



A Message from Executive Director Lennea Brown

Nov. 25, 2020

Dear Residents, Family Members & Associates,

In most years, Thanksgiving marks an opportunity for all of us to gather with family and friends, while sharing food, stories and maybe playing a little backyard football. This year, the holiday will look different, but that doesn't mean it has to feel different.



In a year in which everything has been upended, we have all gotten creative to find new routines, become more comfortable with technology, and bond over our collective effort to address the pandemic. While not always obvious, there are positives that have come about over the past nine months. This Thanksgiving I hope you can take a minute to reflect and be thankful for what we do have, what we have learned and how we're stronger as a community.

Here's a quote about giving thanks from author Melody Beattie, and I think it's especially appropriate for this year:

"Gratitude turns what we have into enough, and more. It turns denial into acceptance, chaos into order, confusion into clarity...it makes sense of our past,

brings peace for today, and creates a vision for tomorrow."

As you create a new experience for this Thanksgiving, I hope you can find joy in being grateful for what we do have, what we've overcome, and what lies ahead.

As I spend a moment reflecting during the holiday, at the top of my list will be how grateful I am for your partnership during this trying year. Thank you.

Happy Thanksgiving.

Community Visitation & Operations Website

As you are likely aware, COVID-19 cases continue to rise around us and all across the country. As many experts have said, we are in the midst of a new surge of the pandemic, and we must respond accordingly.

Rising numbers brings, as we should expect, additional guidance around combating the pandemic. Therefore, we must remain fluid in our response to do all we can to protect those who live and work here. Our journey through this unprecedented challenge is continually evolving. The Asbury System Operations Team continues to work collaboratively with our community leadership team, including our highly experienced clinicians from acute, post-acute, and senior living backgrounds, and operational experts.

While we will continue to communicate timely and important changes to you via email, I want to remind you that our website remains the go-to source for our community operations, including visitation rules, who to contact, and more.

[Please visit our community page here.](#)

Nea's News - RiverWoods Updates & Reminders

Please note that many of these updates and reminders are also included on our community operations site, RiverWoods.org/friends-family:

- **The key COVID-19 metrics that the state of Pennsylvania tracks have worsened considerably in recent weeks.** For us here at RiverWoods, we are issuing a new directive in an effort to continue to be proactive in our responsibility to keep residents and associates as safe as possible. If an Independent Living resident chooses to leave our community for a Thanksgiving celebration to join friends and family, the resident will be required to self-quarantine for 14 days upon return. In addition to our new screening process that also applies to visitors, guests from outside our state seeking to visit Independent Living residents will need to demonstrate a negative COVID-19 test completed in the past 72 hours in order to be able to visit a resident's home. The Personal Care and Nursing Care Center neighborhoods remain closed to in-person visits at this time. Our teams are happy to arrange virtual calls so everyone will have an opportunity to connect with their loved ones. [Please click here for my original message](#) with all the details you need to know about travel and visitation.
- **Testing is an important component of our COVID-19 prevention strategy.** We are pleased to share some outstanding results for RiverWoods and the Asbury system. As of November 1, Asbury has conducted just over 22,000 COVID-19 tests at our communities with a positivity rate of just .5 percent. This compares to a national positivity rate of 7 percent. At RiverWoods, we have conducted 1,347 tests with a positivity rate of just 1.7 percent.
- **As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage** at Asbury.org/COVID19. You can find the daily status charts in the first blue button on the side bar.

