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THE WILLIAM A. KEESE SCHOOL OF CONTINUING EDUCATION

Established in 1978

SECOND SEMESTER CATALOG

2020-21

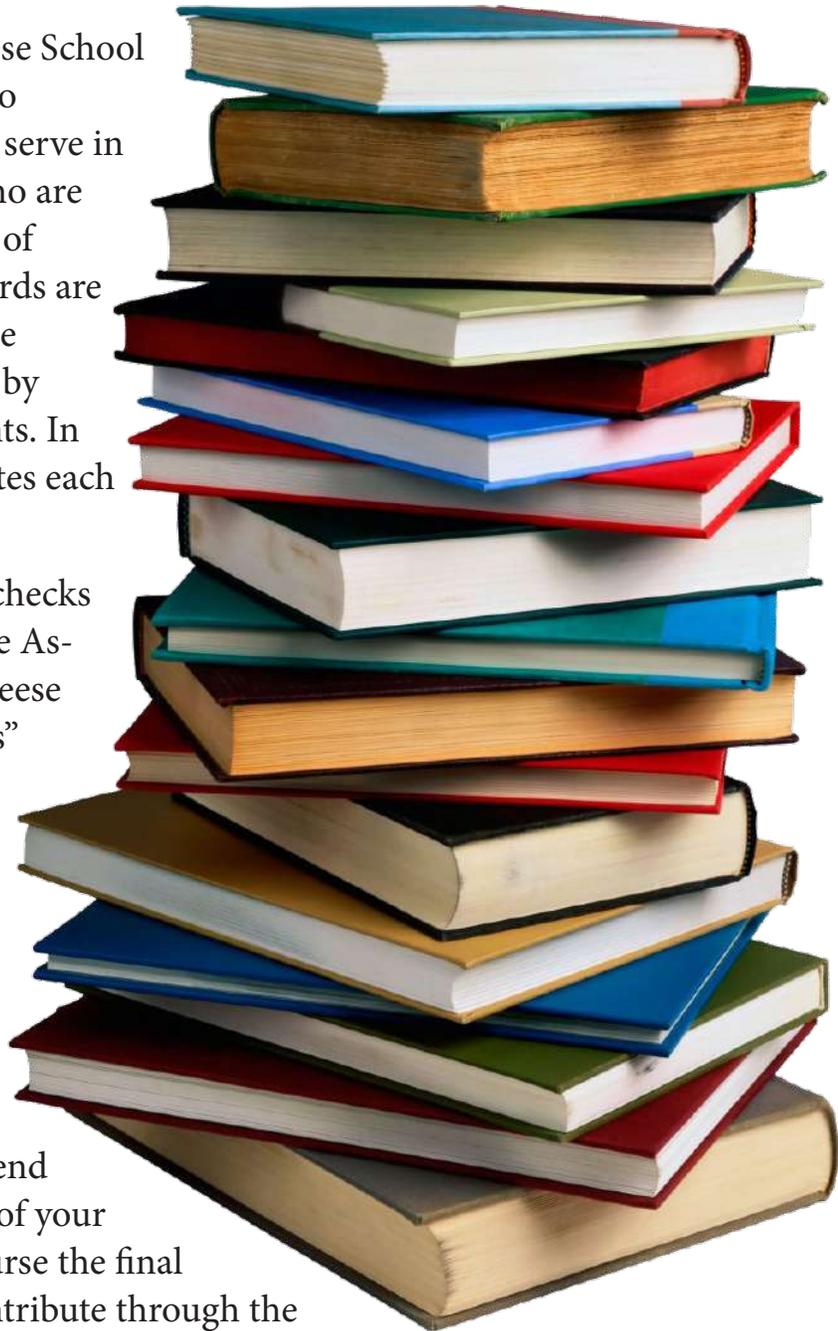
The Keese School is run by and for the residents of Asbury Methodist Village and offers a wide range of lectures, classes, and musical events.

The faculty consists of both resident and outside experts in a variety of fields. The academic year has two semesters that run from September through May.

THE KEESE SCHOOL EDUCATION AWARDS

Each year in May the Keese School gives Education Awards to deserving associates who serve in the dining rooms and who are enrolled in an institution of higher learning. The Awards are funded by surpluses in the Keese School budget and by gifts from Asbury residents. In 2020, twenty-two associates each received a \$1,600 award.

To make a contribution, checks should be made out to the Asbury Foundation with “Keese School Education Awards” designated in the memo line. Please send your check to Kathy Stephen, Keese School’s Assistant Treasurer (Courtyard Homes 431), for tabulation. She will forward your check to the Asbury Foundation, which will send you an acknowledgment of your tax-exempt gift and disburse the final awards. You may also contribute through the Keese School website at www.keeseschool.org or the online registration system at www.keeseschoolcatalog.org.



A WORD FROM THE KEESE SCHOOL ADMINISTRATIVE COUNCIL

As we begin the 2021 spring semester of lectures, concerts, and courses, we do so in the shadow of COVID-19. For the foreseeable future, our programs will be presented primarily on AVTV, online, and Zoom.

We are asking that residents register and pay for specific programs as in the past. This may seem strange, but there are several reasons for doing so. Once we are able to return to in-person presentations, we will need this information for logistical reasons. Therefore, it seems sensible to continue to use the system to which we are all accustomed rather than introducing a temporary one which we would abandon as soon as possible. We ask that registrants pay fees so that we can meet our operating expenses. Money not used for expenses is applied towards the Education Awards. For courses using Zoom, we need registrants' names and email addresses. Finally, the number of registrants for a particular offering helps us to assess residents' interests and to plan future programs.

We are initiating several changes. The most significant is optional on-line registration at www.KeeseSchoolCatalog.org. Please see the Registration Notice on p. iv for details. As the Keese School now has its own checking account, checks for registrations should be made payable to "The Keese School" (NOT to CCAV). We hope you have had an opportunity to visit the Keese School's website, www.keeseschool.org. Spring is also the time when we solicit support for our Education Awards which will be presented in May. Please see p. ii of this catalog for details.

If you attended any Keese School presentations (lectures, musical events, courses) last fall, we would appreciate your comments. How well did we do? Which were the best presentations? What do you suggest for the future? The web address for the questionnaire is: <https://tinyurl.com/keeseschoolsurvey>.

Finally, we wish to express our gratitude for your support of the Keese School's programs and to all of those who work to make them happen. We hope that in the not-too-distant future we will again be able to gather in person for our lectures, concerts, and courses.

—*The Keese School Administrative Council*



REGISTRATION NOTICE

Please read carefully. There are now two ways to register: with the customary paper forms at the back of this catalog or online at www.keeseschoolcatalog.org.

The deadline for registration is Monday, January 25, 2021. The registration fee for each lecture is \$1.00 in advance or \$2.00 for late registration. For musical events, it is \$8.00 in advance or \$9.00 for late registration.

PAPER REGISTRATION

Registration forms (pp. 25-30) should be sent with a check payable to “The Keese School,” to Paul Pruitt, Assistant Registrar, Villa 384. After January 25, send your checks for late registration prices to Linda Pickle, Treasurer, Courtyard 353.

ONLINE REGISTRATION

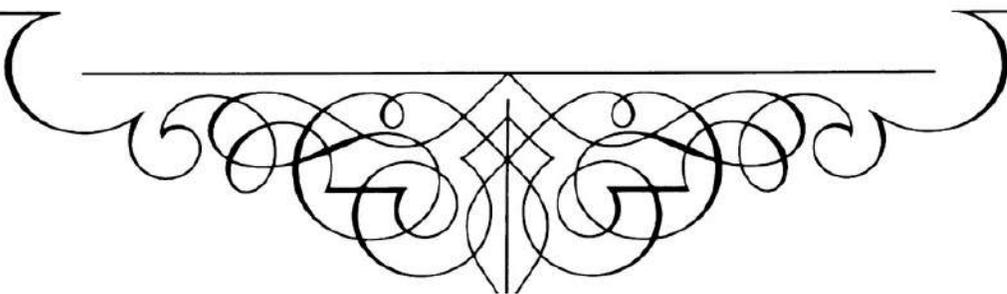
If you prefer, you can register online at the new www.keeseschoolcatalog.org website, paying with a credit card instead of a check. If you need assistance with navigating that site, please call Paul Pruitt at x5229 or Email him at paul@pruittfamily.com. Registering via the new website is entirely optional and is not meant to replace the paper registration forms. After January 25, the new website can still be used with payment at the late-registration prices.

