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AsburyMethodistVillage.org

This message is going to AMV associates, and to residents and family members on our distribution list.

A Message from the Executive Director

Nov. 6, 2020

Dear Residents, Family Members & Associates,

As the leaves begin to fall, the daylight gets shorter and the days colder, our focus begins to turn toward the upcoming holiday season here at Asbury Methodist Village. In our planning for these festive days, we still have one primary goal above all else: the health and safety of those who live and work here.

We have all worked so hard to combat COVID-19, and as a result we have been able to slowly reopen through visitation opportunities, restarting wellness classes and bringing varied dining options back to you. We are now planning for the holiday season, from decorations to campus events featuring physical distancing. At our community, I'm happy to share this [list of holiday events and traditions that will take place on campus](#), from Veterans Day to New Year's.

I believe it is safe to say that Thanksgiving, Christmas and New Year's Day will all look different this year. Not unlike the entirety of 2020. While we encourage you to make plans for enjoying the holidays, our current policies on gatherings and visitation will remain the same. As difficult as this is to say, it's our reality, and we

must remain committed to being as safe as possible. Together, we have come so far and our diligence is as important now as ever. We are not safe from the virus, and the crisis is not over.

As our policies stand now, Residential Living does not have a limit on the number of guests that can visit, as long as masks are worn – even in individual homes – and the home is large enough to accommodate appropriate physical distancing. Please keep an eye on the [AMV Operations webpage for friends and family](#), which will outline any changes to policies affecting visitation restrictions in Kindley Assisted Living or Wilson Health Care Center. Residents should utilize the self-monitoring checklist daily. Copies are available at concierge desks. Also, if you plan to travel, please let your Concierge know so that we can best plan for your arrival back to the community and any additional safety measures that we may need to take.

To help with your holiday planning, the CDC has many things to consider. [You can find the full list here](#), and below I've highlighted a few that I think are important to note:

- Celebrating virtually or with members of your own household poses low risk for spread. In-person gatherings pose varying levels of risk.
- Higher levels of COVID-19 cases and community spread in the gathering location, as well as where attendees are coming from, increase the risk of infection and spread among attendees. You should consider the number and rate of COVID-19 cases in their location and in the area where they plan to celebrate when considering whether to attend a holiday celebration. Information on the number of cases in an area can be found on the [area's health department website](#).
- Gatherings with attendees who are traveling from different places pose a higher risk than gatherings with attendees who live in the same area.
- Outdoor activities are safer than indoor activities. If participating in an outdoor event is not possible, and you choose to attend an indoor event, avoid crowded, poorly ventilated, and fully enclosed indoor spaces.

Increase ventilation by opening windows and doors to the extent that is safe and feasible based on the weather.

- Check with the event host, organizer, or event venue for updated information about any COVID-19 safety guidelines and if they have steps in place to prevent the spread of the virus.
- Bring supplies to help you and others stay healthy. For example, bring extra masks (do not share or swap with others), hand sanitizer that contains at least 60% alcohol, and tissues.
- If you are planning to attend in-person holiday gatherings with people outside of your household, consider strictly avoiding contact with people outside of your household for 14 days before the gathering.

Please keep in mind that each and every one of us has an obligation to exercise personal responsibility for ourselves, for our families, for those who serve us and for our neighbors. If Montgomery County should regress or if we encounter a new positive COVID-19 case, we will revert to previous measures and we will communicate that change with you. As a reminder, all COVID-19 data is updated daily at [Asbury.org/COVID19](https://www.asbury.org/COVID19).

Please note that these updates and reminders are also included on our community operations site, <https://www.asbury.org/asbury-community-visitation-and-reopening-plans>.

Thank you for your continued commitment to safety and for abiding by the precautions we have in place. I think the biggest gift we can give each this year is that of health and safety. I wish you the happiest holiday seasons and that you are able to make it memorable.

Sincerely,

Michele Potter

Executive Director



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