



In This Month's Newsletter ...

We have plenty to share in this month's community newsletter. Here's what we've got: A mid-spring message from Executive Director Kelly Friedman about that shift toward a 'familiar' feeling, a high score our Health Care Center recently received and ... every day is Earth Day here at Solomons. Happy reading!

A Message from the Executive Director

April 30, 2021

Dear Residents, Family Members & Associates,

As I pull into our community each morning, there's that familiar feel of spring. The grass is now fully green, topped with a morning dew. The flowers are blooming on schedule and I often see our maintenance team and landscape partners tending to our grounds spanning 58 acres. I usually also see a number of residents out and about getting their steps in as they start their day with a little exercise.

The "familiar" feel about all this is reassuring.

Last spring, it was all about the unfamiliar. But that's no longer the case. We have arrived together at this turn of the calendar – a shift toward the familiar, albeit slowly, but surely.

The late actor Robin Williams once said, “Spring is nature’s way of saying, ‘Let’s party!’”

While we may not be at the full-blown party stage here at Asbury Solomons, we’re getting closer with each new flower coming to life.

Like the deep and ever-growing roots below the soil, our partnership has strengthened over the past year. Thank you.

May is a beautiful month and I hope you’re able to enjoy all there is about it, from Mother’s Day to Memorial Day and all that’s in between.

Sincerely,

Kelly Smith Friedman, LNHA
Executive Director



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Top Rating for the Health Care Center!



Great news! According to the 2020 Maryland Nursing Home Family Experience of Care Survey, 100 percent of respondents said they would recommend the Asbury Solomons Health Care Center – compared to a statewide average of 80 percent. We are grateful to the mission-driven associates who come to work every day prepared to make a difference in residents' lives by developing caring relationships and delivering such high-quality, person-centered care.

Updates and Reminders

Please note that these updates and reminders, as well as the latest vaccine and COVID-19 safety updates, are also included on our community operations site, [Asbury.org/asbury-solomons/resources-events/family-friends](https://www.asbury.org/asbury-solomons/resources-events/family-friends):

- **The Wellness Center Fitness Room is open by appointment** and many fitness classes, programs, clubs, and events are available via Touchtown

and our TV channel, 970. For a current schedule or more information contact Genna Lee (glee@asbury.org, 410-394-3308).

- ***Also, yes ... the dock and beach are open!***

- **Dining update:** C-Store and breakfast dining options are available now. Get all the details on offerings, grocery items and more in the Community Services & Amenities dropdown [here](#).

- **If you need physical, occupational, or speech therapy services, Asbury Solomons Therapy Services is open!** To schedule an appointment with our in-house team of therapy experts, please call Kris Ohler, Rehabilitation Services Manager, at (410) 394-3066.

- **Quick reminders:**
 - **Know a family member who should be receiving our community updates?** Please direct them to this webpage, asbury.org/family-covid-email-sign-up, to sign up!
 - **We are so appreciative of the messages of thanks we receive.** If you'd like to share a note of thanks, please [click here to launch a form](#) where you can type in your note of appreciation. We will take your submissions and find creative ways to share them with associates. Thank you!
 - **Looking to update your wardrobe?** Here's a way you can show off your community -- with Asbury Solomons gear! Check out the [Asbury Apparel online store!](#)

Earth Day ... Every Day

Did you know that through our efforts to practice sustainability across the Asbury organization, we have saved 29.1 million gallons of water over the past six years? Check out this graphic for more highlights that demonstrate our commitment to conserving the Earth's resources each and every day. Here at Asbury Solomons,

we are very proud of our Conservation Landscape and Cistern Project -- a project that was led by the Go Green Committee and supported by the Asbury Foundation. Native plants and cisterns are hard at work filtering runoff and helping protect the Patuxent River!



Reminder: Recent Updates to the Screening Questions

As we continue our journey through the pandemic, our response must evolve in order to reflect the latest science and guidance by the CDC & CMS. The screening process has served us well since its implementation a year ago. Earlier this month, we updated the screening process to reflect new questions. The new screening questions look to identify the highest risk situations. Of the updates, please note travel-related considerations included in the screening questions. This document is available for you to review to help you accurately answer any questions related to your travel, <https://bit.ly/AsburyTravellInfo>.

Important note: The process to respond to the questions has not changed! Our current community screening process remains the same.

Here's a GEM!



All across the Asbury system, we lift up associates with GEMs, which stands for associates who Go the Extra Mile! GEMs are given for a job well done. So far this year we have had dozens and dozens of GEMs given to associates at our community and today I want to lift up a special one given to Receptionist Christopher Cooper:

"Chris has been amazing in his lead reception role. He has definitely brought a fresh approach to the position. Our directories were given (an) update. In addition he is always able to answer questions or find the answers. It is a pleasure to have him as part of our team." - *Renee Queen, Receptionist*