PRESENTATION

For the time being, the Keese School will continue to broadcast lectures and musical performances on AVTV channels 975 and 976 and online at www.keeseschool.org. Videos of last fall’s events are available on www.keeseschool.org/fall2020.htm; after a few days, video’s of this spring’s events can be found on www.keeseschool.org/spring2021.htm. If Coronavirus conditions allow, we will offer presentations and performances in the Rosborough Theatre, although we may also continue to broadcast them on AVTV and online.

When the Asbury campus becomes open to visitors, Keese School lectures and musical events will also be open to outside visitors. Outside visitors cannot register in advance and are asked to pay the late-registration fee of \$2 or \$9 at the door.

Schedule changes will be announced on AVTV (channels 975 & 976), www.keeseschool.org, and all bulletin boards. In case of bad weather, the Keese School will follow the Montgomery County policy on school closings.



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EVENING LECTURES AND MUSICAL EVENTS

201 Think Colorfully

Monday, February 8, 7:30 p.m. AVTV

Susan Paul

Comparatively speaking, brain research has not been as extensive as research on other parts of the body such as the heart. Approaches to brain health tend to be overly broad with advice to the elderly such as: eat more blueberries, do more crossword puzzles, or learn a new language. But the complexity of the brain and the variety of changes we experience as we age require a new approach.

In this presentation, we will learn about specific cognitive domains and the effect of different types of exercise and lifestyle activities on their functioning. Our speaker, Sue Paul, will present several brain health objectives, categorized by color, and based on the latest wellness technology.

For 30 years, Sue worked as an occupational therapist, specializing in neurodegenerative conditions, dementia, and other chronic diseases. She was appointed by Governor Hogan to the Virginia I. Jones Alzheimer's Disease and Related Disorders Council, which is tasked with providing recommendations to the Maryland State Plan. She spent six years as the Ambassador for Maryland's Sixth Congressional District to the Alzheimer's Association.

Sue has recently joined Asbury as the Wellness Director. Her mission is to empower Asbury's residents and associates to take control of their overall health through knowledge and support. She hopes to build robust programming for the new Brain Health Center for Excellence by which Asbury hopes to distinguish itself among continuing care communities.



Susan Paul

202 Show Tunes and Show Stoppers

Thursday, February 11, 7:30 p.m. AVTV

Anna Phillips-Brown and Noah Beye

Anna Phillips-Brown and Noah Beye will present musical theatre tunes from the past, present, and future. They will choose a gamut of selections through the decades, from shows such as *White Christmas*, *Into the Woods*, *She Loves Me*, *Guys and Dolls*, *Wicked*, and even a few that are rarely heard.

Anna received a bachelor's degree in musical theatre from Catholic University and has appeared in many DC area theaters such as the Kennedy Center, the Arena Stage, the Montgomery College Summer Dinner Theatre, the Theatre Lab, and the Keegan Theatre.

Noah received a Bachelor of Music degree from the Catholic University of America and got further training at the Fordham London Dramatic Academy, studying Shakespeare. He is a DC based singer and actor who has performed at Toby's Dinner Theatre, the MC Summer Dinner Theatre, Arts Centric, the Wildwood Summer Theatre, and many other dinner theaters.

Anna and Noah have agreed to present three encores of requested songs. Send requests to Pam Parmer at parmerpj@gmail.com or x4609 by February 5.

Registration: \$8.00



EVENING LECTURES AND MUSICAL EVENTS

203 Examining Evidence for Diet and Nutrition Recommendations

Monday, February 15, 7:30 p.m. AVTV

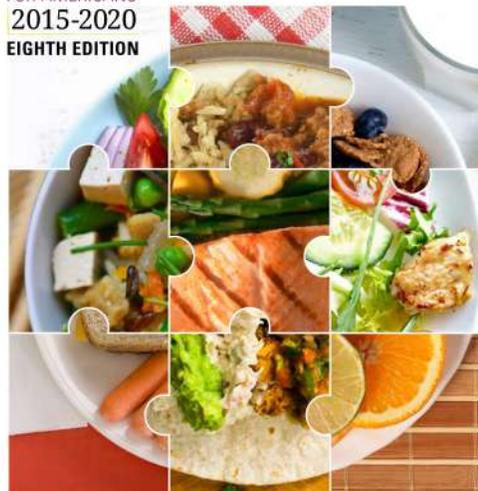
Barbara Schneeman

For over 100 years, the Federal government has been providing food and nutrition advice. In the past 40 years, the Department of Health and Human Services and the Department of Agriculture have examined relevant research and made recommendations that are published in the *Dietary Guidelines for Americans*, the most recent version of which was released in 2020. Originally the government advice emphasized safe food handling practices and food choices to avoid nutritional deficiencies. However, in 1988, the Surgeon General stated that nutritional deficiencies due to inadequate intake of vitamins and minerals were no longer public health challenges. Instead, he held that chronic diseases that were diet-related (e.g., obesity, type 2 diabetes, cardiovascular diseases, and certain cancers) were now major causes of morbidity and mortality in the US population. Consequently, subsequent Federal nutrition research and advice has focused on dietary factors that could reduce the risk for these diseases.

Barbara Schneeman will discuss the nature of the evidence used to produce this advice and the process employed to assure that such advice is based on current scientific evidence.

Dr. Schneeman was a member of the nutrition faculty at the University of California, Davis until 2004, when she was appointed Director of the Office of Nutrition, Labeling, and Dietary Supplements at the US Food and Drug Administration. At UCD, she served as Chair of the Department of Nutrition and Dean of the College of Agricultural and Environmental Sciences. Throughout her career, she has served on several committees for the Federal government, the National Academy of Sciences, and the World Health Organization. Most recently, she chaired a Federal Advisory Committee that was charged with updating scientific evidence for the new edition of the *Dietary Guidelines for Americans*, which we will hear more about in her lecture. She has received several awards for her work and is a Fellow of the American Society of Nutrition and the American Association for the Advancement of Science. Two years ago, Dr. Schneeman and her husband, Paul, became Villa residents here at Asbury.

DIETARY
GUIDELINES
FOR AMERICANS
2015-2020
EIGHTH EDITION



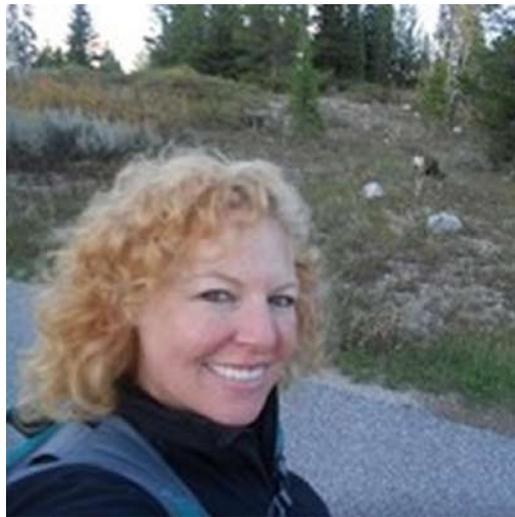
EVENING LECTURES AND MUSICAL EVENTS



204 Forest Bathing, the World's Most Potent Medicine, Is Just Outside Your Door

Thursday, Feb 18, 7:30 p.m. AVTV

Toby Bloom



Toby Bloom

Inspired by the Japanese practice of Shinrin Yoku, Forest Bathing has been scientifically proven to boost immune strength, reduce stress, and improve cognitive functioning. By slowing down and carefully observing with all our senses, we escape the rapid pace of our daily routines, and relax into the tranquility of nature. No hiking, no counting steps on a Fitbit, the point is to relax and slow your mind down, rather than “accomplish” anything. The body of scientific evidence proving its effectiveness is growing exponentially and globally. And best of all, Forest Bathing is accessible to nearly everyone.

