October 2, 2020

Dear Residents, Family Members & Associates,

We’ve heard the experts and seen the facts about masks and its role in preventing the spread of COVID-19, especially when combined with other everyday preventive actions. We’ve seen campaign after campaign on TV or billboards reminding us to “Mask Up!” So, it gives me great pleasure to say that no additional mask-wearing reminders are needed here at Asbury Place Maryville. Residents, associates, families and visitors have been so great in making sure to “Mask Up” when entering or traveling about our community.

Masks have become a central part of our lives for months now. Today, picking out a mask each morning goes right along with picking out what shirt we’re going to wear! Thank you for continuing to put on and wear your masks as part of your routine. It is crucial that we continue to do so while we’re here at the community, out and about running errands or wherever our days may take us.

We want to share a few reminders today about proper mask-wearing. Please keep the following in mind:

<table>
<thead>
<tr>
<th>DO choose masks that</th>
<th>DO NOT choose masks that</th>
</tr>
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<tbody>
<tr>
<td>Have two or more layers of washable, breathable fabric</td>
<td>Are made of fabric that makes it hard to breathe, for example, vinyl</td>
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<tr>
<td>Completely cover your nose and mouth</td>
<td>Have exhalation valves or vents, which allow virus particles to escape</td>
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<tr>
<td>Fit snugly against the sides of your face and don’t have gaps</td>
<td>Are intended for healthcare workers, including N95 respirators or surgical mas</td>
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And, when wearing a mask, make sure you wear it correctly:

Do NOT wear a mask

- Around your neck
- On your forehead
- Under your nose
- Only on your nose
- On your chin
- Dangling from one ear
- On your arm

Thanks for wearing your mask (and showing off your mask style) appropriately. Oh, and in case you’re ever wondering: Yes, even behind our masks, we’re wearing smiles!

Please read on for some of our latest updates and highlights across our community.

Updates and reminders

Please note that these updates and reminders are also included on our community operations site, Asbury.org/asbury-place-maryville/resources-events/family-friends:

- **Our campus visitation is being guided by public health and state and local guidelines.** These include Governor Lee’s thresholds for visitation to senior communities, which are set at no more than 10 new cases per 100,000 people in the county. See Tennessee’s [Epicurves page](#) for current county information. Our current visitation details are listed on our [Friends & Family page](#).

- **Previously, you may have seen that the State of Tennessee released updated visitation guidelines.** We are reviewing these guidelines and, as we are able, will safely phase-in and implement once we have reached the necessary milestones. We will share updates as appropriate.

- **Screening Process:** As a reminder we updated our screening process for associates and Residential Living residents here at Asbury Place Maryville. Please click the following links to read the original messages we sent out that include all the details you need to know.
  - [Screening process for associates](#)
As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage at Asbury.org/COVID19. You can find the daily status charts in the first blue button on the side bar.

Asbury Moves up on Annual Ranking of Largest Providers

Asbury Communities has moved up a spot in the 2020 list of the largest not-for-profit senior living providers. Asbury is now the 16th largest provider in the United States. The rankings were revealed in this year’s LeadingAge Ziegler 200 report, which analyzes and ranks the nation’s 200 largest, most complex not-for-profit senior living provider. Read more here.

Recognition

Josh Rainey Promoted to Executive Chef

Josh Rainey has been promoted to the Sodexo Executive Chef Position at Asbury Place Maryville. In his new role, Josh directly oversees the Health Care Main Kitchen operations and continues to provide management oversight to the Bistro Dining Team.

"Josh has done a great job over the last year in his role as Food Operations Manager since joining Sodexo and the APM Dining Team and (we are) excited about this new opportunity for Josh," said Jonathan Darling, General Manager, Multi-Service.

“I am very excited about this new opportunity in my career," Josh said. "Put your head down and work hard. Never wait for things to happen, make them happen for yourself through hard work and not giving up. I look forward to continuing to make the dining operations the best it can be!”

Here's a GEM!
All across the Asbury system, we lift up associates with GEMs, which stands for associates who Go the Extra Mile! GEMs are given for a job well done from associate-to-associate. So far this year we have had dozens and dozens of GEMs given at our community and today we want to lift up a special one for Matthew Coldiron, Activities Assistant:

"Matthew stepped in with no hesitation when a family was in need of chaplain services, I reached out to him and he went above and beyond not only visiting the day I made the call but also with a visit the next morning." -- Amy Wilson, Activities Assistant

If you'd like to submit a GEM for one of our associates, please click here to do so!