

Let Your Life Shine...Brighter Together! ✨
**NORMANDIE
RIDGE**

A Message from Executive Director Lauren Dieter

January 29, 2021

Dear Residents, Family Members & Associates,

I'm pleased to share this month's community newsletter with you. We have updates on many topics, including vaccinations, community operations, news you need to know, a new way to show off Normandie Ridge gear (yes, new apparel!) and more.



I am proud of the way our community continues to bond together in our now two-pronged approach to defeating COVID-19: the vaccine roll out and our continued vigilance around all the transmission-based precautions we have in place at Normandie Ridge. We also continue to post vaccine-related info on our dedicated COVID-19 hub on our website – [check it out here](#).

Over the past 11 months, we've been through a lot and we've been challenged time and time again. But the new year brings new hope to getting to the other side of the pandemic. As a community of 410 residents and associates, we have shown our strength, but we're not stopping now – we continue to work together, and as a result our muscles only get stronger.

Thank you for your commitment, camaraderie and energy – it's inspiring and I'm so very proud!

First COVID-19 Vaccinations Mark a New Chapter at Normandie Ridge



Earlier this month, Dining Associate Christina Beavers became the first Normandie Ridge associate to receive the COVID-19 vaccine! (Yes, she's smiling under her mask in the photo above!) Christina is now among dozens and dozens of associates who have received the vaccine here. (Want more photos? [Check out dozens of Asbury associates](#) displaying their "I got my COVID-19 vaccine

because ..." signs.)

When we host vaccine events, I love seeing the energy and eagerness from associates and residents. It truly shows off the spirit of our community.

More vaccine events are planned in the coming weeks and we will communicate directly with those eligible for these events.

Normandie Ridge Updates & Reminders

Please note that many of these updates and reminders are also included on our community operations site, NormandieRidge.org/friends-family:

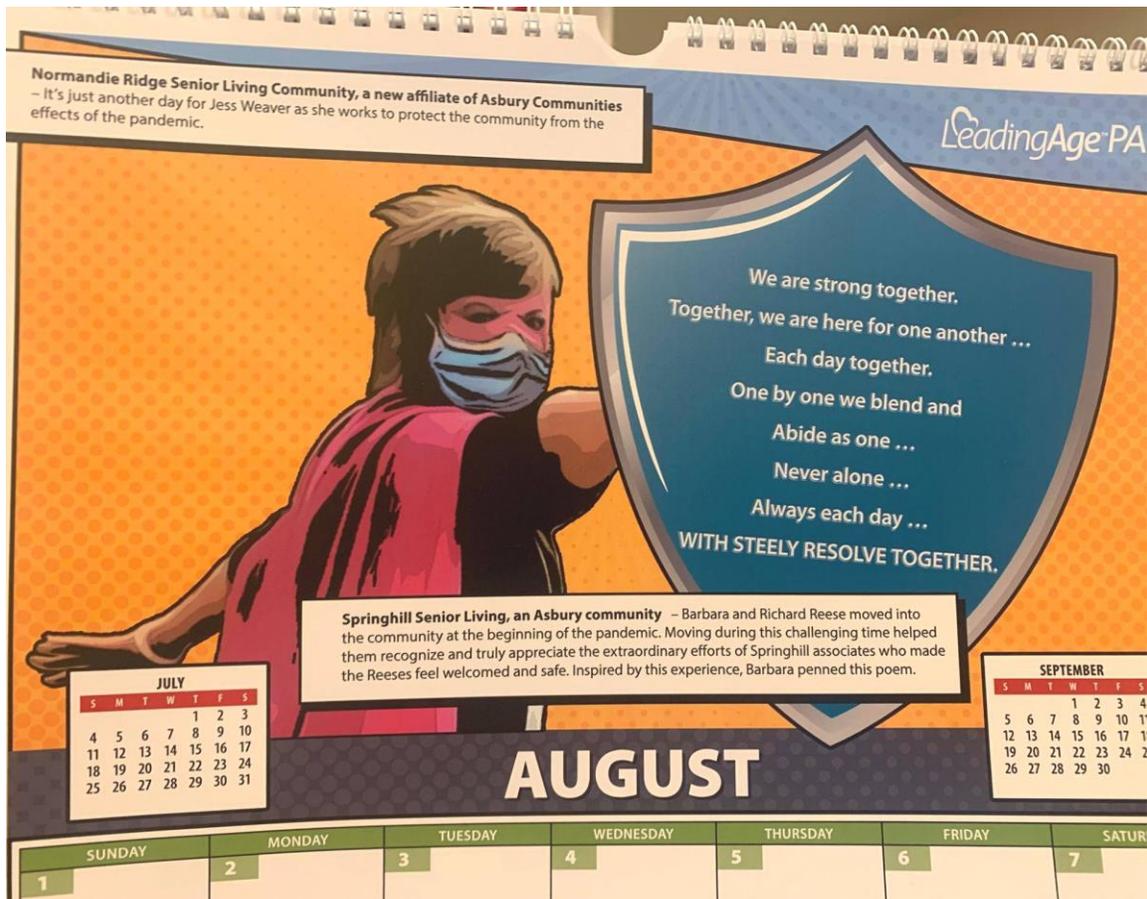
- Our journey through the unprecedented challenge the pandemic presents is continually evolving. The Asbury System Operations Team continues to work collaboratively with our community leadership team, including our highly experienced clinicians from acute, post-acute, and senior living backgrounds, and operational experts. While we will continue to communicate timely and important changes to you via email, we want to remind you that our website remains the go-to source for our community operations, including visitation updates, who to contact, and more. [Please visit our community page here.](#)
- **We are so appreciative of the messages of thanks we receive.** If you'd like to share a note of thanks, please [click here to launch a form](#) where you can type in your note of appreciation. We will take your submissions and find creative ways to share them with associates. Thank you!
- **As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage** at Asbury.org/COVID19. You can find the daily status charts in the first blue button on the side bar.