During the presentation, Toby Bloom will walk us through the history of the practice, how it works, and how you can incorporate Forest Bathing into your wellness routine.

Toby Bloom, who received a master's degree in Sustainable International Development from Brandeis University, started her career as a tour guide through the US, Canada, and Mexico. Believing deeply in nature as a key aspect of a healthy life, Toby be-

came the first Forest Service employee to be certified as a Nature and Therapy Guide (ANFT). ANFT draws on the latest medical research, new developments in the field of nature connection, and ancient traditions of mindfulness and wellness promotion.

EVENING LECTURES AND MUSICAL EVENTS

205 Full Employment, a Dream or a Plan?

Monday, February 22, 7:30 p.m. AVTV
Malcom Glenn and Spence Limbocker

How can we ensure that all workers can access meaningful and sustainable work during our economic recovery? According to the Bureau of Labor Statistics, approximately 12.6 million people were unemployed as of September 2020. Black and Latino workers are bearing the brunt of these job losses. Permanent job losses are also increasing, rising to 3.8 million in September 2020.



Spence Limbocker will interview Malcom Glenn for his analysis of measures to broaden the number of meaningfully employed workers, and the associated expansion of homeownership.

Malcom Glenn is the Director of Public Affairs at Better.com, a platform focused on making home ownership easier and more accessible. He was previously the Head of Global Policy for Accessibility and Under-served Communities at Uber Technologies, where he led Uber's efforts to make the platform more accessible for historically marginalized groups. He received a bachelor's degree in history from Harvard College, where he was president of *The Harvard Crimson*. Spence Limbocker, a Parkview resident, was co-chair of the Asbury Futures PAC, and is currently chair of the board for the Gaithersburg Beloved Community Initiative. He has a long history in community organizing around housing and economic development. Currently he serves as board chairperson of the Center for Work Force Inclusion, which empowers opportunity for adults over fifty.

206 An Evening of Jazz, Samba, and Bossa Nova

Thursday February 25, 7:30 p.m. AVTV
Gutierrez Medeiros



Gutierrez Medeiros

Gutierrez Medeiros – Guitarist, Singer, and Song Writer – was born in the city of Salvador, Bahia, Brazil, where he started music at 8 years old, playing drums and percussion. Gutierrez's musical talents were influenced by his father, Dom Ratinho, who introduced him to the Bahian music scene. He performed with artists such as Nelson Rufino, Claudete Marcedo, and Waldir Serrão (the Bigben, host of the largest radio and TV programs in Bahia from the 70's to the 90's). These experiences inspired his unique style, infusing Jazz, Samba, and Bossa Nova music into his compositions.

Gutierrez expanded his music career by performing and recording with several artists such as Carlinhos Brown, Zé Paulo, and Luiz Caldas. He also participated in 11 Jazz festivals with Bull Frog, an international band, in Canada. There he recorded his first solo CD "My Light" featuring 10 original songs. Since returning to Brazil he has written, composed, and recorded two CDs with copyrighted titles "New Step" and "Scarlet," which were released in Rio de Janeiro. He currently performs shows nightly in Rio, in multiple Brazilian states, and in countries such as Canada and the USA.

Registration: \$8.00

EVENING LECTURES AND MUSICAL EVENTS

207 *Garten und Kirche*—Songs Secular and Sacred

Monday, March 1, 7:30 p.m. AVTV

The Polyphonists: Amy Nicole Broadbent (soprano), Sylvia Leith (mezzo-soprano), Matthew Hill (tenor), and Edmund Milly (bass- baritone)

The Polyphonists are dedicated to exploring choral repertoire and chamber music for the voice. Polyphony—the musical composition of many independent but complementary voices—is not only a style of vocal music championed by this ensemble, but also aptly describes the collaborative nature of the group’s creative process.

The group will present a program titled: *Garten und Kirche* (garden and church)—or roughly, secular, and sacred. Their choices range from J. S. Bach to Benjamin Britten and Gerald Finzi. The first section will be songs “of the garden”—songs of flowers, of soaring spirit, of morning greetings and evening quieting. The second section brings songs of spiritual journey and awareness of sacred space and time, ending with Bach’s *Praise the Lord!*



Born of the musical void left by the Covid-19 pandemic, which has rendered large-scale music-making unsafe, the Polyphonists made their debut with a pop-up livestream concert on Election Day in 2020, which garnered over 2,000 views in less than one week. Founding members, Amy Broadbent, Sylvia Leith, Matthew Hill, and Edmund Milly are highly regarded as solo artists and have performed a wide variety of operatic and oratorio roles. As ensemble musicians, they have sung with many of the nation’s world-class choral groups, including the Washington National Cathedral Choir, the Washington Bach Consort, and the Santa Fe Desert Chorale.

Registration: \$8

EVENING LECTURES AND MUSICAL EVENTS

208 Vignettes from Life on Capitol Hill

Thursday, March 4, 7:30 p.m. AVTV

Susan Dunn and Jane Sanderson



Only the young need apply for congressional positions on Capitol Hill, because they require such an energy-intensive pace and are such a heady experience. Diamond residents Susan Dunn and Jane Sanderson will share a myriad of stories from the various roles they played over decades as legislative aides and press secretaries. Together they worked for eight congressmen – Democrats and Republicans. They will discuss aspects of their jobs, the good and the bad. Both loved the experience and were lucky to have been chosen by interesting members of Congress at a time when the Hill actually worked! The “burn out” aspect of their positions turned out to be a good thing because both were propelled into other equally exciting careers.

Jane Sanderson left the Hill for New Jersey in 1966 to marry, raise two children, and write children’s stories for the Stratemeyer Syndicate. She returned to the political scene, working eight years for the New Jersey governor and then for her state assemblyman, who later became a congressman.

Susan Dunn followed an upward trajectory with the Democratic National Committee and the Democratic Senatorial Campaign Committee. She was also a grassroots lobbyist and worked on numerous local, state, and national political campaigns. Her final destination was the Clinton White House.

209 The Origins of Jazz

Monday, March 8, 7:30 p.m. AVTV

Seth Kibel



Seth Kibel

A Keese School favorite, Seth Kibel returns to illuminate the origins of jazz. Seth will start our exploration in New Orleans, where multiple ethnicities and several musical traditions all converged to give birth to this uniquely American musical genre, with its roots in the blues and ragtime. He will then take us to Chicago, in the 1920s, and wind up in New York, which has been the epicenter of jazz from the 1930s to the present day. Vintage recordings and live performances from the lectern will keep this presentation as lively as the music itself. Enjoy the trip.

Seth Kibel, one of the Mid-Atlantic premier woodwind specialists, works with some of the best bands in jazz, swing, and more. Wowing audiences on the saxophone, clarinet, and flute, Seth has made a name for himself in the Washington/Baltimore region and beyond. He has won 28 Washington Area Music Awards (WAMMIES) including Best World Music Instrumentalist (2003-2011) and Best Jazz Instrumentalist (2005, 2007-08, 2011-14). His recording, “Seth Kibel Presents Songs of Snark and Despair,” was written in direct response to the 2016 Presidential election and what followed. We need to learn what he

has in store for us now.

Registration: \$8.00

EVENING LECTURES AND MUSICAL EVENTS

210 Music of Renewal, the Great American Songbook

Thursday, March 11, 7:30 p.m. AVTV

Dick Kaufmann

When he was a young child, Dick Kaufmann, a lifelong resident of Washington DC, fell in love with jazz and folk music. He attended American University, where he was first bitten by the “performance bug” when he sang in local venues in a folk music trio.

For nearly half of a century, Dick was a successful lawyer and businessman and that bug lay dormant. Then Dick and his wife of 50 years were on a cruise chartered by Garrison Keillor’s *A Prairie Home Companion* when he decided to enter a talent competition. After the performance, Dick was introduced to Lee Musiker, a noted music director and pianist for Tony Bennett and Barbara Cook. The butterfly began to emerge from its cocoon and, two years later, Dick completed his debut record, *Just in Time*.



