

Anticipate More



INDEPENDENT LIVING | PERSONAL CARE | MEMORY CARE



A Community Designed for the Life You Want to Live

Imagine spending less time managing a home and more time enjoying the people, experiences, and opportunities that make life meaningful.

Nestled in the scenic Pocono Mountains of Stroudsburg, Pennsylvania, Grace Park is a welcoming senior living community where independence, connection, and peace of mind come together. It's a place where friendships flourish, interests grow, and support is available when needed.

Whether you're looking for the freedom of maintenance-free cottage living, the convenience of apartment living, or the reassurance of future care options, our community offers the confidence to enjoy today while planning for tomorrow.

Residents enjoy a predictable monthly services fee, engaging amenities and programs, and the comfort of belonging to a caring community.

At Grace Park, you can anticipate more freedom, more connection, and more possibilities.

Cottage Living

Enjoy the comfort and independence of your own home—with the added peace of mind that the details of home maintenance are taken care of.

Set within a peaceful, wooded neighborhood, the cottages offer the perfect balance of privacy and connection. Spend your days however you choose: meeting friends for lunch, exploring local attractions, pursuing favorite hobbies, or simply relaxing and taking in the beauty of the Poconos. And yes, your pets are welcome, too.

Choose from spacious one- and two-bedroom floor plans with fully equipped kitchens, inviting living spaces, and hardwood floors. Select homes also feature fireplaces, dining rooms, and private patios—ideal for quiet mornings, entertaining friends, or enjoying a good book outdoors.

Many residents add personal touches that reflect their own style, creating a space that feels familiar from day one. Best of all, you'll enjoy the flexibility of a one-year rental agreement and the freedom to focus on what matters most to you.



Included with Cottage Living

- » Access to social, spiritual, educational, and recreational programs
- » Basic cable, internet, and telephone
- » Convenient parking
- » Central air conditioning
- » Grace Park's scheduled local transportation
- » Home maintenance
- » Natural gas service
- » Property taxes
- » Snow removal and lawn care
- » Trash & recycling disposal
- » Washer and dryer
- » Water and sewer

Apartment Living

Enjoy all the comforts of home with the added convenience of a welcoming community just beyond your door.

Apartment living offers the ideal balance of privacy, connection, and ease. Relax in your own space, gather with family and friends, join a favorite activity, or explore new interests. Whether you prefer an active schedule or a quieter pace, each day is yours to enjoy.

With maintenance-free living, convenient services, and engaging amenities, you'll have more time to focus on what matters most—building friendships, pursuing passions, and enjoying meaningful experiences.

Included with Apartment Living

- » Choice of studio, one bedroom, one bedroom with den, and two-bedroom apartments with kitchenette
- » Basic cable, internet and telephone
- » Grace Park's scheduled local transportation
- » Individually controlled air conditioning and heating
- » Parking and washer/dryers available
- » Planned Life Enrichment Programming
- » Emergency response and wellness checks
- » Freshly prepared meals
- » Elegantly appointed common areas
- » Housekeeping services



Personal Care

Sometimes a little extra support can make all the difference.

Grace Park's Personal Care neighborhood provides individualized assistance designed to help residents maintain their independence while enjoying greater confidence, comfort, and peace of mind. Our compassionate associates work closely with residents and families to provide support that respects personal preferences, routines, and dignity.

Garden House Memory Care

Garden House Memory Care provides a secure, supportive environment where residents are known, valued, and cared for as individuals.

Specially trained associates create meaningful opportunities for engagement through programs tailored to each resident's interests, abilities, and life experiences. Comfortable gathering spaces, welcoming common areas, and beautiful views of our wooded campus help create an environment that feels warm, familiar, and reassuring.

Family members remain an important part of each resident's journey and are welcomed as partners in care.

Person-centered Well-Being

At Grace Park, memory care begins with understanding the person behind the experience.

