



In This Month's Newsletter ...

We have plenty to share in this month's community newsletter. Here's what we've got: A mid-spring message from Interim Executive Director John McDonough about that shift toward a 'familiar' feeling, several important community updates and ... every day is Earth Day here at RiverWoods. Happy reading!

A Message from the Interim Executive Director

April 30, 2021

Dear Residents, Family Members & Associates,

As I pull into our community each morning, there's that familiar feel of spring. The grass is now fully green, topped with a morning dew. The flowers are blooming on schedule and I often see our maintenance team and landscape partners tending to our grounds spanning 108 acres. I usually also see a number of residents out and about getting their steps in as they start their day with a little exercise.

The "familiar" feel about all this is reassuring.

Last spring, it was all about the unfamiliar. But that's no longer the case. We have arrived together at this turn of the calendar – a shift toward the familiar, albeit slowly, but surely.

The late actor Robin Williams once said, "Spring is nature's way of saying, 'Let's

party!”

While we may not be at the full-blown party stage here at RiverWoods, we’re getting closer with each new flower coming to life.

Like the deep and ever-growing roots below the soil, our partnership has strengthened over the past year. Thank you.

May is a beautiful month and I hope you’re able to enjoy all there is about it, from Mother’s Day to Memorial Day and all that’s in between.

Sincerely,

John McDonough, NHA

Interim Executive Director

RiverWoods

Main: (570) 522-6234

John.McDonough@albrightcare.org

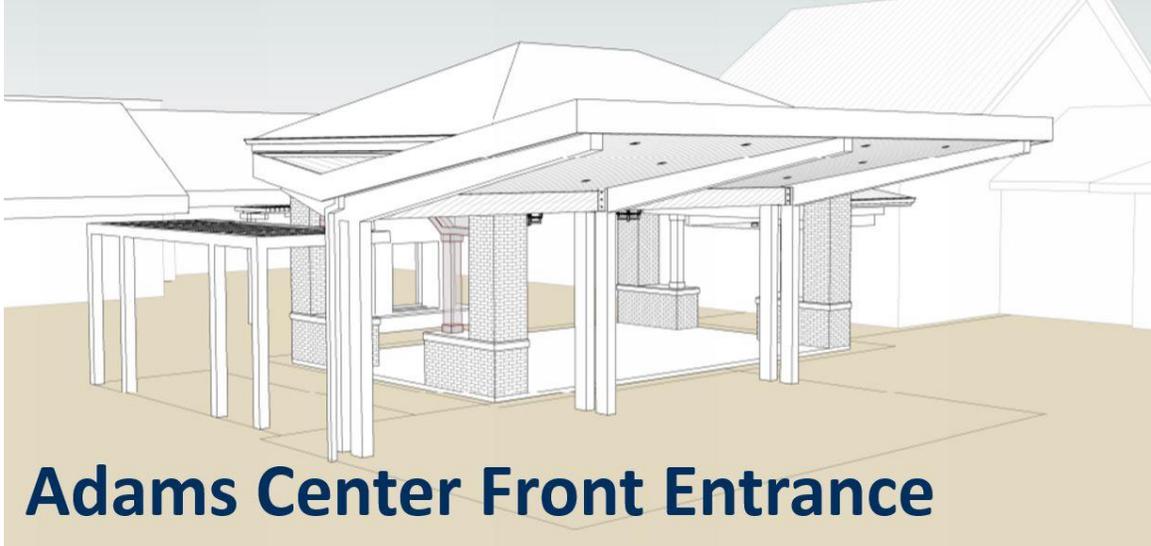
AlbrightCare.org

RiverWoods Updates & Reminders

- **Slifer House gate update:** Thank you for your feedback about the gate at the bottom of the Slifer House and having it open during the day. While the gate was needed during the height of the pandemic, we believe resident safety is better achieved by providing an entrance/exit to campus farther away from the bend on River Road. As such, **starting next week, the gate at Slifer House will be open daily from 7 a.m. – 7 p.m.**
- **New Security team:** As a reminder, we begin our new partnership with Allied Security beginning Monday, May 3. Allied is a large company that specializes in support for organizations like ours and we are looking forward to having their team on campus. [Please click here to view](#) the original communication for more details.