Dick Kaufmann

Energized by the experience of *Just in Time*, Dick moved to fulfill a lifelong ambition to stage a top-notch concert for his seventieth birthday. In preparation for the evening, he created a circle of experts in “staging a show.” The successful performance took place at the Chaise Lounge, with local bandleader, Charlie Barnett. Perhaps the most poignant selection was the closing number, *Bring Him Home*, a song originally featured in the musical *Les Misérables*. The moving rendition was a fitting tribute to his son, a soldier who was injured in battle. Dick is currently working on a second album with Lee Musiker.

Registration: \$8.00

211 Montgomery Village: An Insider’s View

Monday, March 15, 7:30 p.m. AVTV

Patricia Huson



Montgomery Village

More than 50 years ago, three brothers embarked on a venture far greater than any they had tried before. Their world had been building gas stations and later housing developments. One brother, Clarence Kettler, dreamed of building a community in Montgomery County that would provide many amenities to families living there. Inspired by planned communities in the Washington area, Kettler Brothers found the land, arranged for funding managed by Milton Kettler, and started construction overseen by Charles Kettler. The community eventually provided homes for 35,000 people. Though not incorporated as a city, it is governed by a set of documents that state rules for funding the maintenance of community properties and amenities, and restrictions on certain uses. Unlike many other large-scale planned communities, the developers and their project remained financially sound and provided the promised amenities.

Pat Huson will provide an insider’s account and analysis of Montgomery Village, our nearby neighbor, and a lovely community. She will relate its origins, history, and importance as a community.

For more than forty years, Pat and her husband George resided in that village where they enjoyed the “good life” that was advertised. They contributed as volunteers to many activities and participated in others as well. Eventually Pat (aka Patsy) was employed by the Montgomery Village Foundation, the governing body of the community, where she served in many capacities including executive vice president. Nearly ten years ago, she and George moved to their Courtyards home here at Asbury.

EVENING LECTURES AND MUSICAL EVENTS

212 Flowers: Marjorie Merriweather Post's Legacy

Thursday, March 18, 7:30 p.m. AVTV

Drew Asbury

In the 1950s, when the Hillwood Estate Museums and grounds were being renovated, Marjorie Merriweather Post hired prominent landscape architects and designers to expand the existing gardens. She intended to create 13 acres of formal gardens extending from the mansion's terraces into a progression of 'outdoor' rooms. One such room was the cutting garden, designed to provide a continual supply of fresh cut flowers for the mansion. Today, the cutting garden also adds seasonal color and excitement to the landscape and supports a wide array of beneficial insects, pollinators, and birds. The lecture will present a few of the favorite flowers grown in the cutting garden at Hillwood and provide tips for growing and maintaining cut flowers in our own garden.



Drew Asbury, who has a Master of Professional Studies in Sustainable Landscape Design from George Washington University, is the Horticulturist and Volunteer Manager at Hillwood Estate, Museum & Gardens. He is responsible for the cutting garden, the greenhouses, and the horticulture volunteer program. A lifelong gardener, Drew has worked 'hands-on' in the horticulture industry for nearly 25 years. He is the owner of Drew Asbury Garden Design LLC which helps clients create beautiful gardens while maximizing the ecological value of the landscape.

EVENING LECTURES AND MUSICAL EVENTS

213 Montgomery County and Its Police Department: Where Are We Heading?

Monday, March 22, 7:30 p.m. AVTV

Chief Marcus Jones, Montgomery County Police Department

Last summer, County Executive Marc Elrich announced a wide-ranging plan to reimagine public safety in Montgomery County. He described it as taking a “comprehensive look at how the County addresses public safety and at new ways to do things so that departments are structured to better meet the needs of the community.” The County Council is deeply involved in policing policy and has its own Policing Advisory Committee. This effort includes a task force of more than 40 people that is scheduled to make recommendations to the Executive at the beginning of 2021.

The Montgomery County Police Department fully supports the Executive’s plans, says Chief Marcus Jones. “In fact, we have been proceeding on our own for some months to make changes. We, along with the Fraternal Order of Police, have agreed on a new policy that requires police officers to intervene if another officer is using excessive force.”

In his talk, Chief Jones will discuss the direction in which policing in the county is headed and the impact of policing policies and initiatives that have been put in place to ensure that the best possible service is provided to the residents of Montgomery County. Chief Jones is already on record as supporting more widespread changes, including assigning calls regarding someone’s mental health to trained mental-health professionals.

Chief Jones, who has a BS in Business Administration from the University of Maryland University College, was appointed the 17th Police Chief of the Montgomery County Department of Police in November 2019. He is a 35-year veteran of the department and recently served as the Assistant Chief of the Investigative Services Bureau. He helped to create an award-winning Diversity Training program for the Police Department, which he has taught to numerous Academy classes. He is an adjunct instructor for the Leadership in Police Organizations three-week training course sponsored by the International Association Chiefs of Police



EVENING LECTURES AND MUSICAL EVENTS

214 From the Projects to the Palace: A Diplomat's Unlikely Journey from the Bottom to the Top

Thursday, March 25, 2021 AVTV

Ambassador Johnny Young



Ambassador Johnny Young

Johnny Young served as US Ambassador to four countries, Sierra Leone, Bahrain, Togo, and Slovenia, under four consecutive presidents. In between these overseas assignments, he worked in Washington in a range of administrative positions. He will talk about his rise from poverty to the pinnacle of achievement in the Foreign Service and how he navigated with ease around the world through coups, evacuations, close calls, and numerous successes.

Ambassador Young holds a bachelor's degree, magna cum laude, from Temple University. He was fortunate to receive much educational support from the Catholic Church at a time when there were few educational resources and opportunities for Black Americans. During his diplomatic career, he received numerous awards for his performance, including the Department of State Superior Award. He was a member of the senior Foreign Service with

the rank of Career Ambassador. After his retirement from the State Department, he served as Executive Director of Migration and Refugee Services with the United States Conference of Catholic Bishops. Angie, his wife, seconded her husband's ambassadorial responsibilities. After returning to this country, she worked in the Bureau of Protocol at the State Department, from which she has recently retired.

215 In the Beginning: Visual Interpretations of *King Lear*

Monday, March 29, 7:30 p.m. AVTV

Sandy Mack

Shakespeare did not write to be read. (Only half of his plays were published, in any form, during his lifetime.) He wrote his plays to be played (listen to that word) by actors on the stage. Modern directors make fundamental decisions about how they want their productions of *King Lear* to look, to sound, and to feel. Unlike in the theater, in film we get what—and only what—the camera lets us see. We will compare part of *Lear's* opening scene from two famous film versions to explore the assumptions and consequences of two modern directors' choices.



Shakespeare does not provide answers to any of life's difficult questions, but he does give us languages with which each age, each director, and each audience member can think about life's major issues. To many of us at Asbury, *King Lear* may well be the most relevant of all Shakespeare's plays. Getting old? Got kids? Got a little wealth to leave behind? Made mistakes? Remember wild anger? inexplicable hate? bitter sibling rivalry? moments of empty despair? self-sacrificing love? *King Lear's* for us.

Sandy Mack lives at Asbury in Diamond and taught at Harvard and the University of Maryland. At Maryland, he taught the Introduction to Shakespeare course, which few of his colleagues wanted, because he loved watching young adults discover the other side of their brains...their hearts...their lives. He continues to work with high school students and teachers at the Folger Shakespeare Library in Washington. He *claims* that he still holds the high school mile record in his hometown of New Haven, Connecticut.

EVENING LECTURES AND MUSICAL EVENTS

216 How to Get the Most out of Life and Live with More Joy, Success, and Fulfillment

Thursday, April 1, 7:30 p.m. AVTV

Chris Palmer



Chris Palmer

Chris Palmer will give an entertaining presentation on how to get the most out of life and live with more joy, success, and fulfillment. He will discuss what is important, how to find purpose and meaning, and how to live fully as we grow older.