Update Your Wardrobe with Normandie Ridge Apparel



Looking to update your wardrobe? Here's a way you can show off your community -- with Normandie Ridge gear! Check out the Asbury Apparel online store! You can purchase anything from shirts to pullovers to backpacks and more. The apparel store is run by a third-party organization, Artistic Imprints, and you can access the website directly [here](#).

Normandie Ridge Associate Featured in 2021 LeadingAge Calendar



Be sure to check out the 2021 LeadingAge PA calendar! Associate Jess Weaver is featured in the August spread. You can also find a poem written by Barbara Reese, a resident at Springhill, an Asbury sister community in Erie, who was inspired by their transition to the community at the start of the pandemic.

*"We are strong together
Together we are here for one another ...
Each day together.
One by one we blend and
abide as one ...
Never alone ...
Always each day ...
WITH STEELY RESOLVE TOGETHER"*
- Barbara Reese

Know Someone Who Isn't Receiving our Emails? Here's How They Can Sign Up!

Thanks for opting to receive emails from Normandie Ridge! Do you know of anyone else -- residents or other family members -- who may benefit from receiving our communications? If so, please share the links below so they can sign up for the right list.

Normandie Ridge Residents can sign up using these forms:

- Skilled Nursing Care: <https://bit.ly/NRHCresidents>
- Personal Care: <https://bit.ly/NRPCresidents>
- Independent Living: <https://bit.ly/NRRLresidents>

Normandie Ridge Families can sign up using these forms:

- Skilled Nursing Care <http://bit.ly/NRRLfamilies>
- Personal Care <http://bit.ly/NRPCfamilies>
- Independent Living <http://bit.ly/NRHCfamilies>

We are all in this together. Thank you for your continued understanding and cooperation. We are #NormandieRidgeStrong!

Sincerely,

Lauren Dieter, NHA MBA

Executive Director

Normandie Ridge Senior Living Community
1700 Normandie Drive
York, PA 17408

Main: (717) 764-6262

Direct: 717-718-1027

Fax: 717-767-4453

Lauren.Dieter@albrightcare.org

NormandieRidge.org