July 17, 2020

Dear Residents, Family Members & Associates,

At this point, nearly five months since the beginning of the pandemic, I know that patience will sometimes run thin when it comes to all that we must abide by here at Asbury Methodist Village. I get it; I feel the same way sometimes – it’s natural! But we must continue to be driven by the safety and well-being of those who live and work here. That’s the top priority, and it’s absolutely the one constant that underlies all we do.

Our phased-in paths to reopening are reliant upon CDC, state and local guidance, as well as policies and best practices outlined by the Asbury Communities Operations Team. Within the safety measures set by these authorities, we are working hard to begin to offer small-group and outdoor wellness sessions, window visits and other visitation opportunities in line with what we’ve shared previously. We’ll continue to update you as new opportunities or changes occur.

Our commitment to cleanliness is a featured part of our safety efforts. We have enhanced our community cleaning and disinfecting protocols, and have worked with our Asbury Communities Clinical Team and leveraged our partnership with Sodexo to ensure we are following all CDC requirements. Today I want to share with you what we’re doing to keep the community as clean as possible.

**Community teams are utilizing the most appropriate cleaning chemicals offered and recommended by the CDC. We use two distinct disinfection methods:**

- Our teams are using a peroxide disinfectant that has a 3-minute dwell time (that’s the amount of time that a sanitizer or disinfectant must be in contact with
the surface, and remain wet, in order to achieve the product’s advertised kill rate) to remove pathogens. In addition, our teams have access to ultraviolet light technology as an additional means to disinfect resident room and apartment cleaning.

**High-touchpoint cleaning & sanitizing enhancement process**
- Cleaning frequencies of high-touch areas are now completed at least twice daily, an increase from once daily previously.
- We have installed additional hand sanitizer dispensers throughout the community to accommodate for the increased demand.
- We are reviewing and testing UVC disinfection technology in one of our larger HVAC systems here at AMV. The strategy is to research common space air disinfection utilizing UV light.

**Education**
- Department leadership is conducting weekly in-services to inform staff of any COVID-19-related updates and industry best practices.
- Daily Operations Team calls continue to share current COVID-19 information and any updates from state and local health departments, the CDC, or CMS.

I appreciate the opportunity to serve you or work with you! If you ever have any questions, please ask.

**Important updates on amenities at AMV**

I have continually shared that the path to reopening is a thoughtful one which is always focused on safety. Our deliberate safety protocols to this point have had a positive impact.
Remaining on this very cautious path, I would like to announce a few updates below on amenities that we originally shared last week (please click here to view that communication with the details included) that will be opening in the near future. With any reopening plan, it is important to set expectations. Again, focused on safety, we will continue to consider effects, and will make adjustments as needed.

**Sandy Spring Bank**
Sandy Spring Bank will reopen Wednesday, July 22, from 9 a.m. - 3 p.m. by appointment. Sandy Spring Bank will continue to serve clients, by appointment only, every Wednesday and Thursday from 9 a.m. - 3 p.m. for the foreseeable future. To make an appointment, please call 301-987-6104. Please note that screening before going to the bank appointment is required. The bank is located directly in front of the Rosborough bank entrance.

**Salons**
We understand the desire to have campus salons reopen. *Diamond and Mund salons will begin seeing clients on Monday, July 20.* We don't have any information available at this time regarding the reopening of the Kindley Assisted Living and Wilson Health Care Center beauty shops, therefore, we will be assisting residents and families as needed with coordinating these hair appointments elsewhere on campus, please see the Kindley Assisted Living Family Letters for details.

**Visits to expand to outdoor spaces**
Residential Living residents may utilize outdoor spaces during visits. Visitors are limited to two, and masks must be worn throughout the entire visit. Visits are limited to two hours, and please be mindful to physically distance. Please, enjoy all the beauty AMV has to offer. There are many places to sit with your guests throughout the campus, including the following areas:

- Park View Patio
- Picnic tables around the pond. (One table is there already, with more on order, and there's plenty of bench seating.)
- Parker Lawn
- Blue Note Bistro
- Russell Avenue Café patio
- Hefner Lawn near the tennis court
- Green space in front of Trott (One table is there already, and two more tables are on order.)
- Trott rooftop
**Kindley Assisted Living and Wilson Health Care Center have established visitation protocols in place.**

**Reminder about CVS Pharmacy**
CVS will continue to deliver prescriptions and other items directly to resident doors. Beginning Monday, August 3, CVS will open by appointment only to service urgent needs. Residents needing in-store service must call ahead to 301-216-4372.

