October 2, 2020

Dear Residents, Family Members & Associates,

We’ve heard the experts and seen the facts about masks and its role in preventing the spread of COVID-19, especially when combined with other everyday preventive actions. We’ve seen campaign after campaign on TV or billboards reminding us to “Mask Up!” So, it gives me great pleasure to say that no additional mask-wearing reminders are needed here at Asbury Place Kingsport. Residents, associates, families and visitors have been so great in making sure to “Mask Up” when entering or traveling about our community.

Masks have become a central part of our lives for months now. Today, picking out a mask each morning goes right along with picking out what shirt we’re going to wear! Thank you for continuing to put on and wear your masks as part of your routine. It is crucial that we continue to do so while we’re here at the community, out and about running errands or wherever our days may take us.

We want to share a few reminders today about proper mask-wearing. Please keep the following in mind:

<table>
<thead>
<tr>
<th><strong>DO choose masks that</strong></th>
<th><strong>DO NOT choose masks that</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>![Image of a mask fitting properly]</td>
<td>![Image of a mask not fitting properly]</td>
</tr>
<tr>
<td>Have two or more layers of washable, breathable fabric</td>
<td>Are made of fabric that makes it hard to breathe, for example, vinyl</td>
</tr>
<tr>
<td>Completely cover your nose and mouth</td>
<td>Have exhalation valves or vents, which allow virus particles to escape</td>
</tr>
<tr>
<td>Fit snugly against the sides of your face and don’t have gaps</td>
<td>Are intended for healthcare workers, including N95 respirators or surgical mas</td>
</tr>
</tbody>
</table>
And, when wearing a mask, make sure you wear it correctly:

![Do NOT wear a mask](image)

Thanks for wearing your mask (and showing off your mask style) appropriately. Oh, and in case you’re ever wondering: Yes, even behind our masks, we’re wearing smiles!

Please read on for some of our latest updates and highlights across our community.

**Updates and reminders**

*Please note that these updates and reminders are also included on our community operations site, [Asbury.org/asbury-place-kingsport/resources-events/family-friends](Asbury.org/asbury-place-kingsport/resources-events/family-friends):*

- **Our campus visitation is being guided by public health and state and local guidelines.** These include Governor Lee’s thresholds for visitation to senior communities, which are set at no more than 10 new cases per 100,000 people in the county. See [Tennessee’s Epicurves page](Tennessee’s Epicurves page) for current county information. More details can be found in the Campus Reopening section on our [Friends & Family page](Friends & Family page).

- **Yesterday, you may have seen that the State of Tennessee released updated visitation guidelines.** We are reviewing these guidelines and, as we are able, will safely phase-in and implement once we have reached the necessary milestones. We will share updates as appropriate.

- **As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage at [Asbury.org/COVID19](Asbury.org/COVID19).** You can find the daily status charts in the first blue button on the side bar.
Asbury Moves up on Annual Ranking of Largest Providers

Asbury Communities has moved up a spot in the 2020 list of the largest not-for-profit senior living providers. Asbury is now the 16th largest provider in the United States. The rankings were revealed in this year’s LeadingAge Ziegler 200 report, which analyzes and ranks the nation’s 200 largest, most complex not-for-profit senior living provider. Read more here.

Here's a GEM!

All across the Asbury system, we lift up associates with GEMs, which stands for associates who Go the Extra Mile! GEMs are given for a job well done from associate-to-associate. So far this year we have had dozens and dozens of GEMs given at our community and today we want to lift up a special one for Linda Miller, Personal Care Aide:

"Linda is the epitome of a professional caregiver. She is always professional but she also cares for her clients, and it shows. Working with her is a pleasure and will continue to be a pleasure.” - Jordan Holmberg, Scheduler

Sharing a Note of Appreciation

Nearly 250 messages of thanks from family members and residents have come in for associates across the Asbury system in recent weeks. We are so appreciative of those messages, like this one submitted by a resident.

"Thanks for your compassion, Tuesday Kazukauskas (APK Administrative Assistant). Our dog, Chewie, loves it when Tuesday takes him to briefly visit his
friends at Baysmont. Chewie is a furry friend of the residents. Seeing him helps people feel happier during this pandemic."

If you'd like to share a note of thanks, please click here to launch a form where you can type in your note of appreciation. We will take your submissions and find creative ways to share with associates. Thank you!

-----

We are all in this together. Thank you for your continued understanding and cooperation. We are #AsburyStrong!