Chris, who has an advanced degree from Harvard, is an author, speaker, and wildlife filmmaker. He joined the faculty of American University in 2004 and retired in 2018. He taught filmmaking and founded the Center for Environmental Filmmaking

He has been especially interested in aging, serving on the Board of Montgomery Hospice, being a hospice volunteer, and running an “aging well” group for the Bethesda Metro Area Village. During his filmmaking career, he swam with dolphins and whales, came face-to-face with sharks and Kodiak bears, camped with wolf packs, and waded hip-deep through Ever-

glade swamps. He has jumped out of helicopters, has worked on an Israeli kibbutz, and was a high school boxing champion. His web address is: www.ChrisPalmerOnline.com.

217 The Cost of Resistance

Monday April 5, 7:30 p.m. AVTV

George Stosur, Bill Brown

When Americans think of World War II, they rightfully focus on the United States’ contribution to the fight against fascism in Europe and imperialism in Asia. But there is more to that story. In his new book, *The Cost of Resistance*, George Stosur recounts the ways in which members of his family, the Bednareks, resisted the Nazi occupation of their Polish homeland, paying a terrible price for their courage. Writing this tribute to his family was a journey of discovery, as George recovered their stories, locating documents, photographs, and grave sites. Bill Brown will provide some historical background and will interview George about the story of his family.

George Stosur, a retired geologist, and petroleum engineer was thrice elected a Distinguished Lecturer for the International Society of Petroleum Engineers, and he has delivered more than two hundred lectures in some thirty-five countries. He has also been a guest speaker on several cruise ships. An Asbury resident, he has served as president of the Computer Club and dean of the Keese School. Bill Brown holds advanced degrees in European history and is currently president of the Keese School. He taught history and served as a counselor and administrator at several Washington area independent schools.



EVENING LECTURES AND MUSICAL EVENTS

218 Oakley Cabin: Building a New Life after Emancipation

Thursday, April 8, 7:30 p.m. AVTV

Shirl Spicer

Oakley Cabin is one of the cabins built in the mid-1800s along Brookville Road as homes for a roadside community of African Americans who lived and worked in the Brookeville area from emancipation well into the 20th century. Oakley Cabin was inhabited until 1976 but now serves as a living history museum. The culture and traditions of the African American community heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County's rich history.



Shirl Spicer is the countywide museum manager for the Maryland-National Capital Park & Planning Commission, Department of Parks, Montgomery County. With over 25 years of experience working in museum education, she manages the interpretive programming staff for the Montgomery Parks historic sites including the Oakley Cabin African American Museum & Park and the new Josiah Henson Museum & Park. Ms. Spicer has a Bachelor of Arts in History from North Carolina Greensboro and a Master of Museum Studies from Hampton University.

219 Protecting the Potomac, Our Hometown River

Monday, April 12, 7:30 AVTV

Nancy Stone



The Potomac Riverkeeper Network (PRKN) is a non-profit organization that has been stopping pollution and restoring clean water in the Potomac and Shenandoah Rivers and their tributaries for the past 20 years. Its work encompasses 14,700 square miles of the Potomac River Watershed, which spans four states (MD, PA, WV, VA) and DC and is home to over 6 million people. Its activities involve community engagement, advocacy, and enforcement, and it is kept informed by its three Riverkeepers who monitor pollution in the Upper Potomac, Lower Potomac, and Shenandoah Rivers.

The PRKN believes access to clean, safe water is a right, and by holding polluters accountable and spearheading public awareness campaigns, it has been able to make great strides towards a cleaner, pollution-free Potomac.

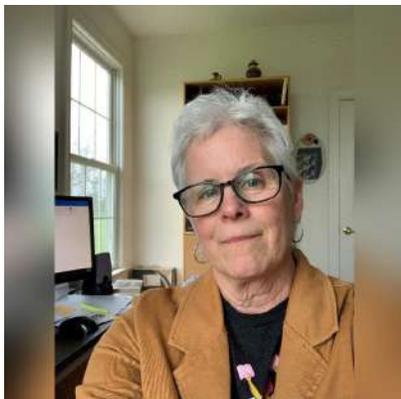
Nancy Stone is the President of PRKN and has been a leader in expanding the reach and depth of the organization's efforts to defend clean water. She is recognized as one of the nation's most experienced water policy experts, with a long and distinguished history of protecting our nation's water. After graduating from Yale Law School, she served as an attorney in the US Department of Justice, litigating and analyzing proposals for a broad range of environmental and natural resource statutes. Later she served as Co-Director of the Water Program for the Natural Resource Defense Council, where she helped direct a national program to promote sound resource management in watersheds across the country, including those surrounding the Great Lakes, Chesapeake Bay, and Anacostia River.

EVENING LECTURES AND MUSICAL EVENTS

220 Opening Your Door to the World: Montgomery County Public Libraries

Thursday, April 15, 7:30 p.m. AVTV

Anita Vassallo



Anita Vassallo

Montgomery County Public Libraries (MCPL) offers a wide array of resources and services that connect the people of Montgomery County to ideas and information that sustain and enrich their lives. Anita Vassallo, the Director of MCPL, will present an overview of the digital and physical materials available to borrow, download, or stream with a readily available MCPL library card. She will also discuss the broad spectrum of virtual programs currently available online for all ages. Materials, resources, and programs that may be of interest to seniors will be highlighted.

Anita Vassallo has worked for Libraries for more than 45 years in many different capacities and has served as Director of MCPL for the past 3 years. She grew up in the Four Corners area of Montgomery County and attended the University of Maryland for both undergraduate and graduate studies. She now lives near Boonsboro, Maryland.

221 Race Matters at Asbury

Monday, April 19, 7:30 p.m. AVTV

Spence Limbocker, moderator, and three Asbury residents

During a three-month period in late 2020, over seventy Asbury residents participated in a series of conversations on race and racism. Seven groups of ten or fewer met face-to-face to hold facilitated conversations, discussing aspects of individual racism as differentiated from structural racism. They shared short videos on aspects of white privilege and white fragility; and they used a number of readings, including an extended series from the *Washington Post* after George Floyd's killing. That series focused on the four pillars of racism: education, housing, health care, and criminal justice. The residents shared their own experiences and how their understanding of race and racism had been deepened by this group experience.



In this Keese School presentation, three participants will discuss what the groups learned and how the conversations changed their views about race and racism. The discussion will be moderated by Spence Limbocker, chair of the Gaithersburg Beloved Community Initiative, who helped organize the earlier conversations. This discussion will also invite us to consider further steps here at Asbury to foster greater racial inclusion.

EVENING LECTURES AND MUSICAL EVENTS

222 The Battle of the Bulge and its Continuing Legacy

Thursday, April 22, 7:30 p.m. AVTV

Madeleine Bryant

During WWII, the Battle in the Ardennes mountains, often called the Battle of the Bulge, was fought in Belgium and northern Luxembourg between December 1944 and January 1945. Historians consider it to be the greatest land battle ever fought by the US Army. Except for Bulge veterans and their families – some living here at Asbury – this battle has largely faded into documentaries and history books. Madeleine Bryant, a Wallace resident, will share some of her experiences in helping to keep that legacy alive.



Madeleine's father served with the 84th Infantry Division in the Battle of the Bulge. For the past sixteen years, she has been a member of the Battle of the Bulge Association and, as a volunteer, serves on their national board of directors. She has often traveled to Europe with WWII veterans, met local villagers and international dignitaries, and participated in many commemorations. She has been deeply moved and inspired by the veterans she has gotten to know personally.

223 From Covid-19 to Election Results: Understanding Data Maps

Monday, April 26, 7:30 p.m. AVTV

Linda Pickle



Linda Pickle

Have you noticed that more newspaper articles are including maps these days? Disease rates, election results and many other factors vary by geography, a variation that is hidden by simple area-wide averages. Everyone thinks they understand a data map when they see one, because they understand road maps and animated weather maps. However, the design of a data map is more complex and can lead you astray. We will use US, state, and county data to illustrate good data map design principles so that you can become an informed consumer, able to see the real patterns in the underlying data.

