

# When to wear a mask

Guidance for Independent Living, Assisted Living, and Personal Care  
Effective Aug. 15, 2023

## Residents and Visitors:

- When you reside in an area with a COVID-19 or other respiratory illness outbreak, masking is recommended for all residents and visitors when in common areas or when others enter the room.
- When a resident has a respiratory illness and must leave their home or when others enter the home (for at least 10 days for COVID-19).
  - ❖ Reminder: during an illness, please stay in your home to prevent the spread of your illness to others.
- Residents: When you have had close contact to COVID-19, and through at least day 10 post-exposure.
- If otherwise recommended by infection preventionist or public health authorities.

## A Reminder for Visitors:

*Please do not visit when you are sick.* If you have COVID-19 please do not visit for at least 10 days and ensure your symptoms have resolved. Please also do not visit for at least 10 days after exposure to COVID-19.

**All individuals are welcome to wear a mask at any time, based on personal preference, informed by their level of risk for infection based on their recent activities.**