

## A Message from the Executive Director

October 2, 2020







Dear Residents & Family Members,

We've heard the experts and seen the facts about masks and its role in preventing the spread of COVID-19, especially when combined with other everyday preventive actions. We've seen campaign after campaign on TV or billboards reminding us to "Mask Up!" So, it gives me great pleasure to say that no additional mask-wearing reminders are needed here at RiverWoods. Residents, associates, families and visitors have been so great in making sure to "Mask Up" when entering or traveling about our community.



Masks have become a central part of our lives for months now. Today, picking out a mask each morning goes right along with picking out what shirt we're going to wear! Thank you for continuing to put on and wear your masks as part of your routine. It is crucial that we continue to do so while we're here at the community, out and about running errands or wherever our days may take us.

I want to share a few reminders today about proper mask-wearing. I saw a few really neat and helpful graphics from the CDC recently and I wanted to share those with you. Please keep the following in mind:

DO choose masks that	DO NOT choose masks that
 <p>Have two or more layers of washable, breathable fabric</p>	 <p>Are made of fabric that makes it hard to breathe, for example, vinyl</p>
 <p>Completely cover your nose and mouth</p>	 <p>Have exhalation valves or vents, which allow virus particles to escape</p>
 <p>Fit snugly against the sides of your face and don't have gaps</p>	 <p>Are intended for healthcare workers, including N95 respirators or surgical mask</p>

And, when wearing a mask, make sure you wear it correctly:

### Do NOT wear a mask

 <p>Around your neck</p>	 <p>On your forehead</p>	 <p>Under your nose</p>	 <p>Only on your nose</p>
 <p>On your chin</p>	 <p>Dangling from one ear</p>	 <p>On your arm</p>	

Thanks for wearing your mask (and showing off your mask style) appropriately. Oh, and in case you're ever wondering: Yes, even behind our masks, we're wearing smiles!

Please read on for some of our latest updates and highlights across our community.

## Nea's News - RiverWoods Updates & Reminders



Please note that many of these updates and reminders are also included on our community operations site, [RiverWoods.org/friends-family](https://www.RiverWoods.org/friends-family):

- **Visitation:** Our campus has begun to ease visitation restrictions in line with public health and state and local guidelines, but our health care neighborhoods remain closed to in-person visits. You can read more in the campus information section on our [Friends & Family page](#).
- **Screening & Safety Measures:** We all have a responsibility to support and protect each other. All persons entering our community are required to follow our screening procedures, which includes a temperature check and questionnaire. All residents, associates, and visitors are required to wear a mask on campus and to practice physical distancing.
- **As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage at [Asbury.org/COVID19](https://www.Asbury.org/COVID19).** You can find the daily status charts in the first blue button on the side bar.
- **Notice to residents about patio furniture:** Maintenance would like to remove and store residents' patio furniture the week of October 12-16. Please submit a work order if you would like your furniture stored. Please remember to properly identify your furniture.
- **Work on the Adams Center entry is scheduled to begin Monday, October 5, weather permitting.** This will be phase one of the project with phase two

scheduled for early 2021.

- We are very thankful to Activities Director Nikki Steiner and team for the beautiful fall decorations on campus (pictured above).
- As this is typically “Fair Week” for those living in our area, various “fair-related” activities are being held for residents in the Nursing Care Center. We miss our Bloomsburg Fair this year but residents are excited to experience “fair-like” activities at RiverWoods!
- The new security building near the garages is currently being wired and prepared for use.
- **The speed limit on campus has been reduced to 10 miles per hour** as an increased safety measure. Watch for new signs to go up around campus soon.
- The mansard project at the Nursing Care Center has been restarted.
- Despite the temporary halt in re-opening plans, window visits continue to be scheduled in the Nursing Care Center and in Personal Care.
- **The cul-de-sac at the end of Applewood Drive will be graded to repair the area where water ponding occurs.** Following grading, the road will be paved. A tentative start date will be provided to Applewood residents once it is determined.

## RidgeCrest Restaurant Menus

The RidgeCrest Restaurant menus for next week are full of delicious options for take-out! Residents, please remember that lunch needs to be ordered by 10 a.m. and dinner by 3 p.m. **Place your order by calling 570-524-9314.**

- [Daily Features Menu - Oct. 4-10](#)
- [Weekly Menu - Oct. 7](#)

## Residents Participate in Outdoor Pentathlon

Congratulations to our Pentathlon winners! RiverWoods independent living residents tested their strengths and skills over a five-day period of outdoor events including:



cornhole, putt putt, bocce bombs, washer toss and trivia. An awards ceremony was held at the conclusion and the winners are as follows:



Left: 2nd Place Overall – Joanne Schweinsberg

Middle: 1st Place Overall – Zoya Jenks

Right – 3rd Place Overall – Martha Donahue

Back row, from left: Duane Schmader, Aquatics & Fitness Coordinator, and David Shoffler, Fitness & Aquatics Manager



Front row, from left: Gloria Strong - Corn hole Winner; Zoya Jenks – Washer Toss Winner; Ed Nye – Bocce Bombs Winner

Back row, from left: Duane Schmader; Margaret Kastner – Trivia Winner; David Schoffler; Jack Robinson – Putt-Putt Winner

**Meals on Wheels Receives Donation from Rotary Club**



The Lewisburg Sunrise Rotary recently presented a check for \$2,000 to the RiverWoods Meals on Wheels program. The money was raised through their recent Flags for Heroes project. Currently Meals on Wheels provides meals to 75 people in the Lewisburg/Milton area, including Watsontown and West Milton.

Pictured from left are: Rev. Marian Anderson, Club President Elect and Chaplain at Buffalo Valley Lutheran Village - Diakon Senior Living; Karen Nicholson, Club President; Cindy Walker, club member and Director of Meals on Wheels; and Rev. Sue Jamison, club member and director of Donor Relations & Community Outreach at Albright Care Services.

Thank you Lewisburg Sunrise Rotary Club for helping Meals on Wheels continue to feed those in need!

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We are all in this together. Thank you for your continued understanding and cooperation. We are #RiverWoodsStrong!

Sincerely,

**Lennea Brown, NHA**

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