Linda Pickle is a biostatistician who retired after over 40 years of research in modeling and mapping health data at the National Cancer Institute and the National Center for Health Statistics. She established the geographic information systems program at NIH and led a cognitive research program in map reading at NCHS. Linda has published extensively, including 3 atlases of disease-rate maps and a textbook on visualizing geographic data. She has taught at Georgetown University and, until recently, was an Adjunct Professor

at Penn State University. Her work has won numerous awards and she is an elected Fellow of the American Statistical Association.

EVENING LECTURES AND MUSICAL EVENTS

224 Pathways to Success: The Universities at Shady Grove

Thursday, April 29, 7:30 p.m. AVTV

Anne Khademian and Stewart Edelstein

In this year of tragedy, protest, and awareness building, efforts to identify and address systemic racism have been underway across the higher education landscape. By contrast, efforts to build equitable education opportunities across the span of education from K - 12 to higher education, have been underway for decades in Montgomery County.

Anne Khademian and Stewart Edelstein will discuss the history and vision of the Universities at Shady Grove (USG), an innovation entity that seeks to provide equity in higher education. Students graduate with an undergraduate or graduate degree from one of nine Maryland public colleges and universities, while using academic coaching, career advising, internship preparation, personal counseling, and leadership training on the USG campus. This arrangement allows them to leave the USG campus with the academic skills and real-world experiences needed for successful careers, especially in the region's high-demand fields. Many of the Asbury Education Award scholars have attended and graduated from the USG program.

Anne Khademian, who has a Ph.D. in Political Science from Washington University in St. Louis, is the Executive Director of USG, and the Associate Vice Chancellor for Academic Affairs at the University of Maryland. She is a nationally recognized scholar and author in the areas of inclusive leadership and organizational change. Stewart Edelstein, who has a Ph.D. from the University of California at Berkeley, is the retired Executive Director of USG, which he served for 28 years. Under his leadership, USG expanded the number of its participating institutions and increased the number of students to over 3,000, and he built a strong relationship between USG and the Montgomery County public schools.



DAYTIME CLASSES AND SEMINARS

251 Understanding Viruses

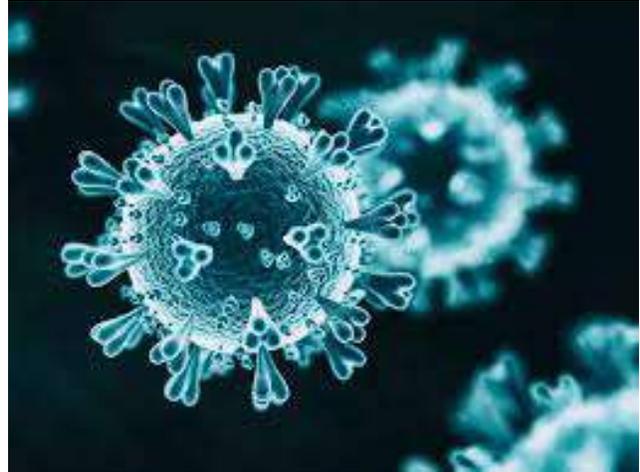
Six consecutive Wednesdays, 1:30-3:30 p.m. Zoom

Phil Grimley

February 17, 24; March 3, 10, 17, 24

Viruses are parasitic forms of life that have been supported by cellular hosts for billions of years. During this time, they have influenced the form, function and evolution of bacteria, plants, and animals. The contest between parasites and hosts persists to this very day. Modern virus pandemics such as influenza, Ebola, and the Coronavirus continue to challenge public health.

In this class, we will focus on the essential causes and mechanisms of virus infections, major cellular responses that have developed in nature to prevent or abort virus infections, and some critical discoveries of human science that resulted from efforts to prevent or control infectious diseases. Indeed, studies of virus genetics and our immune responses now underlie novel treatments of cancers as well as microbial infections.



Phil Grimley, a Courtyard resident, received his MD from Albany Medical College and trained in medicine at Cornell University and virology at the University of California and Columbia University. He did virus-related research at the National Cancer Institute. For over thirty years, he instructed medical students in the principles of disease at the Uniformed Services University in Bethesda. More recently, he taught the science of viruses at the Johns Hopkins University Program for Adult Education and at Acadia Senior College in Maine.

Registration: \$1.00

DAYTIME CLASSES AND SEMINARS

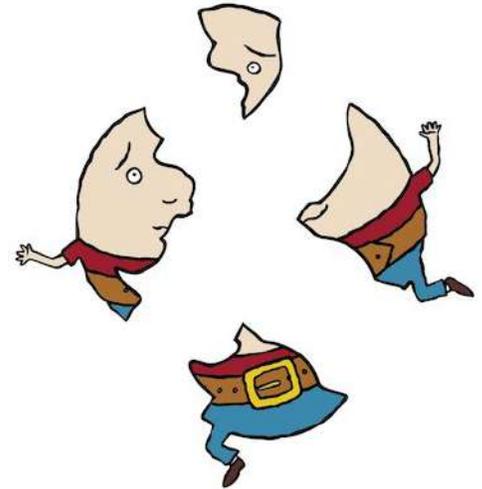
252 Putting Humpty Dumpty Back Together Again: Rehabilitating American Institutions

Six Mondays, 2-3:30 p.m. and six Wednesdays, 7-8:30 p.m. Zoom

Irving Spitzberg

March 22 & 24, 29 & 31, April 5 & 7, 12 & 14, 19 & 21, 26 & 28

This class continues the themes of Irving Spitzberg's two previous Keese School classes — "Reconstructing the Presidency" (Spring 2020) and "Campaigning for President during the COVID-19 Pandemic" (Fall 2020). Newcomers are welcome. This Spring we focus on the impact of the defeat of Donald Trump and the election of Joe Biden. We will explore how to: (a) rebuild our political culture and (b) grapple with the paralysis that Congressional gridlock has placed on Federal institutions.



Weekly Topics

1. The Constitution created a Republic with majoritarian elements. We will explore the impact of this tension on all our political processes and governmental institutions.
2. We will investigate our fractured political culture and the divisions created by economic inequality, racial tensions, demographic changes, and modern technology. We will read and discuss the new book by Robert D. Putnam, *The Upswing: How America Came Together a Century Ago and How We Can Do It Again*.
3. We will document the Trump Presidency as one of the worst presidencies in American history. We will analyze and elaborate on *The Washington Post Magazine* article, "The Abnormal Presidency."
4. We will discuss how the Democratic and Republican parties could respond positively to the dual challenges of Congressional gridlock, on the one hand, and the aspiration for some comity in our political system, on the other hand.
5. We will address the practicalities of reenergizing the Federal Government by reviewing the roles of science and regulation, looking at specific administrative agencies.
6. We will sketch the current state of the Presidential electoral process, especially the primaries, and consider viable changes. We will also examine the role of social media and the national press in exacerbating the fracturing of our political culture.

There will be two Zoom sessions each week. Monday afternoons, Irving and another Asbury resident with salient interest and experience will present core material. Wednesday evenings, everyone can ask questions and make comments. Occasionally, we will have an outside expert share his or her expertise and guide the class.

Irving Spitzberg, an Asbury resident, is a former professor and dean at Brown, the Claremont Colleges, and SUNY/Buffalo. He also was the CEO (General Secretary) of the American Association of University Professors and the founder of the Council for Liberal Learning in Washington, DC. He studied, taught, and wrote about leadership for thirty years, focusing on leadership in politics, higher education, and civic life. He participated in several state and national campaigns, including the 1972 McGovern campaign as a European rep and runner.

No Maximum enrollment. No prerequisites. Registration: \$2, Materials: \$5. Send questions to Irving Spitzberg at irvingspitzberg1@gmail.com.

DAYTIME CLASSES AND SEMINARS

253 *The Republic* and Its Soul

Twelve Fridays, 1:30-3:30 p.m. Zoom

Winston Davis

February 12, 19, 26; March 5, 12, 19, 26; April 2, 9, 16, 23, 30

In his famous *The Republic*, Plato raised nearly every question that has concerned philosophy and political thought down to the present: What is the good life? What is true happiness and how is it achieved? Who should govern the state? What should be the goals of the statesman? What role should women have in government? Can citizens be “made good”? Why should they try to be good? What constitutes true knowledge and professional expertise? What role should knowledge and expertise play in government? What kind of education does an ideal state require? What kind of music, literature and drama should it cultivate? What are the strengths and weaknesses of various political systems? What values and virtues should be embraced by politicians, citizens, the army, and the police?

