



A Message from the Executive Director

Nov. 9, 2020

Dear Residents, Family Members & Associates,

As the leaves begin to fall, the daylight gets shorter and the days colder, our focus begins to turn toward the upcoming holiday season here at RiverWoods. In our planning for these festive days, we still have one primary goal above all else: the health and safety of those who live and work here.

We have all worked so hard to combat COVID-19, and as a result, we have been able to slowly reopen through visitation opportunities, opening our library, fitness center and woodshop. We are now planning for the holiday season, from decorations to campus events featuring physical distancing. At our community, I'm happy to share that one tradition we're planning to continue is the lighting of luminaries as part of our annual "Grand Illumination."

I believe it is safe to say that Thanksgiving, Christmas and New Year's Day will all look different this year. Not unlike the entirety of 2020. While we encourage you to make plans for enjoying the holidays, our current policies on gatherings and visitation will remain the same. As difficult as this is to say, it's our reality, and we must remain committed to being as safe as possible. Together, we have come so far and our diligence is as important now as ever. We are not safe from the virus, and the crisis is not over.

As the holidays get closer, so do questions around visitation and traveling. And it comes with the timing that more questions come up about our quarantine process. [Please click here for an outline of several Frequently Asked Questions](#) we often receive regarding quarantine. If you have any questions, please reach out to Heather Colpetzer at 570-522-6200.

Just as our policies are now, Independent Living residents may host guests in accordance with our current policy of a 2-person maximum for no longer than 2 hours so long as physical distancing of 6 feet or more can be maintained. Also, for Independent Living residents, if you plan to travel and in line with the FAQs provided above, please let Heather Colpetzer (570-522-6200) know so that we can best plan for your arrival back to the community and any additional safety measures that we may need to take. Visits with Personal Care Residents may be scheduled by calling Tammy Speece at 570-522-6204; iPad and window visits with Nursing Care Center residents may be scheduled by calling Nikki Steiner at 570-522-6257.

To help with your holiday planning, the CDC has many things to consider. [You can find the full list here](#), and below I've highlighted a few that I think are important to note:

- Celebrating virtually or with members of your household poses a low risk for spread. In-person gatherings pose varying levels of risk.
- Higher levels of COVID-19 cases and community spread in the gathering location, as well as where attendees are coming from, increase the risk of infection and spread among attendees. You should consider the number and rate of COVID-19 cases in their location and in the area where they plan to celebrate when considering whether to attend a holiday celebration. Information on the number of cases in an area can be found on the [area's health department website](#).
- Gatherings with attendees who are traveling from different places pose a higher risk than gatherings with attendees who live in the same area.

- Outdoor activities are safer than indoor activities. If participating in an outdoor event is not possible and you choose to attend an indoor event, avoid crowded, poorly ventilated, and fully enclosed indoor spaces. Increase ventilation by opening windows and doors to the extent that is safe and feasible based on the weather.
- Check with the event host, organizer, or event venue for updated information about any COVID-19 safety guidelines and if they have steps in place to prevent the spread of the virus.
- Bring supplies to help you and others stay healthy. For example, bring extra masks (do not share or swap with others), hand sanitizer that contains at least 60% alcohol, and tissues.
- If you are planning to attend in-person holiday gatherings with people outside of your household, consider strictly avoiding contact with people outside of your household for 14 days before the gathering.

Please keep in mind that every one of us should exercise personal responsibility for ourselves, for our families, for those who serve us and for our neighbors. If Union County should regress or if we encounter a new positive COVID-19 case, we will revert to previous measures and we will communicate that change with you. As a reminder, all COVID-19 data is updated daily at [Asbury.org/COVID19](https://www.asbury.org/COVID19).

Please note that these updates and reminders are also included on our community operations site, <https://www.asbury.org/asbury-community-visitation-and-reopening-plans>.

Thank you for your continued commitment to safety and for abiding by the precautions we have in place. I think the biggest gift we can give each other this year is that of health and safety. I wish you the happiest holiday season and that you can make it memorable.

Sincerely,

Lennea Brown, NHA

Executive Director

RiverWoods Senior Living Community
270 RidgeCrest Circle
Lewisburg, PA 17837

Main: (570) 522-6234

Direct: (570) 522-6232

Fax: (570) 524-2744

Lennea.Brown@albrightcare.org

RiverWoods.org