



Lewisburg/Milton Meals on Wheels

A Community Service of Asbury/RiverWoods since 1972

570-522-1934

Please keep in mind, we will not deliver when the Lewisburg or Milton Schools cancel classes due to inclement weather.

Your name: _____

Comments: _____

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	3 Cheese Ravioli with Marinara Sauce Or Ginger Sesame Salad with Chicken	4 Herb Crusted Roast Beef Or Margherita Pizza	5 Meatballs and Pasta Or Ham and Cheese Sub	6 Philly Cheesesteak Sandwich Or Turkey A La King	7 Chef Salad Or Fish Dinner for Good Friday
Week 4	10 Egg Salad Sandwich Or Stuffed Peppers	11 Chicken and Waffles Or Beef Stir Fry	12 Roasted Turkey Breast Or Hamloaf	13 Chicken Salad Sandwich Or Crispy Baked Catfish	14 Beef Stroganoff Or Pork Chop with Sauerkraut
Week 5	17 Lasagna Or 3 Cheese Quiche	18 Chicken Pot Pie Or Monte Cristo Sandwich	19 Macaroni and Cheese Or Chicken Caesar Salad	20 Italian Sub Or Liver and Onions	21 Baked White Fish Or Chicken Salad Sandwich
Week 1	24 Chopped Beef Steak Or Quiche	25 Chicken Fried Steak Or Hamloaf	26 Cuban Pork Panini Or Seafood Newburg	27 Grilled Vegetable Fajita Or Parmesan Chicken Breast	28 Baked Tilapia Or Roast Beef

Enjoy making your selections! Return one copy with your delivery person. You may order more than 1 meal per day by noting the amount.

To make sure your selections are honored, please return as soon as possible. Thank you! Note: The menu may change without notice.