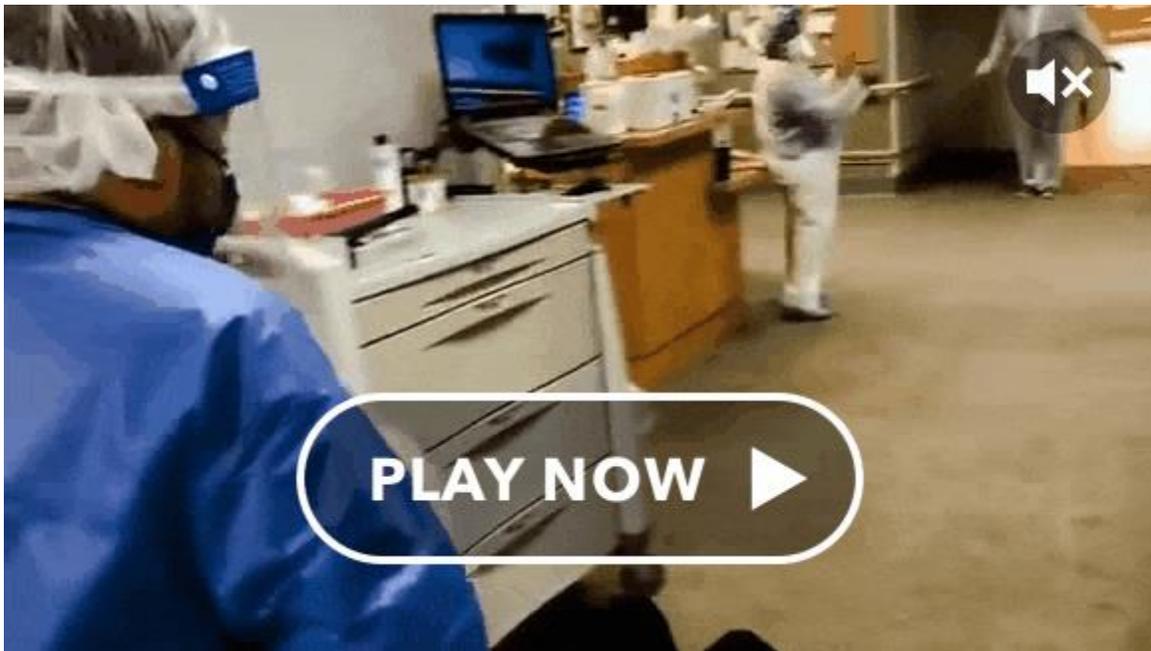
- **New Community Screening Process:** The screening process is a critical component of our overall safety measures here at RiverWoods. We have had a couple of iterations of our screening process since COVID-19 hit earlier this year and we have averaged about 600 screenings a day. It's been a monumental effort and has served us well. We recently revised our screening measures to combine technology and the best practices we've established in order to keep residents, visitors and associates safe. [Please click here](#) for what you need to know about the new screening process for residents and visitors. The associate screening process can be found [here](#).
- **The RiverWoods Fitness Center is temporarily closed.** Residents will be contacted to reschedule appointments once a reopening date is determined.
- **We have a new Interim Administrator**, and it's someone you might be familiar with: John McDonough, who also serves as the Senior Director of Business Development and Analytics for Albright, has assumed the role of Interim Administrator.
- **PS Salon will move to a "cashless" payment system effective Dec. 1, 2020. What does this mean?** You may pay for services by personal check, credit card, check card or by having the charge added to your monthly invoice. PS Salon also offers "PS Celebration Accounts" whereby rewards can be earned. Please see a stylist to learn more about this program and to sign up. This program also offers "gifting opportunities" for family and friends!
- **Landscaping update:** Thank you to those who have reached out about our new lawn and landscaping contract with BrightView. Our new contract includes the following covered services each year:
 - Once each year: Mulching and edging of flower beds, including pre-emergent flower beds (8 times each year post-emergent flower beds will be sprayed)

- 26 times each year: Mowing and trimming our grounds, including mowing clean up and the weeding of flower beds
 - Seasonal clean-up each fall and spring, and twice-annually the shrubs will be pruned
 - Fertilization program includes four rounds of fertilizing the grounds
- **Work on the Adams Center entry is well underway.** [Please click here](#) to read my message that includes details about this community enhancement.

LeadingAge Names Recipients of its Annual Award of Honor

Every year, LeadingAge, a national organization of more than 5,000 aging-focused non-profit organizations, bestows the Award of Honor to one member who has provided nationally significant, transformative leadership in aging services. This year, the organization is not naming one award winner. Rather, LeadingAge has named all LeadingAge members, which includes Asbury associates, as recipients of this year's Award of Honor. In making the announcement, LeadingAge said: *"This year, in the face of great adversity and overwhelming tragedy, you have all risen to the occasion and demonstrated remarkable leadership and unbelievable courage in what will likely be remembered as the hardest year of your life."*

Thank you to Asbury associates for their commitment to our mission to do "all the good we can" for those we serve! Please enjoy this video produced by LeadingAge.



Know Someone Who Isn't Receiving our Emails? Here's How They Can Sign Up!

Thanks for opting to receive emails from RiverWoods! Do you know of anyone else -- residents or other family members -- who may benefit from receiving our communications? If so, please share the links below so they can sign up for the right list.

RiverWoods Residents can sign up using these forms:

- Skilled Nursing Care: <https://bit.ly/RWHCresidents>
- Personal Care: <https://bit.ly/RWPCresidents>
- Independent Living: <https://bit.ly/RWRLresidents>

RiverWoods Families can sign up using these forms:

- Skilled Nursing Care <http://bit.ly/RWRLfamilies>
- Personal Care <http://bit.ly/RWPCfamilies>

- Independent Living <http://bit.ly/RWHCfamilies>

Associate Recognition



It may have looked a little different, but we were happy to honor several of our associates who reached work anniversary milestones last week. We are grateful for each and every one of these associates and for their commitment to service and excellence! A special thank you to our Dining Department for making the beautiful gift baskets for our recipients. [Click here for more photos!](#)

We are all in this together. Thank you for your continued understanding and cooperation. We are #RiverWoodsStrong!

Sincerely,

Lennea Brown, NHA

Executive Director

RiverWoods Senior Living Community
270 RidgeCrest Circle
Lewisburg, PA 17837

Main: (570) 522-6234

Direct: (570) 522-6232

Fax: (570) 524-2744

Lennea.Brown@albrightcare.org

RiverWoods.org