

This message is going to associates, and to residents and family members on our community distribution list.

A Message from the Executive Director

August 7, 2020

Dear Residents, Family Members & Associates,

We have tried to be as comprehensive as possible in our updates for you since the beginning of the pandemic. In addition to critical and timely communications about community operations or testing, we've also committed to weekly or bi-weekly messages like this one that include a roundup of happenings, important reminders and stories that lift up and share some of the great things happening at our community.

Over the course of the past few months, we have heard plenty of feedback from associates, residents and family members about our approach to communication. We've made changes and enhancements along the way. Today I'm happy to share that we have a new way to keep you updated via our website at **[Asbury.org/asbury-methodist-village/resources-events/family-friends](https://www.Asbury.org/asbury-methodist-village/resources-events/family-friends)**. This section includes information on topics such as:

- Campus visitation
- Community services & amenities
- Reopening plans & strategy
- Important phone numbers and who to contact

With community operations news now being posted on the [website](#), we will focus on timely and new updates only in these newsletters.

General Community Information

Click/tap here to view info on our community operations

Important & timely community updates

Please note that these updates and reminders are also included on our community operations site, [Asbury.org/asbury-methodist-village/resources-events/family-friends](https://www.asbury.org/asbury-methodist-village/resources-events/family-friends).

One Call Now

The launch of the weekly wellness check using the One Call Now telephone system was held earlier this week. Overall the initial call was a success with nearly 600 responses received. There were some glitches with timing and contact numbers which are being addressed. Thank you for your participation and patience as we continue to put processes in place to connect with you. We are conducting this additional measure to reach everyone who may not go through screening as they exit and enter campus.

Satellite Gyms

The satellite gyms at each residential building are slated to reopen on August 17th with new procedures and safety precautions in place:

- Residents will need to reserve gym time with each concierge.
- Prior to the appointment, residents will need to screen in at the Rosborough Center prior to going to gym.
- Once your workout is complete, please wipe down the equipment after use.

Detailed instructions will be posted at each location. Concierges will begin taking reservations on Monday August 10th. We really want to encourage residents to adhere to these guidelines, as an uptick in social gatherings may necessitate further restrictions.

Shopping Shuttle

We are excited to welcome back a shopping shuttle beginning Monday, August 10th. Of course, we must do this with safety in mind.

- The shuttle will be available Monday, Wednesday and Friday. [View full schedule here](#).
- Maximum 7 passengers per bus.
- By reservation only – sorry, no exceptions.

- Call 301-216-4019 to make a reservation.
- Masks must be worn.

Please keep in mind your safety while shopping, and know that stores have their own safety protocols in place.

- Masks must cover your nose and mouth.
- Wipe down the handles of shopping carts when possible.
- Some stores have arrows on the floors indicating what aisles you can enter.
- Remember to shop with a list and avoid touching items you do not intend to purchase.
- Many stores do not allow the use of reusable bags.

Mail-in Voting

When voters apply for a mail-in ballot, they can choose to receive it either via USPS (postal service) or via email (online/web delivery). Please note that online ballots printed at home cannot be read by tabulation scanners, therefore they must be hand-copied by teams of people onto official ballots in order to be tabulated by existing machines.

Reminder about CVS Pharmacy

CVS will continue to deliver prescriptions and other items directly to resident doors. As of August 3rd, CVS is open by appointment to service-urgent needs. Residents needing in-store service must call ahead to 301-216-4372.

Quarantine guidelines

For the safety of all, we will ask any resident who has an overnight stay in the hospital or outside of campus to quarantine in their home for 14 days. Hospitals have the potential for high viral loads and are an exposure point. In addition, residents who have been directly exposed to someone with the COVID-19 virus will be asked to quarantine. During quarantine, residents will be called frequently for support. Please direct questions to Stephanie Sabine at 301-216-4337.

COVID-19 Communications Hub

As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage at [Asbury.org/COVID19](https://www.asbury.org/COVID19). You can find the daily status charts in the first blue button on the side bar.

Mission in Motion Campaign

MISSION IN MOTION

"...Doing all the good we can..."

ASBURY
FOUNDATION 

The Asbury Foundation is moved by the response to the Mission in Motion Campaign. During this critical time for our country, we have seen Asbury associates, residents, family members, board members and friends provide support for one another in incredible ways. From donations to the Asbury Support Fund to entrance fee refunds and parking space deposits, we've seen generous support across the Asbury family, and it brings us comfort as we continue to monitor the coronavirus situation. [See a recap of the campaign here.](#)

Messages of appreciation

Nearly 200 messages of thanks from family members and residents have come in for associates across the Asbury system in recent weeks. We are so appreciative of those messages, like the one below from resident **Donna Schramm**:

"I am so grateful to be here. Associates work so hard to keep us safe, fed and living in a clean environment! I miss eating with friends, but all the Dining staff has been so terrific at getting us food and delivered to us! Sincere thank you to everyone that works here - from administration to every single associate!"

If you'd like to share a note of thanks, [please click here to launch a form](#) where you can type in your note of appreciation. We will take your submissions and find creative ways to share with associates. Thank you!

National Wellness Month



August is National Wellness Month, and while we usually try to incorporate wellness into our daily routines, life in the time of COVID-19 has taken some getting used to and has disrupted our routines. Because of this, self-care is critical for holistic health. Research has shown that self-care helps manage stress and promotes happiness. Whether you challenge yourself to exercise more or learn to cook a new recipe, making even a small change can impact your health in positive ways. National Wellness Month is a time to focus on self-care, stress management and healthy routines. Feel free to reach out to the Wellness team for ideas for questions!

We are all in this together. Thank you for your continued understanding and cooperation. We are #AsburyStrong!

Sincerely,

Michele Potter
Executive Director



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