- **Visitation for Nursing Care Center & Personal Care:** Thank you for your patience as we continue to follow appropriate guidelines for visitation. We will share updates with you as soon as we are able. Currently, window visits are available for family members who wish to socialize with loved ones in Personal Care or the Nursing Care Center.
- **If you need physical, occupational, or speech therapy services, RiverWoods Therapy Services is open!** To schedule an appointment with our in-house team of experts, please call Andrea Mertz at 570-522-6181. We will determine if services can be provided at your home or in our rehabilitation gym.
- **Studio 35 has reopened!** The resident craft area, Studio 35, has reopened for classes on Tuesdays for Independent living residents and on Thursdays for Personal Care residents. All appropriate health and safety precautions are still in place. To provide for physical distancing, seating is limited. Sign up for Independent Living residents is by the mailboxes; Personal Care residents should sign up in the Personal Care area.
- **We are so appreciative of the messages of thanks we receive.** If you'd like to share a note of thanks, please [click here to launch a form](#) where you can type in your note of appreciation. We will take your submissions and find creative ways to share them with associates. Thank you!
- **Looking to update your wardrobe?** Here's a way you can show off your community -- with RiverWoods gear! Check out the [Asbury Apparel online store!](#)
- **As a reminder, all COVID-19 data is updated daily on the Asbury COVID-19 Response and Communication webpage** at [Asbury.org/COVID19](https://www.asbury.org/COVID19). You can find the daily status charts in the first blue button on the side bar.

Community Enhancement Update: Adams Center Front Entrance



Adams Center Front Entrance

You may remember that late last year we made updates to the Adams Center Front Entrance. That was Phase 1 of a two-phase project and it was heavily focused on localized site work. Phase 2 of the project will get underway soon. This upcoming phase includes the new extension of the Adams Center Front Entrance and enhancement to the surrounding landscaping. While we expect that all project work will be done without any interruption to the normal day-to-day experience in the Nursing Care Center, the improvements in the area will require the closest parking lots to the main entrance to be closed until the project is completed later this summer. The image above is a rendering of the new entrance.

We are excited about how this redesigned entrance will provide more convenience for residents, visitors and associates. The location of this new, covered entrance to the Adams Center ensures that all drop-offs occur under a portico with easy access in and out of the Nursing Care Center. The project will also improve the overall traffic flow on the campus, including the connection with River Road ([click here for a look at updated traffic flow](#)).

Update: RidgeCrest Fire Alarms

Over the past few weeks, there have been a number of false fire alarms in the RidgeCrest apartments. We understand the anxiety and discomfort caused by the frequency of these false alarms. We apologize for the inconvenience and appreciate your patience as we worked to diagnose the issue. We identified updates that were needed and several components have been replaced. The last major component of these updates is the fire panel, and it is scheduled for replacement within the next couple of weeks. We will share updates as appropriate.

Can You Do This Workout?

