

## Visitor Guidelines

### Visit Criteria

In-person visits can be scheduled for patients that are COVID-19 negative or COVID-19 recovered. Patients that are COVID-19 positive or persons in transmission-based precautions will continue to receive virtual visits.

Outdoor visits are preferred whenever possible, as this is the safest to prevent exposure of the residents to Covid-19. Indoor visitation will be allowed for residents regardless of vaccination status except in the following situations:

Unvaccinated residents, if the center's county positivity rate is > 10% and <70% of residents in the center are fully vaccinated. Residents with confirmed COVID-19 infection, whether vaccinated or not until they have met the criteria to discontinue transmission-based precautions.

Residents in quarantine, whether vaccinated or not, until they have met criteria for release from quarantine.

Indoor visitation during an outbreak will be suspended until the center completes at least one round of center-wide testing. Visitation can resume based on the following criteria:

If the first round of outbreak testing reveals no additional COVID-19 cases in other areas of the center, then visitation can resume for residents in areas/units with no COVID-19 cases. Visitation in affected units will be suspended until the center meets the criteria to discontinue outbreak testing.

If the first round of outbreak testing reveals one or more additional COVID-19 cases in other areas of the center, then the center should suspend visitation for all residents (vaccinated and unvaccinated) until the center meets the criteria to discontinue outbreak testing.

### How To Schedule A Visit:

Visits must be scheduled at least 24 hours in advance at the request of the responsible party by contacting:

#### **Wilson Health Care Center:**

Second Floor: Chenika Johnson, [cjohnson@asbury.org](mailto:cjohnson@asbury.org)

Third Floor: Murvell Delpino, [mdelpino@asbury.org](mailto:mdelpino@asbury.org)

Fourth Floor: Karla Orellana-Jones, [KOrellana@asbury.org](mailto:KOrellana@asbury.org)

#### **Kindley Assisted Living:**

Ann Giaquinto: [agiaquinto@asbury.org](mailto:agiaquinto@asbury.org)

Visits are time limited to 60 minutes for outdoor/indoor visitation (end-of-life visits/compassionate care visit duration will be decided on a case by case basis by the Administrator and/or Director of Nursing.

Visitors are to arrive 10-15 minutes in advance of scheduled visit time to complete pre-screening process. Complete the pre-screen paperwork ahead of time by visiting <https://bit.ly/AsburyEntryPass>. Visitors arriving late may need to have their visit rescheduled.

Indoor/Outdoor in-person visits are limited to a max of 2 visitors at a time per resident or per more restrictive state guideline. Visitors ages 12 and up are welcome. Please contact the recreation team members above if you need to discuss further accommodations.

### Visitor Screening/Arrival

Visitors must comply with the screening process, including a temperature check at the kiosk. If the visitor triggers yes for any screening questions or has had close contact with someone with COVID-19 infection in the prior 14 days (regardless of vaccination status) the visit will not occur to reduce the risk of spread/exposure to COVID-19.

Visitors are not required to be tested or vaccinated prior to scheduled visit. However, we strongly encourage visitors to be tested prior to visit and obtain vaccination when able to decrease the risk of exposure to your loved one. Please see attached information on COVID-19 testing and vaccination sites in the area.

Wear a mask that covers the nose and mouth during visit. If you don't have a mask, one will be provided.

Sign in on the *Visitor Log* attesting that you have read and reviewed the visitor guidelines and COVID-19 education and agree to comply.

Complete hand hygiene before and upon completion of the visit.

Maintain social distancing of at least six (6) feet during the entire visit. If a resident is fully vaccinated, the resident can choose to have close contact (including touch) with their visitor while wearing a well-fitting face mask and performing hand hygiene before and after touching. Visitors should otherwise maintain physical distance from other residents and staff in the designated visiting area. Visitors must stay in the designated visitation area during the entire visit.

No smoking is allowed. AMV is a smoke-free campus.

Avoid touching your face or adjusting your mask. If you note that this has occurred, sanitize your hands using the sanitizing station/hand sanitizer.

Visitors may bring food/drink for the patient if allowed per state guideline. Food and drinks must meet diet consistency/texture per physician order and cannot be shared.

Surfaces are sanitized between visits using EPA approved disinfectants to reduce the risk of exposure or transmission of COVID-19.

Visitors are asked to monitor themselves for signs and symptoms of COVID-19 such as temperature, fever/chills, cough, shortness of breath, fever, nausea, vomiting, headache, runny nose/congestion, fatigue, muscle/body aches, and new loss of taste or smell for 14-days after your visit and notify the center if signs or symptoms develop or if you receive confirmation that you have tested positive for COVID-19 or if you receive confirmation that you have been exposed to another individual who has tested positive for COVID-19.

**If observed to not follow visitor guidelines, staff may provide redirection or terminate the visit to reduce the risk of exposure or transmission of COVID-19.**

COVID-19 is thought to spread mainly through close contact from person-to-person. Some people without symptoms may be able to spread the virus. We are still learning about how the virus spreads and the severity of illness it causes.

**The virus is thought to spread mainly from person-to-person.**

- Between people who are in close contact with one another (within about six (6) feet).
- Through respiratory droplets produced when an infected person coughs, sneezes, or talks.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- COVID-19 may be spread by people who are not showing symptoms.

How easily a virus spreads from person-to-person can vary. Some viruses are highly contagious, like measles, while other viruses do not spread as easily. Another factor is whether the spread is sustained, which means it goes from person-to-person without stopping.

**The virus that causes COVID-19 is spreading very easily and sustainably between people.** Information from the ongoing COVID-19 pandemic suggests that this virus is spreading more efficiently than influenza, but not as efficiently as measles, which is highly contagious. In general, **the more closely a person interacts with others and the longer that interaction, the higher the risk of COVID-19 spread.**

It may be possible that a person can get COVID-19 by **touching a surface or object that has the virus on it** and then touching their own mouth, nose, or possibly their eyes. This is not thought to be the main way the virus spreads, but we are still learning more about how this virus spreads.

**The best way to prevent illness is to avoid being exposed to this virus.** You can take steps to slow the spread.

- Maintain good social distance (about six (6) feet). This is very important in preventing the spread of COVID-19.
- Wash your hands often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Routinely clean and disinfect frequently touched surfaces.
- Cover your mouth and nose with a mask when around others.

Source: Centers for Disease Control (CDC). Posted 09/21/2020.

Vaccine Sites- Maryland

**Adventist Healthcare- Rockville, Takoma Park, and Fort Washington**

<https://www.adventisthealthcare.com/coronavirus-covid-19/vaccine/> 240-826-4636

**Baltimore Convention Center:** 443-462-5511 M-F 9am-4:30pm

**Montgomery County Clinics:** 240-777-2982

**Six Flags:** 855-634-6829

**Maryland Department of Aging:** 866-502-4325

**Medstar:** 301-774-6655

**Maryland Text Alerts:** Text "MD READY" to 898211

**Giant Food Bethesda:** 301-530-3271

**Giant Food Burtonsville:** 301-421-4493

**Giant Food Gaithersburg:** 301-208-8204

**Giant Food Silver Spring:** 301-565-0575

Testing Sites:

**Physicians Now Urgent Care:** 301-519-0902, Shady Grove Road