Plato believed that each political system is related to a specific personality type, or “soul.” Democracy is based on citizens having a “democratic soul,” oligarchy an “oligarchical soul,” and tyranny a “tyrannical soul” that is happy to be ruled by a tyrant.

In this course, we will study the text of *The Republic* and Plato’s overall philosophical thought. We will also try to understand how the values and virtues of Plato’s political souls relate to the struggle between democracy and authoritarianism in the modern world.

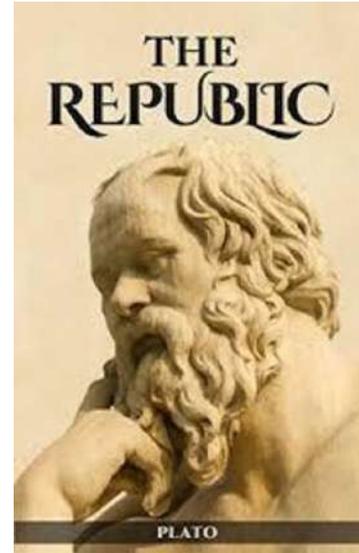
Winston Davis earned his MA in Greek literature from Columbia University and his PhD in the History of Religions from The University of Chicago. He taught at Stanford University, Kwansei Gakuin Daigaku (Nishinomiya, Japan), Southwestern University, Princeton University, and the Free University (Berlin, Germany) before retiring from Washington and Lee University. He and his wife Linda have lived at Asbury since 2016. He has previously led Keese School courses on Greek history, Stoicism, and Buddhism.

Maximum enrollment: 15

Zoom log-in information provided after registration

Required textbook: The Republic of Plato, translated by Francis MacDonald Cornford (Oxford University Press).

Registration: \$1.00



DAYTIME CLASSES AND SEMINARS

254 Dante's Divine Comedy

Twelve Tuesdays, 10 a.m. Rosborough Community Room or Zoom
John Locke, Facilitator with DVD presentations by William R. Cook & Ronald B. Herzman, PhDs

February 9, 16, 23; March 2, 9, 16, 23, 30; April 6, 13, 20, 27

This 24-lecture course is designed to help you understand and appreciate the long poem by Dante Alighieri (1260-1321) known as the *Divine Comedy*. Dante is a geographer of the cosmos and the human soul.

Dante dramatizes and asks us to reflect on fundamental questions – questions about our political institutions and problems, the nature of our moral actions, the possibilities for spiritual transformation, and reasons for reading and writing – questions whose poignancy has not been blunted by the lapse of seven centuries.

There are approximately the same number of lectures for each of three parts of the poem. There are seven lectures on *Inferno*, six on *Purgatorio*, and seven on *Paradiso*. Since the poem consists of dramatic encounters between pilgrims and inhabitants of the afterlife, the presentation centers primarily on those encounters.

We initiated this series in February 2020, but after the first week of March, we had to stop because of the coronavirus. We will start over again in the way originally planned.

Registration: \$1.00. If necessary, Zoom sign-in directions, will be communicated after registration.

Please contact John Locke (johnwlocke@comcast.net) for recommended English versions.



255 Writing Our Memoirs

Five Tuesdays, 2:00-3:00 p.m. Zoom or a room in Hefner depending on Covid 19 health requirements
Murray Schulman

February 23, March 23, April 27, May 25, June 22



Have you been thinking of writing your memoirs? Everyone has a story worth telling, so why not start now? Bring alive your photos, documents, and anecdotes to share with your children, grandchildren, and future generations. You will be more than a leaf on the genealogical tree. Need motivation to begin? Join some of your neighbors who enjoy writing their memoirs. Listen to the essays they prepare each month for a given topic; and before long, you too will begin to recall, describe, and preserve memories of the road only you have traveled. Three of our members have published a volume, and several others are in a position to do so. What greater gift can you offer your family, friends, future generations, and yourself?

Murray Schulman, an Asbury resident, and past Dean of the Keese School, had a long career as a scientist grants administrator, coordinating research and development programs in the Department of Energy's Office of Health and Environmental Research.

Registration: \$3:00. Enrollment is open to both new and returning memoirists. Information on location of class will be provided to you after registration.

DAYTIME CLASSES AND SEMINARS

256 Great Decisions

Four Tuesdays, 2:00 to 3:00 p.m. Zoom
Patsy Brill and David Winfield, coordinators

February 23; March 16; April 6, 27

Great Decisions will enter its ninth year at Asbury with four topics in the spring and four next fall. All enrollees will receive a *Great Decisions 2021 Edition* booklet which has readings on each of the topics. Each spring session will include a DVD presentation on Zoom followed by a discussion.

The spring semester topics will be:

A. The end of globalization?

With the passing of the Brexit vote and Donald Trump's America First doctrine, protectionist policies have become more prevalent, challenging globalization. How will the United States and the world be affected by such policies? Is globalization really at an end, or in need of a refresh?

B. Global supply chains and national security

The shutdown of global supply chains due to the Covid-19 pandemic brought to the forefront some issues concerning the high level of global economic interdependence: What happens when one country is the main source of an item, say face masks, and then can no longer supply the item? What are some of the lasting effects that the pandemic could have on global supply chains and trade? How would this affect our national security?

C. Roles of international organizations in a global pandemic

The Covid-19 pandemic has thrust the World Health Organization (WHO) into the limelight, for better or for worse. What is the WHO's role in responding to international pandemics? What can be done to improve the WHO's response to future global health crises?

D. Persian Gulf security issues

The Persian Gulf remains tense as the rivalry between the regional powers of Saudi Arabia and Iran continues. What historical influences have led to these tensions? What role, if any, should the United States play? Is using military force a viable foreign policy option for 2021 and beyond?

The Fall semester will include these four topics:

Brexit and the European Union

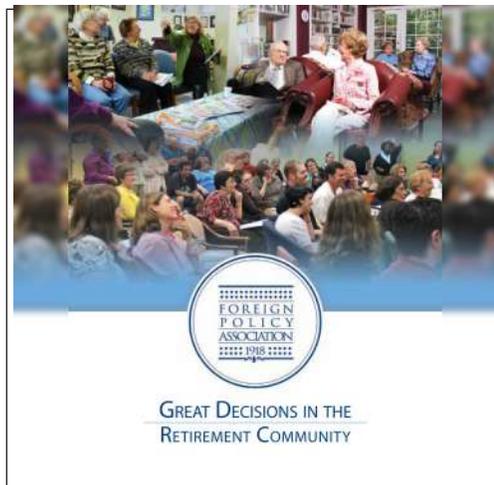
Struggles over the melting Arctic

China's role in Africa

The Korean Peninsula

Registration \$1.00; syllabus with booklet of reading material for the two semesters: \$35 (includes shipping). Zoom link will be sent after registration.

When the Coronavirus restrictions are lifted, group meetings in the Park View Club Room will resume.



DAYTIME CLASSES AND SEMINARS

257 Learn How to Host a Zoom Meeting

One of 3 Thursdays, 2:00-3:00 p.m. Zoom

Frank Snyder, coordinator

February 11, 18, or 25

For Asbury Zoom meetings to function properly, it has become essential for chairs to have a Zoom Host to assist them. Asbury needs a cadre of trained volunteers who can assume this role. Have you thought of becoming an active member of a Zoom meeting rather than a passive one? This one-hour training session will focus on “Zoom Host Basics,” such as setting up the meeting, letting attendees into the meeting, muting and unmuting, and manipulating slides or other attachments. The session will be repeated on three consecutive Thursdays.



After you register for the course, please send an email to SnyderFD@gmail.com to pick a good date and receive member startup instructions. The class will be fun and informative. Questions? Call x5240

Registration: \$1.00; Requirement: A computer with a camera and microphone, such as a laptop or desktop with an add-on camera/microphone. Maximum enrollment: 15 per class.

