

Anticipate More



There are so many ways to enjoy the Asbury Methodist Village lifestyle on our beautiful 134-acre, college-like campus – from a variety of residence choices to contract options that fit your budget and goals. When you have a great place to live and confidence in the future, you'll be open to more opportunities, more adventures, and more conveniences.

There are hundreds of wonderful and rewarding things to anticipate at Asbury.

Here are our Top 10.





MORE Confidence

Wouldn't it be great to wake every day comfortable and confident that you've planned for all eventualities? By living at a Continuing Care Retirement Community like Asbury, you have access to a complete suite of health-related services, if ever needed, all on one campus. Now that's a great feeling.



2 MORE Beauty

Stepping onto our picturesque campus is like stepping onto the lush grounds of an lvy League college. Classic brick architecture is set amid sweeping meadows, ponds, and a 17-acre wildlife preserve certified by the Wildlife Habitat Council, which is home to deer, foxes, squirrels, migratory birds, and waterfowl. Our campus is also a certified arboretum. Step inside our gates and you'll see why!



3 MORE Accessibility

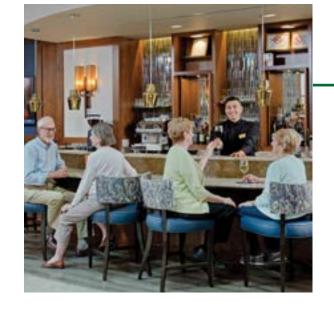
When you're just minutes from the nation's capital, the culture and energy of the city become an extension of the community. Our campus is close to a wealth of restaurants, cultural attractions, convenient shopping, and parks. Asbury Methodist Village is a few miles from the Shady Grove Metro stop and the Gaithersburg MARC station. On-campus transportation is there when you need it, and convenient shuttle services.



4 MORE Opportunity

You're curious. Ready to quench your thirst for knowledge and new experiences. Fortunately, Asbury is a fountain of opportunity to engage, entertain and energize with:

- » The resident-run Keese School of Continuing Education, with Spring and Fall semesters offering dozens of lectures, classes and programs
- » Partnership with the Osher Institute of Lifelong Learning
- » Unique partnership with the Strathmore cultural arts center
- » Hundreds of clubs and volunteer opportunities on and off campus



MORE Surprise

Through the day, you'll be amazed at all the things that will make you smile: from an early morning yoga workout to a lifelong learning class in the afternoon to a lively evening of cocktails and conversation at the Blue Note Bar and Bistro. And there's always a friend around every corner – and maybe one or two you've not yet met.



5 MORE Welcoming

While we honor our Methodist heritage and values, we are a community that welcomes diverse individuals of all backgrounds, cultures, and faith traditions. We were the first community in Maryland to earn Platinum certification from SAGECare, an accrediting body for LGBT seniors. We're proud that our neighbors are open-minded, forward-thinking, and show compassion because that makes the whole community richer in the process.



8 MORE Commitment

Asbury holds EAGLE accreditation through the United Methodist Association of Health & Welfare Ministries, which requires rigorous documentation of criteria and a peer review process. This seal of approval is given by an autonomous organization that demonstrates key indicators they have determined are important to quality, Mission, and strong operations. Learn more at OurUMA.org/Eagle.



6 MORE Peace of Mind

Living at Asbury Methodist Village means living the life you want while knowing you have priority access to quality health care services should the need arise. Kindley Assisted Living has a caring team of people to help you live the life you want. And our Wilson Health Care Center is a *U.S. News & World Report* and *Newsweek* 2022-2023 Best Nursing Home.



9 MORE Home Choices

Tastes and budgets may differ, but one thing is consistent, Asbury offers living options that are warm, inviting and a place you're proud to call home. With multiple apartment neighborhoods, brick Villas, Arts and Crafts-inspired Courtyard Homes, and more than 50 floor plans, you'll find one that's just right for you. We're continually improving and updating our campus to meet the everevolving needs of today's active seniors.



10 MORE Wellness

Staying fit and healthy not only benefits your body but also your mind. Asbury takes a well-rounded approach to wellness with a pool and fitness center, miles of walking paths, exercise classes and more. Our Rosborough Brain Health Center for Excellence offers cutting-edge technology, classes and programs, including a rock-climbing wall, SMARTfit exergaming, and REACT Neuro brain assessment.



AND ONE MORE...

Your furry friends are always welcome at Asbury too. We even have an on-campus dog park. PAWS Park is a one-quarter acre fenced-in area for fun, exercise and making new friends!

Call 301-216-4100 or visit ASBURYMETHODISTVILLAGE.ORG



