Kindley Assisted Living
at Asbury Methodist Village

Caring Support to Live Life Your Way

ASBURY
Kindley Assisted Living
Anticipate More
When you live at Kindley Assisted Living at Asbury Methodist Village, so many things become possible. Enjoy the peace of mind that comes from having a caring team of people to assist you with living the life you want. Spend your time with family and friends enjoying each other’s company — not running errands or doing household chores.

When you join our neighborhood, you are gaining the expertise, resources, and Mission-focused commitment that come from joining Montgomery County’s premier continuing care retirement community — one with more than 95 years of service to seniors.

You do not have to be a resident of Asbury Methodist Village to live at Kindley Assisted Living, and no entrance fee is required.
Included in the Monthly Service Fee

Unlike some assisted living offerings, Kindley Assisted Living includes all services and amenities in one convenient, monthly service fee.

Incoming residents receive a comprehensive assessment of the supportive and personal care services they will require, which is factored into the monthly fee. That means no surprises.

» Access to a full continuum of on-site services and care
» Personalized service plan created with resident and family to address care needs and goals
» Nursing professionals on site 24 hours a day
» Medication management
» Daily choice of menu items and venues, 3 meals per day plus snacks
» Full-time resident programs director with a full calendar of events, including cultural, social and wellness-focused options
» Weekly trips
» All utilities including telephone and cable
» All interior and exterior maintenance
» Weekly housekeeping and flat linen service
» Scheduled transportation
» 24-hour security with emergency call system
» Full time chaplain
» Full time social director
» Access to physical, occupational and speech therapies
» Priority access to Reflections Memory Support program
» Priority access to Wilson Health Care Center on site for inpatient rehabilitation therapy following surgery or illness or long term or skilled care

Our Mission, Our Pledge

As a not-for-profit community with a faith-based heritage, it is our Mission to do all the good we can for those we serve. Benevolent Care provided through the Asbury Foundation offers anonymous financial support for residents who outlive their resources through no fault of their own.

Asbury Methodist Village is part of Asbury Communities, a national leader in not-for-profit continuing care retirement communities and related aging services, which operates in Maryland, Pennsylvania, and Tennessee.
Private, Secure Apartment Living

Comfortable apartments with kitchenettes provide plenty of privacy and the ability to live life just the way you prefer. With your favorite furnishings, mementos and decorations, you’ll feel right at home — and secure knowing assistance is there if you need it.

Designed to accommodate aging and changes in your health, our apartments provide walk-in showers, hand-rails, and other safety features.

Many of Kindley’s apartments overlook Asbury’s parklike 17-acre Wildlife Preserve, which is situated on a 134-acre campus that is a certified arboretum. In spring, summer, and fall, Asbury Methodist Village is ablaze with beautiful blooms and foliage. Residents can enjoy the Preserve’s paved trails.

Kindley Assisted Living also has an outdoor patio where picnics, barbecues, and events are held — and where guests are welcome to visit with Kindley residents.
About Asbury Methodist Village

Founded in 1926, Asbury Methodist Village is one of the nation’s largest CCRCs, with hundreds of resident programs and events, beautiful dining venues, and a wide range of wellness programs supporting Parkinson’s disease, brain health, and much more.

Asbury Methodist Village proudly holds CARF International accreditation, EAGLE accreditation from the United Methodist Association of Health and Welfare Ministries, and SAGECare Platinum accreditation.
Reflections Memory Support at Kindley Assisted Living

Kindley Assisted Living’s designated memory care neighborhood is unique in its emphasis on comprehensive wellness for residents in the early stages of Alzheimer’s disease and dementia.

Specially trained associates provide personalized services and daily opportunities for purposeful living. From artistic expression to social engagement, each resident’s experience is as unique as their personality, background and life experiences, and memories.

Residents have access to a wide range of opportunities across the Asbury Methodist Village campus as well as 7-day-a-week on-site services and programming. Residents enjoy such offerings as aromatherapy, massage, art and music therapy, guided imagery, wellness classes, and a variety of planned social opportunities.

View our Reflections video at Asbury.org/MemorySupportatKindley to hear from a resident’s daughter.

Kindley Assisted Living is a designated National Memory Screening Provider.

The Reviews Are In!

