming it is to be part of a collective effort to help ensure the health and well-being of those we serve and work with. I'd like to share a few numbers with you to put all this hard work into focus:

- Asbury Methodist Village was the first Asbury community to conduct testing back in early May. Since then, testing has been conducted at all but one Asbury community (that community, RiverWoods, is scheduled for its testing next week). All told, as of yesterday, 3,932 COVID-19 tests have been performed.
- Even just this past week, 932 tests were conducted at communities that underwent required testing.
- To date the percentage of positive cases from all the testing thus far is just 1.6%.

I share this data to put in perspective not just the enormity of the amount of tests being performed, but also to show that we are in this together -- and we turn to the strength of one another, and to our sister communities, to do the best job we can in serving residents and our fellow associates. Thank you for choosing Asbury. We are #AsburyStrong and we will continue moving forward together.

Wellness opportunities & community engagement

- **We are broadcasting as many as 28 separate offerings on our in-house channel 970 per week.** Some of the broadcasts can boast a viewership of more than 150 people per broadcast. Kelly's Korner, a weekly broadcast with our Executive Director, has the highest ratings!
- Through the MySolomons resident app, **we are proud to feature 48 categorized links to Wellness opportunities** including fitness classes, vintage television and comedies, virtual tour, and musical performances.
- We are excited to bring another intellectual wellness opportunity to Asbury Solomons. We are broadcasting "Maryland Chautauqua" Wednesday with permission from Maryland Humanities. The first broadcast will feature a representation of Margaret Brent (photo below). We look forward to this four-week

series broadcast at 7 p.m. on channel 970.



Lifting up some of the good work happening here

Associates continue to find unique ways to serve residents. Here's a fun story to share:



Visits with Assisted Living residents are happening daily. These visits are taking place at a quiet, shady, and cool outdoor alcove. Marketing and Sales Director Debbie Jones beautifully transformed the space (pictured above) for these visits. Physical distancing and masks are required. Visits are scheduled through Vicky Balderson, Assisted Living Nurse Manager, at vbalderson@asbury.org or 410-394-3484. Our Wellness and Assisted Living team facilitate the visits. Loved ones are catching up!

Catch more stories about the great work associates are doing all across the Asbury system by going to our [Super Heroes Work Here page](#). Please also feel free to forward this email to others in your family who you feel may benefit from receiving our communications, and direct them to [click this link to sign up](#) for the appropriate list for our community.

Messages of appreciation

More than 180 messages of thanks from family members and residents have come in for associates across the Asbury system in recent weeks. We are so appreciative of those messages, like the one below from residents Ron and Marcia Altman:

"Our thanks goes to all associates for your dedication, hard work and caring"

If you'd like to share a note of thanks, [please click here to launch a form](#) where you can type in your note of appreciation. We will take your submissions and find creative ways to share with associates. Thank you!

Updates and reminders

- **We continue to work closely with the Asbury Communities Command Center on the phased plans for reopening, including being able to share an update on the spa.** We are looking forward to the reintroduction of on-campus salon services through our partner, PS Salon and Spa. We expect services to begin in the next few weeks. Promotion will occur on campus as soon as more information is available.
- **Housekeeping services resumed last week.** Services are being provided for residents who retained housekeeping services prior to COVID-19 limitations. More opportunities may be offered in the future.
- **Families and friends are visiting with loved ones who live in the Health Care Center or Assisted Living.** Window visits are occurring with great success. Social Worker Mary Williams is facilitating all Health Care Center visits. She can be contacted at or 410-394-3076. Assisted Living visits are scheduled through Vicky Balderson, Assisted Living Nurse Manager, at vbalderson@asbury.org or 410-394-3484.
- **We are excited to broadcast a weekly presentation with permission from the Chesapeake Orchestra.** Residents have been enjoying this weekly compilation of Orchestra members and friends each Friday evening at 7 p.m. and again on Tuesdays at 7 p.m. on Channel 970.
- **As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage at Asbury.org/COVID19.** You can find the daily status charts in the first blue button on the side bar. We hope you'll take a moment to view messages of thanks that residents and family members have been sending in.
- **Want to drop something off?** Items may be left for residents at our Community Center entrance. Please coordinate a drop off time with your loved one.

- **Assistance with Communication:** FaceTime and other video conferencing services in quiet community spaces is available by appointment. We provide an iPad, stand, and will set up the call. Please contact Katie Demers in our Marketing Department at 410-394-3029 or by email to kdemers@asbury.org to schedule.

Thank you to all visitors for so carefully following all elements of our visitation policy. We hope to see you soon. We are all in this together. Thank you for your continued understanding and cooperation. We are #AsburyStrong!

Sincerely,

Kelly Smith Friedman, LNHA
Executive Director



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