

Anticipate More

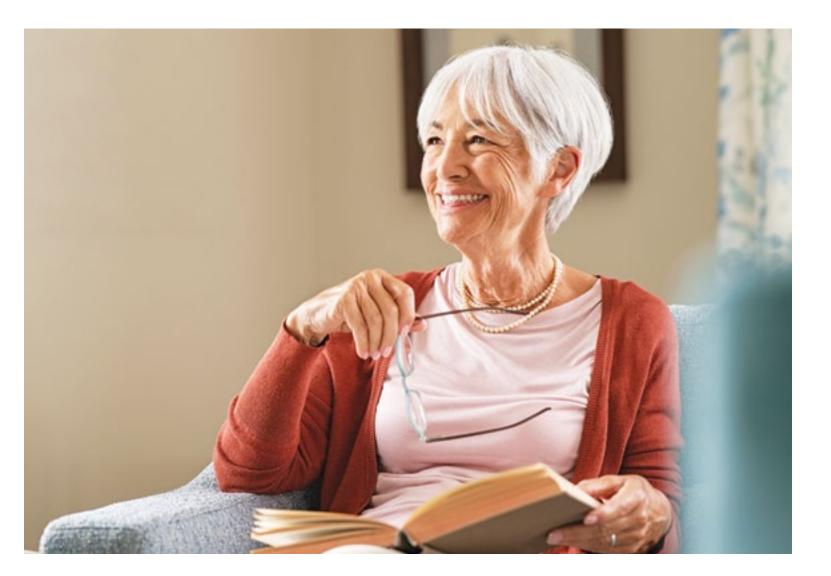
A Trusted Choice for Your Retirement

Surrounded by the beautiful Pocono Mountains in charming Stroudsburg, Pa., Grace Park Senior Living offers all you need for enriching retirement living and incomparable peace of mind.

Enjoy independent senior living in one of our lovely cottages. Rest assured knowing that if personal care or memory care is needed, our dedicated associates are ready to lend an experienced, caring hand.

Residents pay one convenient monthly services fee which covers your residence and a wide range of services and amenities. We offer additional health care and lifestyle services at reasonable fees. We're proud to offer so much more than a typical condominium or 55-plus community – we offer a plan for today and for the future.

Explore your possibilities with Grace Park where you can anticipate more fellowship, more opportunities, and less worries.





Cottage Living

Grace Park offers well-appointed, maintenance-free living cottages for active, independent living. Nestled within a friendly, wooded neighborhood, your cottage is the perfect setting to relax or explore new interests to fill the time you used to spend working around the house. Your pets are welcome, too!

Included with Cottage Living

- » Property taxes and home insurance
- » Gas heat, central air conditioning
- » Washer and dryer
- » Basic cable, internet, and telephone
- » Snow removal, lawn care, etc.
- » Home maintenance
- » Emergency call response system
- » Convenient parking
- » Trash removal
- » Grace Park's scheduled local transportation
- » Convenient access to all events, activities, and dining

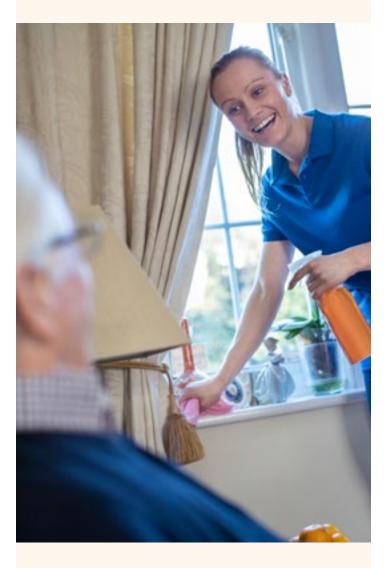
Choose from one- to two-bedroom cottages that feature a fully equipped kitchen, living room, custom cabinetry, and hardwood floors. Select models may include a dining room, fireplace, and a secluded private patio.
Many residents choose to customize their new home to suit their individual tastes, and our team will work with you to make that happen. Cottage residents sign a one-year rental contract.

Apartment Living

Enjoy all the comforts of home in your private apartment with convenient access to the lively Grace Park lifestyle, community events, and friendly neighbors and associates right outside your door.

Relax, visit with family and friends, or decide which of Grace Park's events you plan on attending next. With no more home maintenance, you can anticipate more time for enjoying your day.

Apartment residents pay one convenient monthly services fee that covers your residence and so many services and amenities.