★★★★★

“My dad moved to Kindley Assisted Living and loved it! His apartment was spacious, sunny and overlooked parkland. He enjoyed the companionship of his caregivers, and felt that they became his friends. He was always involved in activities; his favorites were balloon volleyball and bingo! My dad enjoyed the dining experience as well as the food. It was of great comfort to me to always see him smiling and involved in the life at Kindley.”

– Diane Neal

★★★★★

“I had been doing everything for Mom. It was hard to just hand over a lot of the responsibilities that I had. And it took me a few weeks, but as I began to see Mom comfortably slipping into the routine and to the staff, to everything, I began to realize [Reflections Memory Care] was perfect for her. They were providing things that I had had trouble providing.”

– Karen Plunkett
Spectacular Natural Setting

Kindley Assisted Living overlooks Asbury’s 17-acre Wildlife Preserve, with ponds, green spaces and cherry trees, walking trails, and bluebirds, herons, and deer. There’s a reason that a visiting National Geographic photographer called Asbury “a rural oasis in an urban setting.”
Enriching Well-Being

At Kindley Assisted Living, we understand that wellness includes much more than physical fitness.

Spending time with others is a key factor in our well-being. Prolonged isolation can lead to higher rates of anxiety, depression, loneliness, and over time, increased risk for dementia. While we honor each resident’s preferences and respect their independence, we work hard to help residents feel connected to their new home and forge relationships with their neighbors and Kindley associates.

Further, our comprehensive wellness programming is designed to enrich the whole person, and includes social, emotional, intellectual, vocational, and spiritual dimensions. Kindley Assisted Living enhances its in-person offerings with online programming, including wellness classes created and televised by Asbury’s AVTV Studio.

Discover the opportunities assisted living can bring. Turn the page on a new chapter in your life. It’s a story filled with meaningful connections, peace of mind, and the support to keep you moving forward.

Dine Deliciously

We know food matters! Kindley Assisted Living provides three fresh, delicious meals daily for residents in our family-style dining room. Our dining program features choices with every meal, including brain-healthy, plant-based meals and heart-healthy options. All are designed to delight your taste buds.

Residents of Kindley Assisted Living and their family members also enjoy access to Asbury Methodist Village’s five dining venues, including the beautiful Blue Note Bistro. Kindley enjoys close proximity to Russell Avenue Café, a popular breakfast and lunch spot featuring delicatessen and daily specials.

Asbury Methodist Village is proud to host Chef’s Table, a special event where residents join our chefs in the kitchen for a showstopper gourmet meal. Residents may submit their names for the monthly drawing. This behind-the-scenes dining and learning experience is always a delicious delight.
Safety, Commitment, Quality
A Top Workplace for Aging Services

Our associates take pride in the details and truly care for the people they serve. In fact, Asbury Communities has earned Great Place to Work (GPTW) certification for four consecutive years based on associates’ response to GPTW’s Trust Index Survey. And, in 2020, Asbury result’s also placed us among Fortune’s 20 Top Workplaces for Aging Services!

At Kindley Assisted Living, associates view their work as more than a job, it’s work with a purpose. When asked what they love about their job, associates invariably reply, “the residents.” In fact, across Asbury’s eight senior living communities, 89 percent of associates say their work has special meaning. This commitment to residents is evident everywhere at Kindley Assisted Living. “I have yet to see a staff member from any level of living not recall a resident’s name or some little facts about them,” says Karen Plunkett, who shared her mother’s experiences in a video interview. “Staff seems to know the individual interests of all the residents.” Ashlee Fisher echoes many Asbury associates when she says, “We consider residents like our own family.”
A Beautiful Place to Recover

By joining the Kindley Assisted Living family, you gain access to Asbury Methodist Village’s complete continuum of on-site health care services — including Wilson Health Care Center.

Wilson offers post-acute rehabilitative services, telemedicine, and a range of specialized programs for such conditions as stroke, wound care, Parkinson’s disease, and late-stage dementia care. Geriatric primary care and outpatient therapy services are located close to Wilson Health Care Center. Shuttles and scheduled transportation make on-campus travel to appointments a breeze.

Wilson’s newly renovated rehabilitative care wing, family areas, and dining areas make it a beautiful place to recover. In the 2020 Nursing Home Family Experience of Care Survey, 92 percent of families said they would recommend Wilson Health Care Center, compared to a state average of 80 percent.
Contact Our Admissions Team

Call: 301-987-6105
Fax: 301-987-6319
KindleyAtAsbury.org