



This message is going to associates, and to residents and family members on our community distribution list.

A Message from Vice President Melissa Fury

January 29, 2021

Dear Residents, Family Members & Associates,

I'm pleased to share this month's community newsletter with you. We have updates on many topics, including vaccinations, community operations, a new way to show off Asbury Place Kingsport gear, news you need to know (*including learning about an exciting pastime one associate has!*) and more.

I am proud of the way our community continues to bond together in our now two-pronged approach to defeating COVID-19: the vaccine roll out and our continued vigilance around all the transmission-based precautions we have in place at Kingsport. We also continue to post vaccine-related info on our dedicated COVID-19 hub on our website – [check it out here](#).

Over the past 11 months, we've been through a lot and we've been challenged time and time again. But the new year brings new hope to get to the other side of the pandemic. As a community of 330 residents and associates, we have shown our strength, but we're not stopping now – we continue to work together, and as a result, our muscles only get stronger. Thank you for your commitment, camaraderie and energy – it's inspiring and I'm so very proud to say: we are #AsburyStrong!

We're Ready to Serve Your Outpatient Therapy Needs!



If you are in need of physical, occupational, or speech therapy services, Asbury Place Therapy Services is open! Recently, Asbury Communities joined forces with its long-running partner, Flagship Rehabilitation, to provide oversight to our newly formed in-house therapy team. Flagship has been serving seniors across the mid-Atlantic for more than 20 years. Now, you can expect the same quality treatment and strong outcomes that you have always experienced provided by an in-house team of therapy experts. To schedule an appointment, please call **Director of Therapy Services Angie Calhoun at 423-830-8511**. We will determine if services can be provided at your home or in our rehabilitation gym.

I am personally excited about this transition. By having this team in-house, we can better coordinate our safety protocols related to COVID-19, create a more cohesive planning process, and build strategic decision-making for resident services.

COVID-19 Vaccine Roll Out



I am happy to share that the COVID-19 vaccine rollout is well underway here at Kingsport. This is an exciting new chapter in our battle against the coronavirus. Dozens and dozens of residents and associates have received the COVID-19 vaccine so far through vaccination events. [Check out dozens of Asbury associates](#) displaying their "I got my COVID-19 vaccine because ..." signs.

More vaccine events are planned in the coming weeks and we will communicate directly with those eligible for these events.

Updates and Reminders

Please note that these updates and reminders are also included on our community operations site, [Asbury.org/asbury-place-kingsport/resources-events/family-friends](https://www.asbury.org/asbury-place-kingsport/resources-events/family-friends):

- Our journey through the unprecedented challenge the pandemic presents is continually evolving. The Asbury System Operations Team continues to work collaboratively with our community leadership team, including our

highly experienced clinicians from acute, post-acute, and senior living backgrounds, and operational experts. While we will continue to communicate timely and important changes to you via email, we want to remind you that our website remains the go-to source for our community operations, including visitation updates, who to contact, and more. [Please visit our community page here.](#)

- **Know a family member who would like to receive our community updates?** Please direct them to this webpage, asbury.org/family-covid-email-sign-up, to sign up to join our family distribution list!
- **We are so appreciative of the messages of thanks we receive.** If you'd like to share a note of thanks, please [click here to launch a form](#) where you can type in your note of appreciation. We will take your submissions and find creative ways to share with associates. Thank you!
- **As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage** at Asbury.org/COVID19. You can find the daily status charts in the first blue button on the side bar.

Wardrobe Update: Asbury Place Kingsport Apparel Now Available!



Looking to update your wardrobe? Here's a way you can show off your community -- with Asbury Place Kingsport gear! Check out the Asbury Apparel online store! You can purchase anything from shirts to pullovers to backpacks and more. The apparel store is run by a third-party organization, Artistic Imprints, and you can access the website directly [here](#).

Know the Associate: Rachael Santiago



Do you recognize the associate in the yellow belt above? It's a young **Rachael Santiago**, now Activities Coordinator at Asbury Place Kingsport and a black belt holder. Rachael practiced Taekwondo for 16 years before shifting her focus to health services.

"It definitely taught me discipline, and they always said that the first thing that you learn in Taekwondo is respect, actually. And so that's something that is just so ingrained in me," Rachael said. "I'm sure that Taekwondo had a huge impact on that. It was more about character than it was the martial art itself, you know? It was a lot of character building and I was there three times a week for 16 years."

Rachael practiced the sport with her dad and brother starting at age 6 and eventually became an instructor. She even met her husband during a class she taught.

"I was his instructor when he started and we did all these competitions and we traveled to tournaments and things like that. So it was a real blast," Rachael said.

Asbury Foundation + REACT Neuro = Brain Health Innovation Pilot at Sister Community



At Asbury, we stay true to our core values of quality and innovation. Earlier this month, we put this value on full display as the Asbury Foundation hosted a livestream event showcasing a unique brain health pilot launching at Asbury Methodist Village in Gaithersburg, Md. REACT Neuro, made possible through the power of philanthropy, is a key component of the community's Rosborough Wellness and Brain Health Center for Excellence, and uses a virtual reality headset to provide a general neurocognitive assessment by tracking changes in eye movement, voice and balance.

"This is where the value of strategically aligning philanthropy with organizational goals comes into play," Foundation President **J.D. Shuman** said.

J.D. and Asbury Communities President & CEO **Doug Leidig** were thrilled to host

this event about REACT Neuro on Jan. 14 for special Foundation donors. REACT Neuro is the work of celebrated brain experts from Harvard Medical School and the Massachusetts General Hospital McCance Center for Brain Health. [Please click here](#) to learn more and watch a highlight video of the event above.

We are all in this together. Thank you for your continued understanding and cooperation. We are #AsburyStrong!

Sincerely,

Melissa Fury, MS, RN, FACHE
VP, Tennessee Operations



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Asbury.org



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