**Quarantine guidelines**
For the safety of all, we will ask any resident who has an overnight stay in the hospital or outside of campus to quarantine in their home for 14 days. Hospitals have the potential for high viral loads and are an exposure point. In addition, residents who have been directly exposed to someone with the COVID-19 virus will be asked to quarantine. During quarantine, residents will be called frequently for support. Please direct questions to Stephanie Sabine at 301-216-4337.

**Highlighting 1 of the 100+ resident clubs on campus!**

Did you know that Asbury is home to more than 100 resident clubs? Among them: The Asbury Clowns, who parade our campus spreading joy and laughter, one of the best natural elixirs for stress relief, and that's no joke.

**Diversity on display**
We love the diversity at Asbury Methodist Village, and its contribution to the City of Gaithersburg’s No. 2 ranking in diversity in the United States! Between residents and associates, AMV is proud to represent more than 70 nationalities. Protective Services Director Rob Walker has collected and displayed the flags of the 13 countries of birth for associates on his team.

Catch more stories about the great work associates are doing all across the Asbury system by clicking here. Please also feel free to forward this email to others in your family who you feel may benefit from receiving our communications, and direct them to click this link to sign up for the appropriate list for our community.

Messages of appreciation

More than 185 messages of thanks from family members and residents have come in for associates across the Asbury system in recent weeks. We are so appreciative of those messages, like the one below from resident Arthur Forrest:

"You are too good. Not only are all of you always smiling and greeting us with warmth but our needs -- even ones I had not thought of -- are taken care of. Because of this, I now have the concern that when the pandemic is over I may not want to leave the campus."

If you’d like to share a note of thanks, please click here to launch a form where you can type in your note of appreciation. We will take your submissions and find creative ways to share with associates. Thank you!

Please note ...
Please note that the updates and reminders we include in this section in each communication will soon also be housed in a new section on our community website on Asbury.org. We expect this to go live around August 1. Stay tuned for an update.

Virtual farm fresh market and baked goods
- Residents and associates have access to farm fresh produce and more from Scenic View Orchards. You may choose to order online or by subscription. Visit ScenicViewOrchards.com or call 301-271-2149. After ordering, the produce is delivered to the Administration Building parking lot for pick up. Transportation will be provided to the Administration Parking Lot for pick up.
- Home-baked scones & goodies by “DJ” The Baker are available! Visit DJtheBaker.square.site or text 443-432-8063. Questions? Please contact Susan Grotenhuis at 301-216-4955.

Asbury Home Health
Please remember that Asbury Home Health is part of Asbury Communities, Inc., and is on campus to support any resident. The services they provide include, but are not limited to: physical, occupational and speech therapy, medical social worker services, Home Health Aides, diabetic care, dressing changes and wound care, home safety and emergency education, IV therapy and injections, management and evaluation of patient care plan, medication and disease management and education, nutritional support, observation and assessment of conditions, and pain management. The phone number is 301-216-5697. All associates are COVID-19 tested along with AMV associates.

Blood pressure clinics upcoming
Asbury Home Services by Interim will be again offering blood pressure clinics. The clinics will be every Friday 11 a.m. to 12 p.m. (noon). The location will rotate between Diamond Lower Level and the Apartment Center, beginning Friday, July 24, in Diamond.

As always ... don't forget the 3 W's!
1. Wear Masks
2. Wash Hands
3. Watch Distance

COVID-19 Communications Hub
As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage at Asbury.org/COVID19. You can find the daily status charts in the first blue button on the side bar. We hope you'll take a moment to view messages of thanks that residents and family members have been sending in.
We are all in this together. Thank you for your continued understanding and cooperation. We are #AsburyStrong!

Sincerely,

Michele Potter
Executive Director

ASBURY
Methodist Village
Anticipate More

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