Our associates take time to learn each resident's story, interests, routines, and preferences. Through thoughtfully designed programs and daily opportunities for engagement, residents experience meaningful moments that support emotional, social, spiritual, and physical well-being while encouraging connection and positive memories.

- » Art and music therapy
- » Social hours and games
- » Fitness classes
- » Spiritual programs
- » Pet therapy
- » Supervised excursions



Grace Park Services and Amenities

Grace Park offers comfortable living, convenient services, and engaging experiences that help residents stay active, connected, and involved.

- » Basic cable service*
- » Freshly prepared meals, snacks, and beverages
- » Planned life-enrichment programs and events
- » Telephone service, including long-distance calling
- » Weekly housekeeping and bed and bath linen service
- » Wi-Fi internet access

*Television equipment is not included.

Programs & Experiences

- » Residents can enjoy a variety of social, educational, cultural, spiritual, and wellness opportunities
- » Arts and cultural programs, classes, clubs, films, and performances
- » Concerts in the Park series
- » Daily fitness classes
- » Happy hours with live entertainment
- » Intergenerational programs with local college students
- » Pet therapy visits
- » Spiritual programs
- » Trips to local shops, restaurants, and attractions

Personal Care and Memory Care Services

Residents receive compassionate, personalized care that promotes dignity, comfort, independence, and overall well-being.

Services may include:

- » Assistance with personal correspondence
- » Compression stocking support and laundering
- » Dining support and engagement in wellness activities
- » Individualized care planning
- » Medication management
- » Personal hygiene, dressing, and other activities of daily living
- » Physician appointment coordination
- » Wellness monitoring and check-ins
- » Whole-person programs supporting physical, social, emotional, intellectual, and spiritual well-being

Personal Care

Personal Care residents also benefit from:

- » Additional services tailored to individual needs
- » Emergency response pendant
- » Scheduled transportation within a five-mile radius

Memory Care

Memory Care residents also benefit from:

- » Transportation for planned community outings

Additional Convenience Services

Optional services offer added convenience, flexibility, and peace of mind.

- » Escort services for medical appointments
- » Guest meals and room service
- » Laundry services*
- » Massage, manicure, and pedicure services
- » Scheduled transportation to appointments

*Laundry services are included for Personal Care and Memory Care residents

Dine Deliciously

Some of the best moments of the day happen around the table.

At Mountain & Main, Grace Park’s signature restaurant, residents gather to enjoy chef-prepared meals made with fresh, quality ingredients in a warm and inviting atmosphere that encourages conversation and connection.

With a variety of menu choices, including plant-based and heart-healthy options, every meal is thoughtfully crafted to support well-being and individual preferences.

Bon Appétit!



★ ★ ★ ★ ★ The Reviews Are In! ★ ★ ★ ★ ★

“To me, Grace Park is phenomenal. Not only is the staff exceptional—they’ve created a culture where the answer is never simply ‘no,’ but instead they always look for a way to help. I feel safe here, it’s beautiful, and I truly couldn’t ask for more. I’m happy, I feel secure, and I can’t say enough good things about Grace Park.” - Pat W.

“I feel I made a really good decision coming here. I lived in the mountains of Pike County for 45 years, so this was a big change for me. What I appreciate most is the peace and quiet. The community is beautiful, the building is well maintained, and the people here have been wonderful. - Bob T.

“I’d like to tell you what Grace Park is like. It’s a wonderful place to live. Everyone here is so caring and always makes sure I’m doing okay. They stay on top of my medications, check in on me regularly, and if I go to bed early, they’ll stop by just to make sure I’m all right.

The food is very good, and the staff is exceptional. Everyone is kind, thoughtful, and genuinely caring. I feel well looked after, and that’s what makes Grace Park feel like home.” - Glydia M.



Start Your Next Chapter with Grace Park Senior Living

Discover a community where life feels easier, friendships come naturally, and support is always nearby when needed.

Schedule your personal tour today and experience the warmth, opportunities, and peace of mind that make Grace Park feel like home.

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