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SpringhillErie.org

This message is going to Springhill associates, and to residents and family members on our community distribution list.

A Message from the Executive Director

Nov. 6, 2020

Dear Residents, Family Members & Associates,

As the leaves begin to fall, the daylight gets shorter and the days colder, our focus begins to turn toward the upcoming holiday season here at Asbury Springhill. In our planning for these festive days, we still have one primary goal above all else: the health and safety of those who live and work here.

We have all worked so hard to combat COVID-19, and as a result we have been able to slowly reopen through visitation opportunities, restarting wellness classes and bringing varied dining options back to you. We are now planning for the holiday season, from decorations to campus events featuring physical distancing. At our community, I'm happy to share that one tradition we're planning to continue is our Springhill Associate Appreciation and Holiday Celebration in December, although it will be different than in previous years!

I believe it is safe to say that Thanksgiving, Christmas and New Year's Day will all look different this year. Not unlike the entirety of 2020. While we encourage you to make plans for enjoying the holidays, our current policies on gatherings and visitation will remain the same. As difficult as this is to say, it's our reality, and we

must remain committed to being as safe as possible. Together, we have come so far and our diligence is as important now as ever. We are not safe from the virus, and the crisis is not over.

Just as our policies are now, Residential Living residents may host guests in accordance with our current policy so long as physical distancing of 6 feet or more can be maintained. Garden Home and Residential Living residents may continue to visit with families or others off-campus provided all the screening measures are followed. **Residents should continue to utilize the self-monitoring checklist daily.** [Click here to view](#) or refer to the hard copy version you have been provided.

Also, if you plan to travel, please let Emily Hill, Director of Health Services (814-860-7028), know so that we can best plan for your arrival back to the community and any additional safety measures that we may need to take. Both OakView Personal Care and ForestView Health Care Center will continue providing scheduled visitation around the holidays. Please know we are happy to assist with virtual visits for families and their loved ones. Contact Katie MacKenzie (814-860-7015) for Residential Living, Lori Burek (814-860-7016) for OakView Personal Care virtual visits, and Bre Klenz (814-860-7120) for virtual visit assistance at ForestView Health Care Center.

If you have loved ones from out of this area considering a visit, please encourage them to contact Emily Hill for Residential and OakView Residents (814-860-7028) or Stephanie Wilbur, Director of Nursing at ForestView Health Care Center (814-860-7104), prior to their trip to review all screening information. *This may prevent any disappointments if in-person visits and/or apartment visits cannot happen!*

To help with your holiday planning, the CDC has many things to consider. [You can find the full list here](#), and below I've highlighted a few that I think are important to note:

- Celebrating virtually or with members of your own household poses low risk for spread. In-person gatherings pose varying levels of risk.
- Higher levels of COVID-19 cases and community spread in the gathering location, as well as where attendees are coming from, increase the risk of infection and spread among attendees. You should consider the number and rate of COVID-19 cases in their location and in the area where they plan to celebrate when considering whether to attend a holiday celebration. Information on the number of cases in an area can be found on the [area's health department website](#).
- Gatherings with attendees who are traveling from different places pose a higher risk than gatherings with attendees who live in the same area.
- Outdoor activities are safer than indoor activities. If participating in an outdoor event is not possible, and you choose to attend an indoor event, avoid crowded, poorly ventilated, and fully enclosed indoor spaces. Increase ventilation by opening windows and doors to the extent that is safe and feasible based on the weather.
- Check with the event host, organizer, or event venue for updated information about any COVID-19 safety guidelines and if they have steps in place to prevent the spread of the virus.
- Bring supplies to help you and others stay healthy. For example, bring extra masks (do not share or swap with others), hand sanitizer that contains at least 60% alcohol, and tissues.
- If you are planning to attend in-person holiday gatherings with people outside of your household, consider strictly avoiding contact with people outside of your household for 14 days before the gathering.

Please keep in mind that each and every one of us has an obligation to exercise personal responsibility for ourselves, for our families, for those who serve us and for our neighbors. If Erie County should regress or if we encounter a positive COVID-19 case, we will revert to previous measures and we will communicate that change with you. As a reminder, all COVID-19 data is updated daily

at [Asbury.org/COVID19](https://www.asbury.org/COVID19).

Please note that these updates and reminders are also included on our community operations site, <https://www.asbury.org/asbury-community-visitation-and-reopening-plans>.

Thank you for your continued commitment to safety and for abiding by the precautions we have in place. I think the biggest gift we can give each this year is that of health and safety.

I wish you a happy holiday season!

Sincerely,

Jane Gibson
Executive Director



2323 Edinboro Road
Erie, PA 16509
(814) 860-7002
jgibson@asbury.org
www.Asbury.org