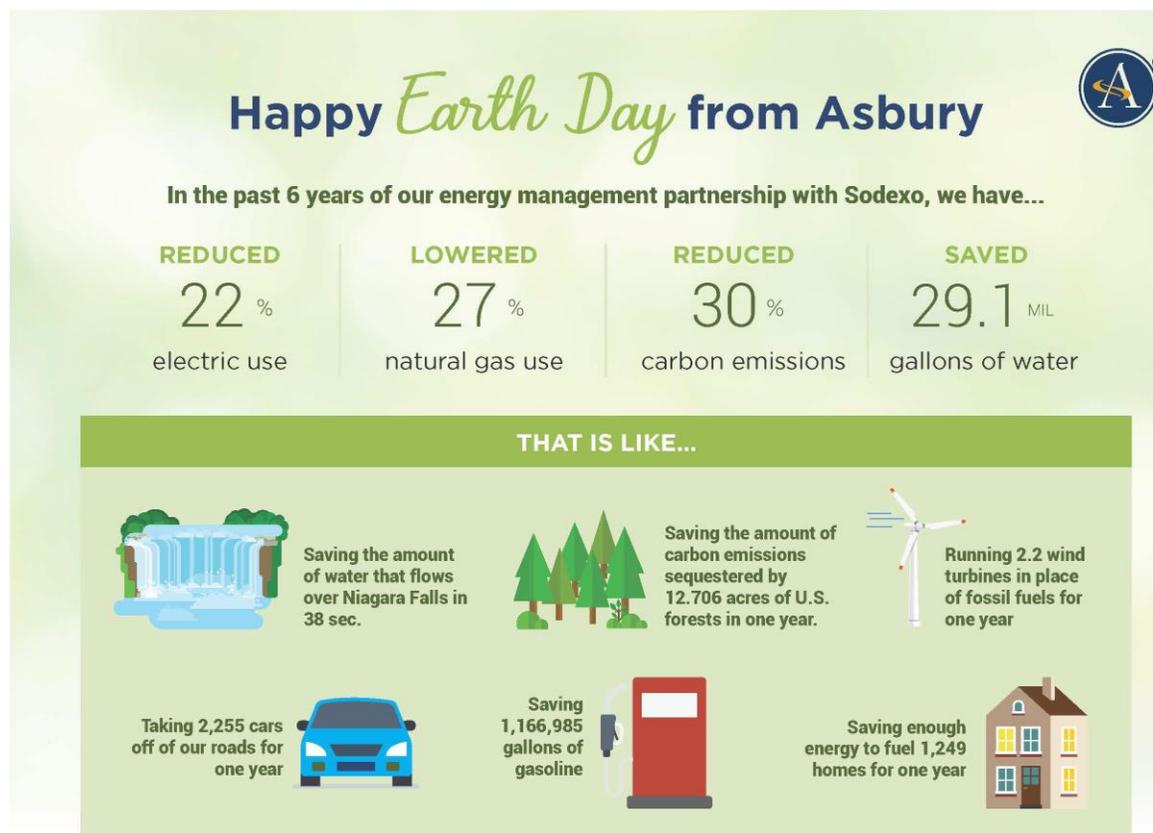


Pool Power training in the RiverWoods Aquatic center improves balance, strengthens muscles and bones and reduces stress. This training allows you to generate increased amounts of force in a short amount of time helping you maintain functional independence and reducing the risk of falls. Our Wellness team provides residents with a personalized fitness plan ensuring they remain safe while maintaining or improving their fitness. If you would like to learn

more about wellness opportunities, please contact David Shoffler or Duane Schmader at 570-522-6176.

Every Day is Earth Day

We celebrated Earth Day on April 22. But, really, at Asbury every day is Earth Day. Thank you for your partnership as we continue to practice sustainability across the Asbury organization. The graphic below is a demonstration of our commitment to conserving the Earth's resources each and every day.



Know Someone Who Isn't Receiving our Emails? Here's How They Can Sign Up!

Thanks for opting to receive emails from RiverWoods! Do you know of anyone else -- residents or other family members -- who may benefit from receiving our

communications? If so, please share the links below so they can sign up for the right list.

RiverWoods Residents can sign up using these forms:

- Skilled Nursing Care: <https://bit.ly/RWHCresidents>
- Personal Care: <https://bit.ly/RWPCresidents>
- Independent Living: <https://bit.ly/RWRLresidents>

RiverWoods Families can sign up using these forms:

- Independent Living <http://bit.ly/RWRLfamilies>
- Personal Care <http://bit.ly/RWPCfamilies>
- Skilled Care <http://bit.ly/RWHCfamilies>