Directions to the Meeting Rooms

Hefner Auditorium: On the main floor of the Hefner Community Building, directly across the lobby from the entrance. Walk down the right-hand corridor and access is on the left.

Hefner Arts and Crafts Room: Off the same corridor across from access to the Hefner Auditorium.

Rosborough Theater: Enter the building through the main doors and walk forward. Turn right before you come to the room with the displays of residents' art and turn left down the first hall you come to. The theater is through double doors immediately to your right in this hall. There is a coat room through double doors across the hall from the entrance to the theater.

Rosborough Community Room: Follow the instructions to the Rosborough Theater above but keep walking down the hall mentioned there. You will come to the Community Room on your right just as you encounter the swimming pool windows on your left.

CANCELLATION-REFUND POLICY

No refund of fees or charges for materials will normally be made.

Special circumstances will be considered individually.

In any special case, please call Ron Stevenson, ext. 4609
or Paul Pruitt, ext. 5229.

Other Educational Opportunities at Asbury

CYBER ASBURY: Cyber Asbury is an umbrella organization coordinating the activities of the **Computer Club** (Microsoft Windows based computers), **Apple Corps** (Apple computers, i-Phones and i-Pads), **Asbury Photo Group** (taking and preserving video and still photographs), and the **Heritage Lab** (digitizing Asbury's history). Both the Computer Club and Apple Corps organize and sponsor training in use of computers. There is also a periodic public presentation of a lecture on a computer related topic. A monthly digital newsletter containing articles from all 4 groups is available by email. News and activities appear on AVTV and are available on the Asbury Connected Living app on your computer or smart phone.

- For a Cyber Asbury newsletter subscription please send your full name (even if already imbedded in the email address) and your email address to Donna Marino donna6marino@gmail.com.
- For information about **Windows** classes, please email Robert Nisbet renisbet@outlook.com.
- For information about **Apple** classes, please email Jim Utterback jim22@comcast.net.
- For information about **Asbury Photo Group**, please email Paul Schneeman pschnee@me.com.
- For information about the **Heritage Lab**, please email Hal Gaut halmarilyn@hotmail.com.

-COMPUTER CLUB: The computer club oversees the computers in the Smithey Technology Center in Rosborough and the Carpenter Computer facility on the ground floor of Diamond. These computers are available for all residents to use without charge. In addition, printers, including a large sheet printer, are also available for use. Please pay for the paper and ink in the provided honors box. Training in the use of Windows 10 is available. For information and sign-up contact Barry Thomas <bthomas775@comcast.net> or Robert Nisbet <renisbet@outlook.com>. In addition, technical support is available each Thursday from 1:00 to 3:00 pm in the Smithey Center in Rosborough. For other information contact Norman Wolfe nwolfe556@comcast.net or x4842.

LIFE ISSUES DISCUSSION GROUP: This group is not active now because of the Covid-19 epidemic but will resume when way opens. Members gather for two-six sessions to discuss a topic suggested by a current book that has been picked by the group. The meetings are normally held on the first and third Wednesdays of each month, September through June, in the Community Room of Wallace, 1:30-3:00 p.m. One member of the group volunteers to lead the discussion for each meeting, so the leadership changes from session to session. There is no membership fee, but a roster of participants is kept expediting purchase of the books. For further information, call Alice Wong, x5135.

Continued on page 24

Other Educational Opportunities at Asbury

(Continued)

NORDIC FRIENDS: *Nordic Friends* welcomes all residents, regardless of heritage, to learn about Nordic ancestry and the histories and cultures of Norway, Sweden, Denmark, Finland, and Estonia. Meetings are held on the third Saturday of each month (except July, August, and December) at 10:30 a.m. in the Hefner Arts and Crafts Room. For more information, call Rhoda MacKenzie, x5676 or email rhodamac4@aol.com.

OPEN STUDIO FOR ARTISTS: For all who wish to draw or paint, the Hefner Arts and Crafts Room is open every Tuesday and Thursday from 10:00 a.m. to 12:00 noon. Diane Gleason (Diamond 811, x5234) is the coordinator. There is no fee, and the welcome extends indefinitely.

AVTV: This Asbury TV station (channels 975 and 976) often carries educational programs, which are announced in their monthly and weekly schedules.

NOTE

Any organization that is run by and for the residents of Asbury Methodist Village and that offers educational opportunities such as classes or lectures is welcome to submit a description of its offerings for inclusion in the Keese School catalog, subject to the approval of the Keese School Curriculum Committee.

REGISTRATION FORM SECOND SEMESTER 2020-21
LECTURES, MUSICAL EVENTS, CLASSES, AND SEMINARS

REGISTRATION DEADLINE MONDAY, JANUARY 25

THIS IS YOUR COPY

No.	Date	Lectures and Musical Events	Registration Fees	Enter Your Cost
201	Feb 8	Think Colorfully	\$1.00	
202	Feb 11	Show Tunes and Show Stoppers	\$8.00	
203	Feb 15	Examining Evidence for Diet and Nutrition Recommendations	\$1.00	
204	Feb 18	Forest Bathing, the World's Most Potent Medicine, Is Just Outside Your Door	\$1.00	
205	Feb 22	Full Employment, a Dream or a Plan?	\$1.00	
206	Feb 25	An Evening of Jazz, Samba, and Bossa Nova	\$8.00	
207	Mar 1	<i>Garten und Kirche</i> —Songs Secular and Sacred	\$8.00	
208	Mar 4	Vignettes from Life on Capitol Hill	\$1.00	
209	Mar 8	The Origins of Jazz	\$8.00	
210	Mar 11	Music of Renewal, the Great American Songbook	\$8.00	
211	Mar 15	Montgomery Village: An Insider's View	\$1.00	
212	Mar 18	Flowers: Marjorie Merriweather Post's Legacy	\$1.00	
213	Mar 22	Montgomery County and Its Police Department: Where Are We Heading?	\$1.00	
214	Mar 25	From the Projects to the Palace: A Diplomat's Unlikely Journey from the Bottom to the Top	\$1.00	
215	Mar 29	In the Beginning: Visual Interpretations of <i>King Lear</i>	\$1.00	
216	Apr 1	How to Get the Most out of Life and Live with More Joy, Success, and Fulfillment	\$1.00	
217	Apr 5	The Cost of Resistance	\$1.00	
218	Apr 8	Oakley Cabin: Building a New Life after Emancipation	\$1.00	
219	Apr 12	Protecting the Potomac, Our Hometown River	\$1.00	
220	Apr 15	Opening Your Door to the World: Mont. Co. Public Libraries	\$1.00	
221	Apr 19	Race Matters at Asbury	\$1.00	
222	Apr 22	The Battle of the Bulge and its Continuing Legacy	\$1.00	
223	Apr 26	From Covid-19 to Election Results: Understanding Data Maps	\$1.00	
224	Apr 29	Pathways to Success: The Universities at Shady Grove	\$1.00	
<i>All evening lectures total \$19.00</i> <i>All evening musical performances total \$40.00</i> <i>All evening events total \$59.00</i>			Subtotal – carry forward	

REGISTRATION FORM SECOND SEMESTER 2020-21
LECTURES, MUSICAL EVENTS, CLASSES, AND SEMINARS

REGISTRATION DEADLINE MONDAY, JANUARY 25

THIS IS YOUR COPY

No.	Start Date	Classes and Seminars	Registration Fees	Enter Your Cost
251	Feb 17	Understanding Viruses	\$1.00	
252	Mar 22	Putting Humpty Dumpty Back Together Again: Rehabilitating American Institutions	\$7.00	
253	Feb 12	<i>The Republic</i> and Its Soul	\$1.00	
254	Feb 9	Dante's Divine Comedy	\$1.00	
255	Feb 23	Writing Our Memoirs	\$3.00	
254	Feb 23	Great Decisions	\$36.00*	
257	Feb 11	Learn How to Host a Zoom Meeting	\$1.00	
		Classes and seminars subtotal		
		Lectures and musical events subtotal		
		Total amount due		
		*Includes booklet of reading material for the two semesters		
		RETAIN THIS COPY FOR YOUR RECORDS		