Grace Park Apartment Features

- Choice of studio, one bedroom, one bedroom with den, and two-bedroom apartments with kitchenette
- Basic cable, internet and telephone
- Individually controlled air conditioning » and heating
- Parking and washer/dryers available »
- Restaurant style dining »
- Emergency response and monthly » wellness checks
- Convenient access to dining and » Fitness, Media, and Arts Center
- Elegantly appointed common areas »
- Bed linen exchange service »

Personal Care

For seniors who are in need of a little extra help to maintain their independence, Grace Park offers Personal Care. This includes the features to the left and these services:

- Medication management »
- Individualized care plan
- Weekly housekeeping service
- Additional services such as an emergency pendant and accompaniment to medical appointments are available for a fee. Please contact our Sales Team for details.

Garden House Memory Care

Garden House Memory Care offers private and semi-private residences in a monitored environment staffed by trained, caring associates. Residents are encouraged to join in with our robust calendar of activities and programs in elegantly appointed gathering areas.

Our supporch is the perfect place to soak in the beauty of the Poconos mountains and our scenic, wooded grounds. Family and friends are welcome any time. At Grace Park, you are not just family, you are an integral part of the team.

Included in the Monthly Service Fee

- Monitored environment with 24/7 trained associates
- Private and semi-private accommodations
- Chef-prepared nutritious meals, snacks, and beverages
- Emergency response system
- Routine wellness checks
- Medication administration and management
- Internet, cable, and telephone

Person-centered Well-Being

Grace Park memory care associates are trained in person-centered memory care strategies. They work with residents and their family members to understand their unique backgrounds, interests, and preferences.

A robust calendar of activities addresses multiple dimensions of well-being and senses to engage and stimulate positive memories:

- » Art and music therapy
- Social hours and games
- Fitness classes



- Spiritual programs
- Pet therapy
- Supervised excursions

Grace Park Services and Amenities

Join a welcoming community where you, your guests, and your family feel at home and supported. Our services simplify and enrich life – from delicious dining to engaging events.

At Grace Park, we are dedicated to ensuring that you, your guests, and your family will feel right at home and fully supported. Grace Park offers so much more than a maintenance-free residence. Enjoy a welcoming community with daily opportunities to engage and explore.

Our Services & Amenities

Our senior living services are designed to make your life simpler and more vibrant. Enjoy freshly prepared meals, caring neighbors and friends right outside your door, and a full calendar of engaging events, trips, and lifelong learning opportunities.

- » Freshly prepared meals and snacks
- » Daily senior fitness classes
- » Cultural and arts programs, movies, clubs, classes, and performances
- » Happy hours with live entertainment
- Trips to local stores, restaurants, and attractions
- » Spiritual programs
- » Concerts in the Park series
- Intergenerational projects with local college students
- » Pet therapy visits
- » Basic cable and Wi-Fi internet

Additional Services

The following amenities are offered on campus for a moderate fee.

- Emergency response and wellness check (included for personal and memory care)
- Laundry services (included for personal and memory care)
- » Massage, nail, and pedicure services
- » Meals for guests and room service
- Scheduled transportation to appointments
- » Escort services to medical appointments





Personal Care and Memory Care Services

- Daily programs and events that address multiple dimensions of well-being
- » Emergency call system
- » Hourly check-ins
- » Medication management
- » Personal hygiene, dressing, and daily living services
- » Support with dining, well-being engagement, correspondence
- » TED hose washing and support
- » Coordinate physician appointments

Dine Deliciously

Bon Appétit

We know food matters! Our chefs work with the finest and freshest ingredients, providing three delicious meals daily for residents in our family-style dining room. The dining program features choices with every meal, including brainhealthy plant-based meals and heart-healthy options.

The Reviews Are In!

A Family Member Shares...

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"I cannot say enough good things about my mother's life at Grace Park. It really feels like a welcoming home. There is a medical room, a full kitchen, a lovely dining room, a Great Room, an activity room, a fitness room, and several lovely libraries and parlors to enjoy. The grounds are beautiful and well cared for, with plenty of places to enjoy the outdoors.

The staff are truly incredible ... and care about each resident as a respected and unique person with a lifetime of memories and experiences. Thank you for taking such good care of my mother!" – Mia L.

Start Your Next Chapter with Grace Park Senior Living!

Call us at (570) 424-8166 to schedule your tour today!

1170 West Main Street Stroudsburg, PA 18360 GraceParkSeniorLiving.com



