



A Message from the Executive Director

October 2, 2020







Dear Residents & Family Members,

We've heard the experts and seen the facts about masks and its role in preventing the spread of COVID-19, especially when combined with other everyday preventive actions. We've seen campaign after campaign on TV or billboards reminding us to "Mask Up!" So, it gives me great pleasure to say that no additional mask-wearing reminders are needed here at Normandie Ridge. Residents, associates, families and visitors have been so great in making sure to "Mask Up" when entering or traveling about our community.



Masks have become a central part of our lives for months now. Today, picking out a mask each morning goes right along with picking out what shirt we're going to wear! Thank you for continuing to put on and wear your masks as part of your routine. It is crucial that we continue to do so while we're here at the community, out and about running errands or wherever our days may take us.

I want to share a few reminders today about proper mask-wearing. I saw a few really neat and helpful graphics from the CDC recently and I wanted to share those with you. Please keep the following in mind:

DO choose masks that	DO NOT choose masks that
 <p>Have two or more layers of washable, breathable fabric</p>	 <p>Are made of fabric that makes it hard to breathe, for example, vinyl</p>
 <p>Completely cover your nose and mouth</p>	 <p>Have exhalation valves or vents, which allow virus particles to escape</p>
 <p>Fit snugly against the sides of your face and don't have gaps</p>	 <p>Are intended for healthcare workers, including N95 respirators or surgical mask</p>

And, when wearing a mask, make sure you wear it correctly:

Do NOT wear a mask

 <p>Around your neck</p>	 <p>On your forehead</p>	 <p>Under your nose</p>	 <p>Only on your nose</p>
 <p>On your chin</p>	 <p>Dangling from one ear</p>	 <p>On your arm</p>	

Thanks for wearing your mask (and showing off your mask style) appropriately. Oh, and in case you're ever wondering: Yes, even behind our masks, we're wearing smiles!

Please read on for some of our latest updates and highlights across our community.

Updates and reminders

Please note that many of these updates and reminders are also included on our community operations site: <https://www.normandieridge.org/friends-family/>.

We continue to follow reopening conditions as established by the Commonwealth of Pennsylvania. Personal Care and Memory Care are now scheduling outdoor visits. Families may contact Amanda Woods to schedule a visitation time at

Amanda.Woods@AlbrightCare.org or 717-718-2908.

Planning for a visit to Personal Care/Memory Care:

- Please do not visit if you are ill – refer to screening form used upon arrival.
- Please bring and wear a mask when on campus.
- Screen in at the Normandie Ridge front entrance 10 minutes before scheduled visit.
- Please limit the number of visitors to 2 per visit.
- You will be directed and accompanied by a staff member to the outdoor visiting area.
- Both the resident and visitor must sanitize their hands.
- Visitor and resident must remain 6 feet apart for the entire visit.
- Visits are 30 minutes in length to allow for cleaning and preparation for the next visit.

Health Care Neighborhoods

- Visitation for Nursing Care has been temporarily suspended. See our [Skilled Nursing Implementation Plan for Reopening In Accordance with the Pennsylvania Department of Health](#).

Independent Living

- Residents may welcome two guests at a time to their home for up to two hours.
- Visitors must first visit our Screening Station at the campus entrance. Masks are required in all areas of our community, and we ask that you avoid touching surfaces and practice 6-foot physical distancing, including one person to an elevator.
- Residents who leave the community for errands or day trips are required to follow our screening process upon return. Residents who leave the campus for more than 24 hours may be required to self-quarantine upon return.

Does Your Front Door Look this Festive?



The creativity of Normandie Ridge staff was on full display recently. Staff participated in a door decorating contest with each department decorating a door with a different theme. Residents voted for their favorite--the winner was marketing's tropical themed door (pictured above)!

Warm Up This Fall With A Normandie Ridge Hoodie!

NORMANDIE RIDGE STAFF & RESIDENTS:

*Warm Up This Fall With
Your Normandie Ridge Hoodie!*



Navy Blue Port & Company Core Fleece Full-Zip Hooded Sweatshirt with front pockets and Normandie Ridge logo embroidered in white.
Available in sizes S, M, L, XL, 2XL, 3XL, 4XL

Price: \$30 each.

Payment is due in cash at time of order. See Amber Wnek to place your order! Orders due by October 9.

Don't Be a Turkey. Give a Turkey!



Normandie Ridge residents and their families are invited to participate in the Turkey Dinner Fundraiser. You can help our wonderful staff celebrate Thanksgiving with the gift of a full turkey dinner! [Click here to download a form to make a donation](#). Or you may request a printed form by calling the receptionist at Normandie Ridge at 717-764-6262.

We are all in this together. Thank you for your continued understanding and cooperation. We are #NormandieRidgeStrong!

Sincerely,

Lauren Dieter, NHA MBA

Executive Director

Normandie Ridge Senior Living Community
1700 Normandie Drive
York, PA 17408

Main: (717) 764-6262

Direct: 717-718-1027

Fax: 717-767-4453

Lauren.Dieter@albrightcare.org

NormandieRidge.org