

ASBURY  
IVY GABLES  
Anticipate More



Ivy Gables Senior Living  
*Caring Support to Live Life Your Way*





# Life at Ivy Gables Senior Living

## Rediscover Your Independence

Let our caring, dedicated team of associates help take care of your daily living tasks and chores. It's our mission to provide just the right amount of care and support.

Live life your way in your own private apartment surrounded by your favorite mementos and furniture. Knowing you have access to expert, compassionate and dignified care right outside your door provides the confidence to breeze through the day.

Rediscover your independence when you join a community where you can anticipate more—more laughter, more smiles, more security, more opportunities!



## A Trusted Choice in Delaware

At Ivy Gables, anticipate a vibrant senior lifestyle with the peace of mind that comes from having an experienced team of professionals on hand for any support you may need. Plus, Ivy Gables offers so many possibilities – enjoy a wide range of programs, classes, and events that feed your body, mind, and soul, new friends, and new experiences.

Our caring community has been a trusted resource for Wilmington seniors for decades. Located in the historic Ardentown neighborhood, our community has the look and feel of a French County Bed and Breakfast, with historic stone architecture and light-filled gathering spaces.

With no entrance fee, Ivy Gables is an affordable option, with rental independent living studios and large studio apartments that offer so much more than a typical condominium or apartment complex. At Ivy Gables, you can anticipate more!





# Quality Assisted Living

## Private, Secure Apartment Living

Ivy Gables assisted living helps residents maintain independence with compassionate care. Licensed associates assist with daily activities, medication management, and personal hygiene. Choose a private studio apartment, some with kitchenettes, and enjoy a variety of daily activities. Access our Great Room and Fitness Center with daily classes. Families are crucial to our care team and are always welcome for visits and feedback.



# Secure, Person-Centered Memory Care

## The Garden House Neighborhood

Our Garden House memory care neighborhood is an option for any senior diagnosed with a memory impairment who is no longer able to safely reside in a non-secured environment. We offer all the same daily living and health support services as Ivy Gables' assisted living, specially tailored to meet the unique needs of residents with memory issues.

Memory care associates, trained in person-centered strategies, enhance residents' experiences. We meet them where they are, collaborating with families to understand backgrounds, interests, and preferences. Our daily activities promote well-being, offering sensory experiences for engagement and positive memories, including:

- » Art and music therapy
- » Cooking
- » Cognitive games
- » Fitness classes
- » Pet therapy
- » Outings
- » Manicures and hand massage

# Services and Amenities

Comfortable apartments with kitchenettes provide plenty of privacy and the ability to live life. Join a welcoming community where you, your guests, and your family feel at home and supported. We're pet-friendly too! Our services simplify and enrich life – from delicious dining to engaging events.

## Included in the Monthly Service Fee

- » Delicious, chef-prepared meals in our restaurant
- » Dover Café snacks and drinks
- » Concierge services
- » Cultural, arts, entertainment programs
- » Senior wellness classes
- » Movie theater
- » Bus excursions to local attractions weekly
- » Emergency call system
- » Housekeeping services provided weekly
- » Basic cable, Wi-Fi internet, telephone

# Additional Services

The following amenities are offered on campus for a moderate fee.

- » Hair salon, full-service, for men and women
- » Laundry services
- » Meals for guests and room service
- » Scheduled transportation to appointments

# Supportive Services

Our assisted living and secure memory care neighborhoods are supported by the Director of Wellness, RN and LPNs, medication technicians, and experienced caregivers.

- » Emergency call system
- » Hourly check-ins
- » Medication dispensing
- » Medication management (also available for independent living)
- » Personal hygiene, dressing, and daily living services
- » Support with dining, well-being engagement, correspondence
- » Medical treatment/wound care
- » TED washing and support
- » Coordinate physician appointments



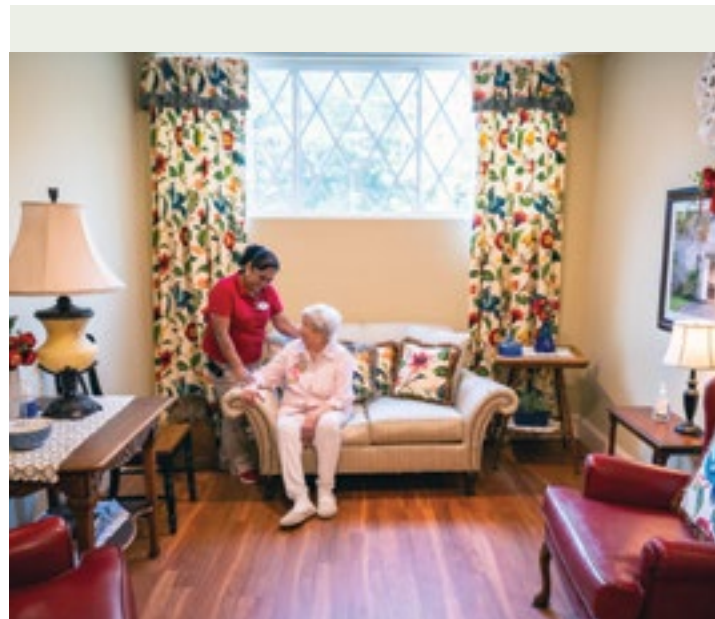




## Dine Deliciously

### Bon Appetit!

We know food matters! After selecting the finest and freshest ingredients, our chefs prepare them to perfection. We provide three delicious meals daily for residents in our family-style dining room. The dining program features choices with every meal, including brain-healthy plant-based meals and heart-healthy options.



## Enriching Well-Being

At Ivy Gables, we know well-being is more than just physical health. Social connection is crucial. Prolonged isolation can bring anxiety, depression, and even higher dementia risk. We honor your preferences, respecting independence, while ensuring you feel at home, fostering connections with neighbors and our team. Explore new opportunities and turn the page to a chapter filled with meaningful connections, peace of mind, and the support to keep you moving forward.

## The Reviews Are In!



*“After four months of managing in-home care for our mom, we decided to look at some assisted-living communities in our area... Thus began our love affair with Ivy Gables. They are top-notch, professional folks who welcomed us and have gone the extra mile to make our mom (and us) feel at home! Knowing that our mom is safe and in the hands of such kind and loving folks has given us such peace of mind!”* – **Sharon T.**



*“We continue to love the care and quality of service that Mom receives. She gets spoiled with wonderful fresh foods. They cater to her likes and dislikes, too. They have gone to lunch at nearby restaurants, visited Boscov’s, and went to Winterthur Museum and Gardens for a nice tour. To top things off, the Arden Theater sent over some free tickets to a show that we have enjoyed. They keep Mom so busy she doesn’t have time to get lonely or bored. Ivy Gables is more like a home in the country than an assisted living facility.”* – **Mary S.**



## Opportunities to Explore the Area

Located in the picturesque Arden village of Wilmington, Del., our senior living community is close to the Candlelight Theatre, as well as Nemours estate, Longwood Gardens, Brandywine Valley’s arts, museums, and historic attractions, state parks, and more.

And there’s plenty to enjoy right here on the Ivy Gables campus.



# Start Your Next Chapter with Ivy Gables Senior Living!

Call us at 302-475-9400 to schedule your tour today!

2210 Swiss Lane  
Wilmington, DE 19810  
[IvyGablesSeniorLiving.com](http://IvyGablesSeniorLiving.com)

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